

ELEMENTS
OF
PHYSIOLOGY.

IN TWO VOLUMES.

Elements of Physiology;

BY

JO. FRED. BLUMENBACH, M.D.

PROFESSOR OF MEDICINE, AN ORDINARY AT GOETTINGEN,
MEMBER OF THE ROYAL SOCIETY OF SCIENCES AT
GOETTINGEN, AND OF SEVERAL OTHER SOCIETIES IN
DIFFERENT PARTS OF EUROPE.

Translated from the Original Latin,

AND

INTERSPERSED WITH OCCASIONAL NOTES

BY CHARLES CALDWELL.

TO WHICH IS SUBJOINED, BY THE TRANSLATOR,

AN APPENDIX,

EXHIBITING A BRIEF AND COMPENDIOUS VIEW
OF THE EXISTING DISCOVERIES

Relative to the Subject of

ANIMAL ELECTRICITY.

VOLUME I.

THE AUTHOR,
PRINTED AT THE PRESS OF
AT THE STONE HOUSE, IN THE NORTH SECOND STREET,
M. DCCC. XXV.

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VOLUME I.

PHILADELPHIA,

PRINTED BY THOMAS DOBSON,

AT THE STONE-HOUSE, N^o 41, SOUTH SECOND-STREET.

M.DCC.XCV.

THE PROFESSORS
OF THE
VARIOUS BRANCHES OF MEDICAL SCIENCE
IN THE UNIVERSITY OF PENNSYLVANIA

GENTLEMEN:
LONG have you been my

father and long my attentive pre-
ceptors, in the interesting science

of medicine. I justly hold on
me, therefore, as a son for

the two-fold reason, and a
son. In respect to knowledge

ment of this noble claim, I
now step forward and thus publicly

solicit your acceptance of the first
fruits of that medical education

which you yourselves were pleased
to

EX
BIBLIOTHECA
REGIA ACAD.
GEORGIAE
AUG:

TO
THE PROFESSORS
OF THE
VARIOUS BRANCHES OF MEDICAL SCIENCE
IN THE UNIVERSITY OF PENNSYLVANIA.

GENTLEMEN,

LONG have you been my *fathers* and long my attentive *preceptors*, in the interesting science of medicine. You justly hold on me, therefore, a twofold claim for the twofold duty of a pupil and a son. In respectful acknowledgement of this undeniable claim, I now step forward and thus publicly solicit your acceptance of the *first fruits* of that medical education, which you yourselves were pleased to

to patronize and direct with such ability and care.

Avowedly to solicit an extension of your immediate patronage and protection to the following translation, would be to offer you an indignity little short of actual insult. Such a solicitation would falsely represent you as men unwilling to become the spontaneous guardians and friends of silent, unassuming truth and merit, but standing with open arms for the reception even of intrusive error itself, when ushered to your notice by a brazen front and a blanditious tongue.

The original work of Professor Blumenbach has been already sanctioned

tioned by the applauding voice of the learned and the ingenious in almost every part of the globe to which physical science has hitherto found its way. On the solitary basis of its own intrinsic merit let my *translation* also stand; or if, indeed, it be destitute of such basis, with disgrace let it sink into that sea of oblivion which so justly awaits its final reception.

From you, Gentlemen, it is secure of at least, a patient, and, I flatter myself, an impartial examination. Should the execution of the work fortunately meet with your approbation and applause, you will be its auspicious announcers to the medical public: but should it appear to you faulty and
even

even wholly unworthy of further attention or regard, you will not, I am sure, lose sight of that favourite maxim of the humane and generous bosom, "*primum peccatum veniandum est.*"

Impressed with the most profound sentiments of esteem and gratitude for your favours of a public nature, as well as for your attentive acts of private friendship, I have the honour to be,

Your sincere Friend,

And Pupil,

THE TRANSLATOR.

PHILADELPHIA, }
February 11, 1795. }

DEDICATION.

even wholly unworthy of number
attention or regard, you will not
I am sure, lose sight of that is-
and

Preface by the Translator.

generous patron; premium pecu-
tum remanendum est, or even
to be made known to the circle
impressed with the most pro-
and

WHAT a fashionable letter of introduction is to its bearer, a fashionable preface is to the literary performance which it openly announces to the world. The former procures, for the most part, admission, and, at least, a dinner; the latter most commonly an attentive perusal. For their future continuance, however, in favour and esteem, both the visitant and the volume must depend on something more substantial, and of more unequivocal utility, than either the light etiquette of a letter, or the specious proposals of a recommendatory preface.

The

The reader is requested to view the present prefatory address as a mere peace-offering, made by the translator to ancient and inveterate custom, and not as a solemn appeal to the public designed to enhance either the *merit* of the following *performance*, or the *uprightness* of the *motives* which led to its execution. For with regard to the *merit* of the work, I flatter myself that no character of literature and talents will ever resign his right of judging for himself; and as to the *motives* by which I was induced to engage in its translation, they are indeed at present nothing better than absolute non-entities, and will in no way effect its utility to man.

The want of a new and complete system of physiology has been long and very sensibly experienced and regretted by all medical students on this side the Atlantic. As to myself, I am sure I was led most devoutly to
regret

regret such a want, throughout every stage of my medical studies. In order to acquire a knowledge of the improvements which had lately taken place in this important branch of physical science, I was obliged to range with an infinitude of labour and attention, through daily accumulating volumes, which it was sometimes extremely difficult to procure. This difficulty was augmented even to impossibility itself with those unfortunately living out of the sphere of public libraries.

The mutilated abridgment of Haller's physiology, published in the English language, is (to use a common mode of expression) certainly nothing more than a *bare apology* for a system. It is imperfect, erroneous, and, in many places, to me wholly unintelligible. In some parts, therefore, it no doubt inculcates truth, in others implants

the

the seeds of error, and in other places again leaves the young mind at liberty to indulge itself in all the wildness and revelry of conjecture.

For these deficiencies and faults, I am sure that at least some compensation is made, and some degree of remedy provided in the following sheets, which I am about to usher forth to the world. But on this subject let decision be awarded, and judgment pronounced, by the candid and intelligent reader, and not by

His obedient humble Servant,

THE TRANSLATOR.

PREFACE
CONTENTS

CONTENTS.

VOLUME I.

SECTION. I.	Of the living Human Body in general	1
SECT. II.	Of the Fluids of the Human Body in general, and of the Blood in particular	3
SECT. III.	Of the Solids of the Human Body in general, but particularly of the Cellular Mem- brane	18
SECT. IV.	Of the Vital Energies in general, but par- ticularly of Contractility	31
SECT. V.	Of Sound Health, and of the Nature of Man	39
SECT. VI.	Of the Motion of the Blood in general	48
SECT. VII.	Of the Arteries	54
SECT. VIII.	Of the Veins which carry Blood.	62
SECT. IX.	Of the Heart	66
SECT. X.	Of the Powers by which the Blood is kept in Motion	83
SECT. XI.	Of Respiration and its Primary Use	97

SECT.

SECT. XII. Of Voice and Speech	110
SECT. XIII. Of Animal Heat.	119
SECT. XIV. Of Cutaneous Perspiration.	126
SECT. XV. Of the Sensorium and Nerves	142
SECT. XVI. Of the Functions of the Nervous System in general	154
SECT. XVII. Of the External Senses in general, but particularly of the Touch	162
SECT. XVIII. Of the Taste	166
SECT. XIX. Of Smelling	169
SECT. XX. Of Hearing	173
SECT. XXI. Of Vision	178
SECT. XXII. Of the Internal Senses and other Facul- ties of the Mind	195
SECT. XXIII. Of those Actions of the Body which are subject to the power of the Will	201
SECT. XXIV. Of Muscular Motion.	207
SECT. XXV. Of Sleep.	223

CONTENTS.

xxx

VOLUME II.

SECT. XXVI. Of Food, and the Appetite for it	1
SECT. XXVII. Of Mastication and Deglutition	8
SECT. XXVIII. Of Digestion	16
SECT. XXX. Of the Bile	28
SECT. XXXI. Of the Function of the Spleen	45
SECT. XXXII. Of the Function of the Omentum	50
SECT. XXXIII. Of the Function of the Intestines	55
SECT. XXXIV. Of the Functions of the Absorbent System.	65
SECT. XXXV. Of Sanguification	78
SECT. XXXVI. Of Nutrition	83
SECT. XXXVII. Of Secretion	90
SECT. XXXVIII. Of the Urine	102
SECT. XXXIX. Of the Discrimination of the Sexes in general	110
SECT. XL. Of the Genital Function of the Male Sex.	114
SECT. XLI. Of the Genital Function of the Female Sex in general	133
SECT. XLII. Of Menstruation	141
SECT. XLIII. Of the Milk	146
SECT. XLIV. Of Conception and Pregnancy	154
2	SECT.

SECT. XLV. Of the Nifus Formativus, or Formative Effort.	174
SECT. XLVI. Of Parturition, and its Consequences	184
SECT. XLVII. Of the Differences by which the Human Subject is characterised before and after Birth	191
SECT. XLVIII. Of the Increase, Maturity, and Decline of Man	200

APPENDIX.	213
-------------------	-----

174
184
191
200
213

ELEMENTS
OF
PHYSIOLOGY.

SECTION I.
OF THE LIVING HUMAN BODY IN GENERAL.

§ I.

IN the living human body, the healthy functions of which constitute the exclusive object of the science of Physiology, there occur three things worthy of our immediate attention and regard*; namely,

The *Solids*, or parts containing;

* In an ancient volume commonly ranked among the writings of Hippocrates, *Epidemic*. VI. Sect. 8. § 19, we find the following remarkable clause: "Quæ continent corpora, aut intus continentur, aut in nobis cum impetu moventur contemplanda sunt." This celebrated clause furnished Abr. Kaau Boerhaave with the first hints and suggestions

The *Fluids*, or parts contained within the solids ;

And lastly, the *Vital Energies*, which in the consideration of the science of physiology, constitute the most interesting and important object of our regard. It is in consequence of these energies that the solids are rendered alive to the impulse of the fluids, endued with a power to propel the same, and also to perform a variety of other motions. It must however be observed, that these energies are not incommunicably excluded even from some of the fluids themselves : on the whole, they appear to constitute the essence or supreme characteristic of an organised body.

§ 2.

But although these three *objects* have been with propriety considered as distinct from each other, and may therefore be separately enumerated on the present occasion, they are notwithstanding in the living body, which is alone the exclusive subject of physiology, so intimately connected together, that it is scarcely possible to form even a conception of one without at the same time embracing the others.

on the subject of his inestimable work entitled, " Impetum
" faciens dictum Hippocrati per corpus consentiens." L. B.
1745-8.

The

The most pure and limpid fluids of our body abound with animal earth: on the other hand, though our solids may appear to us completely destitute of liquid matter, yet, besides the circumstance of their originating from the fluids as their *matrix* or primary source, they contain in their composition an evident quantity of moisture: lastly, if we be not deceived, it is certainly true that there exists scarcely a fibril in the living body which does not possess, in a higher or lower degree, a vital energy inherent in itself.

§ 3.

We now proceed to treat of each of those three objects separately and in order: and first of the fluids; as constituting by far the *greatest*, and what may be emphatically called the *first-born* part of our bodies.

SECT. II.

OF THE FLUIDS OF THE HUMAN BODY IN GENERAL,
AND OF THE BLOOD IN PARTICULAR.

§ 4.

ALL the different fluids of our body, may with propriety be thrown into three leading classes.

OF THE BLOOD.

These are, I. The *Crude* or unassimilised fluid, consisting chiefly of the chyle contained in the primæ viæ, and destined for conversion into blood; to which may also be added, *that fluid* received by absorption from the external superficies of the body, and conveyed to the same receptacle with the former.

II. The blood itself;

And Lastly, the *secreted fluid*, or that formed from the volume of blood by the animal process, called secretion: the fluids prepared by this process are destined, some of them, to be retained in our body, to serve further purposes in the animal economy; and others, to be eliminated from our system, as wholly excrementitious.

§ 5.

Of the first and third of those classes we will speak on a future occasion, when we come to treat of chylification, and of secretion, together with the other functions to which those fluids are respectively related. Let us now proceed to the consideration of the blood, that most important, that primary, and truly vital liquid, which may with the greatest propriety be called, the living fountain of all the other fluids; as being that *into* which the crude fluid is converted; and *from* which all
the

the secreted fluids derive their origin ; and which (a few parts of the body excepted, such as the epidermis, the *tunica arachnoidea*, the amnion, the vitreous substance, or enamel, of the teeth, &c.) flows uniformly through every even the most minute and fine spun parts of the inexplicable texture of our system.

§ 6.

The blood is a liquid *sui generis*, of a well known colour, more or less intense : it is glutinous and warm to the touch : the formation of this liquid has hitherto been ranked among the *arcana* of nature, as it has never been successfully imitated by any process of art.

§ 7.

This vital liquid when recently drawn from a living subject, and received into a vessel, exhibits in a very obvious manner the following remarkable phenomena :

In the first place, while it is yet warm, a subtle halitus ascends from it, which being collected in a receiver, forms small pellucid globules, similar in appearance to drops of dew ; it is of an aqueous nature, resembling not a little common fountain water, except that it emits a peculiar nidorous smell, (still more considerable in the blood of car-

nivorous animals) and which may be aptly called the *animal odour*; such, for example, as arises from fresh urine, or from the thoracic and abdominal cavities of a dead subject recently opened. Of this aqueous liquor a considerable quantity remains in a state of mixture with the other constituent parts of the blood, which shall be hereafter mentioned.

§ 8.

In the mean while, as the blood contained in the vessel suffers a gradual reduction of temperature, it begins to separate into two parts. A coagulum is first formed, from the superficies and sides of which, there presently exsudes a liquor of an intermediate shade between pale yellow, and evanescent red, which they call the *serum* of the blood; in proportion as this liquor accumulates by exsudation, a corresponding diminution is observable in the volume of the coagulum itself; the coagulum thus reduced in size has been distinguished by the name of *crassamentum*, as also by those of the *liver*, and *placenta* of the blood, from a resemblance, in point of colour and fragility of texture, supposed to exist between it and these two bodies; it has been likewise called *the island*, from the circumstance of its being held in a nutant or floating state in the surrounding serum.

§ 9.

§ 9.

This crassamentum itself, by a delicate treatment, such as gentle agitation or frequent ablutions in water, may be again separated into two constituent parts, viz. the *cruor*, which imparts the red colour to the whole mass of blood, and which by ablution is carried off from the *lymph*, the other and more substantial part, and which, therefore, is called the basis of the crassamentum; that the *cruor* retains for this basis a much stronger affinity than the serum possesses, is sufficiently obvious from this circumstance, that the *cruor* and basis cannot be disparted unless by the interposition of a certain degree of force. The *lymph* itself being robbed of the *cruor*, becomes more and more pale until it finally assumes the appearance of a white and considerably tenaceous coagulum.

§ 10.

Such then appears to be the four principal constituent parts of the blood,—viz. the watery *halitus*; the *serum*; the *cruor*, or red globules; and the coagulable *lymph*; which several parts, as long as they retain their native degree of vital temperature, continue in a state of the most equable mixture, constituting an uniform and homogeneous fluid.

It will now be proper to enter into a more minute consideration of those three portions of the blood which stand last in the above enumeration : As to the aqueous exhalation which we have mentioned, it does not appear of sufficient importance to claim any further attention ; indeed as it is also discovered in other parts of the body, it cannot be considered as proper to the blood alone, any more than the air which this vital fluid contains, and on which we will state a few observations in a subsequent part of this section.

§ II.

The serum is a liquid of such a gelatinous nature as to impart to the whole mass of the blood the chief part of its viscosity or gluey consistence : it very much resembles, in all its properties, the albumen or white of eggs ; when subjected to the action of a temperature equal to the 150th degree on the scale of Fahrenheit's thermometer, it passes into a coagulum, white and easily broken down, analogous to the white of eggs in a boiled state ; it also suffers a similar change, according to the experiments of the celebrated Moscati, if it be mixed with a quantity of quick lime, though in this case the coagulation proceeds much more slowly, and is not completed till after the twentieth hour. But if the serum be dried with a gentle heat, and left wholly undisturbed, it is converted

converted into a firm pellucid mass, similar in its external appearance to gum arabic, which in a gradual manner, like the dried white of eggs, cracks and forms over its surface numerous *julci* or fissures running in a somewhat spiral direction, and exhibiting a very singular appearance.

§ 12.

Besides those other properties of the serum already mentioned, there is one highly worthy our consideration, to which my attention was first called by the experiments of the illustrious Priestley *; but my belief of which has since been fully confirmed by repeated observations of my own, viz. the facility with which the air, surrounding a vessel filled with blood, is able to act through the medium of the serum or the crassamentum, though deeply covered by the former, in such a manner as to produce a very remarkable change in the colour of the latter, whereas, on the other hand, the same action of the air would be very much impeded, if not entirely prevented, if instead of the serum, the crassamentum were covered with any foreign liquid, such as water, or oil, &c. or even with any other fluid of the human body itself, as the saliva or urine.

* Philof. Tranfact. vol. LXVI. P. I. pag. 244, seq.

§ 13.

The cruor constitutes another very striking and important part of the blood, and is a source of many singularities, whether we consider the colour and figure of its particles, or the elementary parts into which it is resolved when subjected to the action of an intense heat. It appears to deserve a place among the most elaborate juices of the body, as it seldom appears in the tender foetus previously to the fourth week after conception, nor in the nascent young of gallinaceous fowls till the fortieth hour of incubation. After profuse hemorrhages it likewise appears to be replaced by the powers of the system, with much more difficulty than the other constituent portions of the blood.

§ 14.

It consists of globules, first observed by Leeuwenhoek. In blood recently drawn they are always present, of a constant, uniform figure, and of an equable magnitude; which circumstances, added to the further consideration, that in no other fluid (milk alone excepted, the particles of which are somewhat analogous), are similar bodies to be met with, leave not a shadow of doubt, but that those globules form a part very obviously and essentially different from the other constituent portions of the blood, though at the
same

same time the formation of those globular bodies themselves appears in reality to be much more simple than some celebrated characters would induce us to believe. For to pass over in silence the complexity of the sixfold form fictitiously bestowed on them by Leeuwenhoek, neither the annular figure attributed to them by the illustrious de la Torre, nor the form of vesicles enclosing an opaque nucleus, such as Hewson apprehended he discovered in them, have appeared to me to be well founded*. In my observations, indeed, I have been able to detect nothing more than bodies of a simple spherical appearance, and, if I am not deceived, of a solid gelatinous consistence. I have not, indeed, absolutely denied the lenticular figure bestowed on them by some observers: I dare not, however, venture to assert, that I have been so fortunate as to observe it.

It has been a subject of controversy whether or not they can alter their figure when it becomes necessary for them to pass through a vessel of a very narrow diameter. I am inclined to believe, in conformity to the opinion of that accurate observer Reichel that under the above circumstances, they do actually change their spherical for an oval figure, and again resume their former

* *Philos. Trans.* Vol. LXIII. P. II. p. 303. seq. tab. XII.
globular

globular shape, when they advance into vessels sufficiently capacious; though I must confess, I never had the happiness to be a spectator of this interesting phenomenon.

This spherical figure of the globules is never perceived unless in the blood circulating in the vessels of a living animal, or in that which is recently drawn; they lose all regularity of form in process of time, and appear to dissolve, as it were, and again unite with each other into one uniform shapeless mass.

§ 15.

Physiologists differ in determining the size of the globules of the blood. Hales reckons them equal in diameter to the $\frac{1}{3240}$ th part of an inch. Senac estimates their diameter at about the $\frac{1}{3300}$ th part of the same measure, while others again entertain different opinions.

§ 16.

Their colour is red, and therefore the beautiful crimson cast of the whole mass of blood appears to be evidently derived from them. The intensity of this colour changes with a multiplicity of varying circumstances; it is more pale in animals which are too sparingly nourished, or in such as have suffered profuse hemorrhages. The blood contained

tained in the arteries is more florid, together with that which has been subjected to the action of *atmospheric*, but more especially, that which has been exposed to *dephlogisticated* air; while venous blood is more obscure, as well as that which has been acted on by fixed or inflammable air.

§ 17.

Upon the whole, the causes, which augment the quantity of the red globules in general, and also heighten the intensity of their colour, are sufficiently evident: but to discover from what secret source their disposition to this crimson dye is originally derived, is a matter of Herculean difficulty indeed. Haller ascribed it to the presence of *crocus martis*, because the blood abounds more with iron than the bones, or other parts of the body, although the quantity contained, even in the blood itself, is very small; and although authors differ astonishingly in their attempts to ascertain it. Thus, for instance, Menghinus estimated its relative proportion to the whole mass of the blood, to be as 1 to 110; whereas, the illustrious Rhades calculated it to be only as 1 to 427; and again, in some future experiments, to be no more than as 1 to 503, &c.

On the present subject it seems proper to make the following observation; viz. that no iron can be

be discovered in the cruor of the blood unless it be previously calcined; whereas, on the other hand, when it was dried with a gentle heat, and reduced to the most impalpable powder, I could not observe a single particle of it attracted by the magnet, whether the experiment was made in water, or in that most fluid of all vehicles, quicksilver.

§ 18.

We now come to the consideration of that constituent part of the mass of blood, which stands last in our order of enumeration, viz. the *Lymph*; which is by some called the basis of the crassamentum, by others, the mucous or glutinous part, and by others, the fibrous portion of the blood.

This, in former times, was very erroneously confounded with the serum, from which it is notwithstanding very widely different, in all its essential properties. When the lymph is exposed to the action of air, especially of such as is of a low temperature, it is immediately coagulated; but by the admixture of quicklime, (which has been already said (§ 11.) to have the power of coagulating serum), it is preserved in a fluid state; or, even though it be already coagulated, yet, by the addition of this substance, it is again immediately resolved.

§ 19.

We have already touched on the methods, by which this part of the blood may be separated from the cruor (§ 9.). It is also by other artificial methods, such as whipping or agitating the blood with small twigs, induced to assume the appearance of a membrane, which has been named after Ruysch its celebrated discoverer.

The similitude which prevails between the membrane thus formed by art, and certain remarkable phenomena in diseases, especially in those of an inflammatory nature, reduces it to a certainty, that such phenomena are to be entirely referred to the coagulation of the lymph, of which we are now treating.

It may be proper on the present occasion to mention a few of those numerous phenomena alluded to, which evidently derive their origin from this property of the lymph; thus we may instance in particular, the *pleuritic crust*, which is formed on the surface of the crassamentum of blood received into a vessel and suffered to remain some time at rest; the *membrane-like* appearances which usually transude from, and completely invest the surfaces of the several viscera when in a state of inflammation; and also the *membrana caduca*.

of

of Hunter, which exsudes from the cavity of the uterus, when impregnated, and still under the gentle glow of the venereal orgasm. From the same source originates likewise, that production of cellular membrane by which we see frequently the lungs connected to the pleura in cases of peripneumony; as also the preternatural portions of the same substance often found in the cavity of the abdomen after profuse hemorrhages; and finally, to no other source can we rationally refer those membrane-like productions, which, in that singular species of disease, vulgarly denominated Lithopædion, firmly attach to the contiguous viscera such parts as are irritated to inflammation by the too long retention of the calculus or stone in the abdominal cavity. It seems to be also an opinion founded at least on probability, that polypi, and such like preternatural coagulated excrescences, owe their existence to the same cause.

§ 20.

Those phenomena just enumerated, together with a variety of others which every where occur, demonstrate, in a most striking manner, the superior importance of this lymphatic portion, in which the vital principle of the blood appears immediately to reside, if indeed the blood possess any such principle, an opinion which I think both ingenious and highly probable.

§ 21.

Besides those general portions of the blood already enumerated, we have on a former occasion observed that this fluid contains also, in a state of mixture, other elementary principles. (§ 10.)

What I principally advert to at present is *air*, which is commonly believed to constitute $\frac{1}{11}$ part of the whole mass of blood, but which in the blood of a living and healthy subject does not exist in a free and perfectly elastic state, but is so intimately united and involved, and so permanently fixed, as to be with difficulty extricated and restored to its native æriform state. Indeed I have learned from actual experiments, that even a very small quantity of the most pure air injected through an artificial opening into the jugular vein of a dog, has excited symptoms of a very formidable nature, such as palpitations of the heart, drowsiness, convulsions, and, when the quantity was slightly increased, even death itself quickly succeeded.

§ 22.

The elementary parts of the blood thus concisely treated of, differ very widely in the proportion they bear to each other in different subjects, according to the complex ratio of age, nourishment, and other circumstances of importance, which regard the sound health of each individual.

§ 23.

Neither has any thing more certain or decisive been advanced with respect to the proportion which the whole volume of blood bears to the entire bulk of the body. Haller was of opinion, that in an adult it amounts to 30 or 36 pounds by weight; while the calculations of others have been widely different.

SECT. III.

OF THE SOLIDS OF THE HUMAN BODY IN GENERAL,
BUT PARTICULARLY OF THE CELLULAR MEM-
BRANE.

§ 24.

THE solids of the body are originally derived from the fluids themselves; thus in the first rudiments of the embryo, while yet in a gelatinous state, the solids, each in its own appropriate situation, begin in a very gradual manner to assume their proper form and texture, infinitely different from each other in point of cohesion, from the most tender and almost pultaceous consistence, such as the medullary substance of the brain, to the most firm and durable, as the vitreous cortex, or enamel of the teeth.

§ 25.

§ 25.

In all the solids of the body an earthy basis of a calcareous nature abounds more or less, not indeed in a simple state, but united to the phosphoric and saccharine acids, the former of which exists in by far the largest proportion. Their cohesion depends not only on the peculiarity of their texture, but is also much promoted, as well by the quantity of air contained in them in a fixed state *, (which is ascertained by the experiments of the illustrious Hales to be more abundant as the parts are more solid); as also by the substance called animal glue, which is procured in large quantities from the solid parts of animal bodies, and is in general use in some of the mechanical arts. The origin of this tenacious substance may be very easily explained and comprehended from what has been already said respecting the viscosity or gluey nature of the blood.

* “The properties and powers of air have not yet been ultimately developed. It is, however, in the mean time certain, that this substance constitutes, at least, a part of the gluten or cement by which all the more compact bodies in nature are consolidated and bound together. Thus the dissolution of metals, bones, stones, shells, and salts, is uniformly attended with an extrication of air.” See Haller de corp. hum. functionib. Vol. III. pag. 271.

The elementary substance of iron, to which has been attributed the important office of increasing the powers of cohesion in the different parts of the human body, scarcely deserves to be taken into consideration at all, as I have found its quantity to be so very minute as not to exist in a greater proportion than one fifth part of a grain to two pounds even of the bones, the hardest and most coherent parts of the animal system.

§ 26.

A great portion of the solids of our body very evidently exhibits a fibrous texture, composed of small filaments running more or less parallel to each other. These filaments or fibres may be evidently enough perceived in the bones, especially the bones of a foetus, in the muscular flesh, in tendons, ligaments, aponeuroses, and some membranes, as the dura mater, &c.

§ 27.

In various *other parts* of the animal body, the texture is so widely different from that of which we have just spoken, that in them it is scarcely possible to trace the appearance of a single fibre; their structure is indeed of a very singular and specific nature, distinguished in Greek by the name *parenchyma*. This parenchymatous substance is almost exclusively confined to some of the secreting
viscera

viscera of the system ; thus it exists in the kidneys, in the liver, &c. though assuming a somewhat different and peculiar appearance in each.

§ 28.

Through all those varieties of composition and texture, whether of a fibrous or parenchymatous appearance, there is interwoven, in common, more or less of a certain web-like substance, which is called *cellular membrane*, and which deserves a place among the primary, the most important and essential, constituent parts of our system.

§ 29.

For, in the first place, there are several of the solid parts of the human body, which appear to consist of little else than cellular membrane, in a condensed or compacted state ; of this description are most of the membranes and cartilages ; which, by long maceration, may be again resolved into a cellular web, of more or less laxity. It is, again, so intimately and minutely interwoven in the composition of other parts, as to serve the important purposes of a receptacle and basis to the other portions of substance which assist in their formation. Thus, for instance, the hardest bones made their first appearance in the tenderer state of cartilage, which, as already observed, is nothing more than condensed cellular membrane : this cellular membrane, yet in a lax condition, became afterwards

distended, and at length completely saturated, as it were, by the constant accession of osseous matter, till it finally assumed the nature and appearance of perfect bone. Indeed it would appear, that none of the solids of our body exist, without containing more or less of this web-like substance in their composition, if we except the enamel of the teeth, in which I was not able to discover the smallest portion of cellular substance, even when the enamel was subjected to the action of one of the stronger acids.

§ 30.

This cellular substance, which serves the great purpose of a boundary, or partition-wall, to adjacent parts, is especially interwoven in, as well as spread between, muscles and membranes. To other parts, again, particularly to vessels and nerves, it answers as a bed or basis of support. Finally, it constitutes one common and general bond of union, which connects the neighbouring individual parts to each other, and establishes between the whole an extensive medium of communication.

§ 31.

From what has been already said, two conclusions naturally present themselves.

First, in as much as it appears, that the cellular membrane certainly constitutes the ground-work

work of the structure of the whole body, if we figure to ourselves the entire removal of every other substance which enters into, and assists in completing, the composition of the system, the cellular membrane, still remaining in its proper situation, unmolested and alone, will nevertheless preserve and exhibit the complete figure of the whole and every part of the body.

Secondly, as by means of this cellular foundation, a certain connection and medium of communication are formed, between all the parts of the body, however widely different from each other they may be, in nature, or remote, in situation; the knowledge of this fact serves an important end, not only in deciding controversies which respect the continuation of membranes, but also in explaining many phenomena of diseases which daily present themselves.

§ 32.

As the cellular membrane appears thus to afford origin and foundation to most of the solid parts of the body, so it appears itself to owe its own existence to the lymphatic part of the blood, of which we have already spoken. I am induced to entertain this opinion from having seen the lymph, after transuding from the lungs of pleuritic patients, converted by the powers of the animal economy

into real cellular substance, which afterwards assuming the appearance of more compacted membranes, oftentimes attaches those viscera to the surrounding pleura.

§ 33.

What has been already advanced on the subject, may be sufficient to show the general nature, and establish the importance, of the cellular membrane. We will now proceed to consider some of its varieties.

And, in the first place, its firmness is not always uniform.

For, in general, other circumstances being alike, the cellular membrane of the human body is very tender indeed, when compared with that of other animals. If I am not deceived, this very softness and pliancy of the cellular substance in the human system, deserves to be ranked among the leading prerogatives of man; because, in consequence of it, his susceptibility of impressions from the more refined and subtle stimuli is greatly increased, as well as his capacity to perform motions and various functions, with facility and perfection.

But with regard to the more lax or firm texture of the cellular membrane, even among mankind themselves,

themselves, a very great variety occurs, depending on age, sex, mode of life, climate, &c.

Finally, the condition of this membrane as to density and firmness, is various, as it is found existing in different parts of the same body: thus, it is more lax on the eye-lids and prepuce, more compact and firm about the ears, &c.

§ 34.

We now proceed to consider another use or office of the cellular membrane, besides that which we have already said it performs to the body in general, (§ 29, 30); namely, that by means of its numerous small cells, it affords convenient temporary receptacles for fluids of different kinds.

That fluid, which those minute cells are more particularly destined to receive, is a fine halitus of a serous nature, or a very subtle water, by which almost all parts of the body are moistened, and lubricated, and which this cellular web appears to absorb, after the manner of a sponge*.

If it be admissible to designate by the name of *vessels*, those *minute interstices* of the cellular membrane, by which it absorbs fluids after the manner of a sponge, I readily acquiesce in the opinion of William Hunter, (see Medic. Obs.

§ 35.

But, besides this, the cellular membrane, in certain parts of the body, serves as a reservoir to humours of a different and somewhat specific nature. Thus, that portion of it which constitutes the vitreous substance of the eye, is charged with a fluid of the same name :

That which forms the medullary membrane of the bones (commonly, though improperly, called the internal periosteum) contains the medulla : and,

Finally, A large portion interwoven through the soft parts of the body, furnishes a convenient receptacle for the other portions of oily substance.

Obs. and Inquiries, vol. ii. p. 27. seq.) that this web-like expansion, now under immediate consideration, is composed of a congeries of vessels, in like manner with the other parts of the body. But if he entertained a belief, that this membrane consists of small *cylindrical veins*, which anatomists commonly mean to represent by the term *vessels*, I must acknowledge, that microscopical observations, conducted with the utmost degree of minuteness, and the most cautious circumspection, have not been sufficient to furnish me with any unequivocal testimony that such vessels actually exist, but have rather induced me to embrace a contrary opinion.

§ 36.

And here indeed a threefold variety presents itself to our consideration :

There are, in the first place, certain parts of the body, the cellular substance of which, though of a very soft and extremely flaccid nature, is notwithstanding, never filled with fat in a healthy subject ; such, for instance is that which lines the eyelids, and that spread on the genital organs of the male, &c. But further, in numerous parts throughout the body, there are not unfrequently found irregular and transient collections of fat, which appear to reside in the same kind of cells, which at other times act as reservoirs to the attenuated ferous fluid already mentioned.

But finally, in certain parts of the body, and, unless I am deceived, in cells of a peculiar nature, and given description, fat is found constantly enclosed, designed to subserve stated, uniform, and specific uses in the animal economy, such, for example, is that which, in the female system, forms the *mons veneris*, which appears to me to constitute a very peculiar and completely circumscribed protuberance *.

* This circumstance I had an opportunity of ascertaining in a much more satisfactory manner in the dead body of a female ape. After having for some time subjected the corpse to the action of cold, I was able, by removing the skin, to expose

§ 37.

On the subject of the fat itself we will now proceed to make a few observations, this being so very proper a place for entering on the consideration of it.

It is an oil, not unlike the unctuous oils of vegetables; bland, inodorous, and lighter than water, consisting of phlogiston, united to phlegm by means of an acid of a peculiar nature.

§ 38.

It is formed at so late a period in the foetus, that scarcely an indubitable vestige of it can be discovered earlier than the fifth month after conception.

Its consistence is various in different parts of the body. That for instance which lines the inside of the orbit of the eye, is more fluid, whilst that on the contrary which furrounds the kidneys approaches to the firmness and appearance of suet.

§ 39.

A controversy has existed with respect to the *secretion* of this substance, namely, whether it is performed by a peculiar set of glandular bodies,

expose entire the circumscribed globe of fat situated beneath the pubes.

agreeably

agreeably to the opinion of William Hunter, or whether it merely transudes, by simple diapedesis, through the patulous mouths of arteries? The latter of these opinions, besides other arguments which might be advanced in its favour, appears the most probable from hence, that not unfrequently preternatural collections of fat have been discovered in other parts than those commonly occupied by this substance: this circumstance can be much more aptly and rationally explained by attributing such unusual collections of fat to an *error-loci*, arising from a morbid state or disposition of the vessels, than by referring it to an unnatural and recently formed system of glands: thus for example, in the very ball of the eye itself, fat has been sometimes found; and a substance of a nature like fuet, usually fills up the cavity from which a testicle has been extracted; indeed there scarcely exists a cavity in the body in which steatomatous collections have not made their appearance.

But to conclude; those small glands to which certain celebrated characters have been solicitous to attribute the secretion of fat, appear as yet to be in reality nothing more than mere creatures of analogy.

But

But however this may be determined, it is in the mean time very certain, that both the secretion and absorption of this substance can be performed with the utmost dispatch.

§ 40.

The uses of the fat are numerous. It lubricates the solids, and thus facilitates motion. It obviates and prevents a morbid excess of sensibility. It acts as a defence against cold: and, finally, by its uniform distention of the skin, contributes to comeliness and beauty. Not to mention the peculiar uses of the fatty matter constantly bestowed on certain parts of the body, as the medulla of the bones, &c.

This substance appears, however, to contribute scarcely any thing to the nourishment of the human species *, when in the enjoyment of entire health.

* That bloodless insects, however, derive a principal part of their nourishment from the fatty substance with which their bodies are plentifully supplied, is a conjecture of naturalists founded at least on probability.

SECT.

SECT. IV.

OF THE VITAL ENERGIES IN GENERAL, BUT
PARTICULARLY OF CONTRACTILITY.

§ 41.

WE enter now on the consideration of a difficult subject, namely, *the living solid*, and shall attempt a full account of the vital energies, by which the different parts of our body appear to be animated and fitted, as well to receive the impulse of stimuli, as to perform the various motions which are necessary in the economy of the living system.

§ 42.

But with respect to the *living solid*, it will first be necessary to ascertain its exact limits, and to define it with precision and accuracy; whence it will evidently appear, that it is not our intention, on the present occasion, to treat either of *those properties*, which the human body possesses in common with numerous other bodies in nature, such as *elasticity* (the powers of which, however, are notwithstanding exhibited in various motions and functions of the animal economy), nor yet of *those* which reside exclusively in the *mind*; tho' we flatter ourselves no one will deny the powerful influence of these latter over the energies possess-
ed

ed by the living solid itself, considered as a material body. We will confine ourselves solely to the consideration of those energies which reside in our body as a system of organised matter, and which appear to be related to each other in the following order.

§ 43.

The first and most universal species of those vital energies, and which may indeed be regarded as an inferior degree of the others, or rather as the threshold leading to them, is simple *contractility*, i. e. a propensity in a part to contract itself. As this property appears in reality to reside in every part of the cellular membrane, it must be equally extensive with that membrane itself, and therefore may be said to pervade almost the whole body. Hence this may be called, with perhaps sufficient propriety, the *vis cellulosa*.

§ 44.

Another of the vital energies is, the *irritability of Haller*, which resides in muscular fibres only, and may therefore be called the *vis muscularis*. It manifests itself by a very singular, oscillatory and tremulous motion, easily distinguished from simple contraction, by its being more readily excited to action on the application of any acrid stimulus.

§ 45.

The third is *sensibility*, which resides solely in the nervous medulla, communicating with the sensorium, called therefore *vis nervea*; when any part endowed with this property is acted on by irritating stimuli, an impression is immediately made on the sensorium.

§ 46.

The three foregoing may be, with propriety, considered as *common* or *general* vital energies; because they exist, more or less, in almost all, or at least in a great many, parts of the body, which the ancients called therefore *similares*, *i. e.* parts of a similar nature.

§ 47.

But besides the foregoing, there exists also a fourth energy worthy of our consideration, namely, the *vita propria*, or *specific life*; under which denomination I mean to arrange such powers as belong to certain particular parts of the body, destined for the performance of peculiar functions, and which cannot with any propriety be referred to either of the classes of *common energies*, formerly mentioned.

Inferring synthetically, or *a priori*, as it is termed, it is not repugnant to sound induction to conclude, that parts differing from all others in

texture, in arrangement, and in peculiarity of function, must also be furnished by nature with peculiar properties and powers, adapted to the performance of such specific action.

But reasoning analytically, or *a posteriori*, we are likewise taught by accurate observations made on nature herself, that there are certain parts of the body, particularly some of the viscera, which perform motions so very singular, as cannot by any means be supposed to arise from either one or other of the common energies, of which we have already spoken, but must be referred to a *vita propria*, or specific energies of their own.

Instances of such singularity of action we have in the motions of the iris; the erection of the papilla in the breasts of females; the motions of the fimbriae of the fallopian tubes; the action of the placenta; the action of the uterus in parturition; the descent of the testes in the male foetus; and, if I am not deceived, in a great part, if not in the whole of the process of secretion.

§ 48.

The fifth and last energy which claims our attention is, the *nifus formativus*, or formative propensity, which should be considered as the efficient cause of the whole process of generation (taken in
so

so extensive a latitude as to include both *nutrition* and *re-production* as modifications of itself). In consequence of this propensity, the matter of the animal system, whether appropriated to generation or nutrition, being lodged in the places destined for its reception, and having acquired sufficient assimilation and maturity, assumes forthwith its due arrangement and figure, and enters into the composition of those parts which are afterwards furnished and enlivened either with the whole or part of the energies we have already enumerated, viz. *contractility*, *irritability*, *sensibility*, or finally *specific life*.

§ 49.

Of this *nifus formativus*, or formative propensity, more will be said when we come to treat of the process of generation.

Irritability will be more fully considered when on the subject of *muscular motion*.

The subject of *sensibility* will be again resumed when we come to consider the action of the nervous system.

Of the *vita propria*, or specific life, we will every where treat, when the subject under consideration may render it proper.

But with respect to *contractility*, the present is a very suitable place to offer on it a few additional and particular observations.

§ 50.

I have already said that this energy pervades almost the whole body, at least, that its extent is commensurate with the extent of the cellular membrane.

In the first place, therefore, it resides in all such parts as consist of compacted cellular substance, of which the different membranes of the body serve as examples. That these possess contractility will not be denied by any one who reflects on the constriction of the *dartos tunic*, or who calls to mind the spasms of the skin, or of the peritoneum, which alone appears sometimes to incarcerate and strangle the intestines in cases of hernia.

Further, It also exists in such viscera as are composed chiefly of this kind of membrane; of this description are the lungs, the external superficies of which is highly contractile, as I have lately learned from frequently puncturing and irritating them in a living state; but I have not found them possessed of any real irritability, as has been lately asserted by Varnier.

Even

Even the bones themselves do not appear to be entirely destitute of contractility, as we learn, not only from the alveoli, which are well known to become narrower after the extraction or loss of the teeth, but also from the morbid affection termed *necrosis* (*i. e.* mortification), from which it appears, that after a lifeless part of bone is quite removed, the new production of bone, by which the vitiated part was before surrounded, contracts itself very gradually, almost to the natural thickness and former figure of the part.

But as we observed on a former occasion, that the vitreous substance of the teeth was quite destitute of cellular membrane, so it appears to me probable, that it is entirely destitute of contractility also, because when a part of it is either consumed by a caries, or broken off by accident, the remaining portions or sides are not approximated to each other, as we have already said takes place in the alveoli, but an irreparable hiatus or chasm continues without a shadow of diminution.

§ 51.

This very power of contraction, possessed by the cellular membrane, should be ranked among the primary and leading securities or supports of firmness and health ; and to it should be referred that tone of parts, so highly and favourably spoken of

by the acute and ingenious Stahl. To advance one argument in favour of the foregoing position, from many which might be adduced, it is the cellular substance which, in a healthy subject, absorbs, after the manner of a sponge the aqueous liquid, of which we have already spoken, and by means of its contractility propels it forward into the lymphatic vessels: on the contrary, in a diseased state, being deprived of its proper tone, and reduced to an atonic condition, it becomes oppressed and distended with a load of water, and thus gives rise to oedema and other cachectic symptoms.

§ 52.

Finally, from the universal prevalence of contractility throughout the whole body, we may plainly infer its influence and contagious effect, as it were, on the other vital energies; and also from its infinitude of modifications and degrees in different men, we learn its highly influential part in the constitution of both the proper health and peculiar temperament of each individual.

SECT.

SECT. V.

OF SOUND HEALTH, AND OF THE NATURE OF MAN.

§ 53.

THOSE three subjects (§ 1.) in the consideration of which we have been hitherto engaged, perpetually act and re-act on each other in the living human body. The fluids, for example, act by their stimulus on the solids; while these again, in consequence of their vital energy, are fitted and prepared both to receive the action of the stimulating fluids, and to re-act on them in turn. In a sound and healthy subject, this whole routine of action and re-action, corresponds with such exactness and definitude, as to constitute a perfect and harmonious *equilibrium*.

§ 54.

There further exists in the living system a wonderful consent of parts, even the most remote; this consent is derived not from one, but seems to owe its origin to different sources.

One of those sources resides in the nerves, depending as well on the astonishing net-like anastomoses, formed by their numerous branches, as on the intricate nature of their *plexus* and *ganglia*;

by the medium of which, the impulse of stimuli being communicated to the sensorium, may from thence re-act on parts more remote.

Another source of this wonderful consent must be referred to the different vessels of the system, as well the sanguiferous as the lymphatic.

Another, again, arises from a certain similitude of structure, giving origin to what may be called a native sympathy.

The cellular membrane, which, as has been already observed, appears to constitute a common bond of union to the whole body, may be readily conceived to possess a very striking and powerful influence in promoting the consent of distant parts.

§ 55.

Finally, to this head belongs what is justly esteemed one of the greatest mysteries of nature, namely, the connection of the mind with the body, and the diversified and astonishing power of the one over the other. As this subject will be again resumed, and treated more fully in another place, it will be sufficient on the present occasion briefly to observe, that besides the obvious power of the *will* over most of the muscles, there are also *other faculties* which exert their influence on the

the body, even without the concurrence or aid of the will.

Of this description are those blind and purely animal instincts of our nature ; such, for example, as that which excites to the gratification of venereal enjoyments.

Further, the body is greatly under the influence of the *internal senses*, more especially of the *imagination*, and those passions of the mind which it contributes to excite.

Finally, it is by the interposition, and through the medium of these, that a communication and reciprocal influence are preserved between the powers of the body, and the more exalted faculties of the mind.

§ 56.

By this diversified consent of the solids, of the fluids, and of the vital energies (§ 53.), by this sympathy of parts (§ 54.), and by this intimate connection between the mind and the body, (§ 55.), *life* and *health* are preserved in vigour; yet not always existing in the same, but in widely different degrees of perfection and energy.

§ 57.

§ 57.

Between the two extremes of *life* there exist different grades, of which one is called *vita maxima*, or perfect life; the other *vita minima*, or imperfect life.

Life is said to be *perfect* in the flower of age, when the functions of the body have reached that pinnacle of perfection, called by the Greeks *acme*; this might also be denominated the *athletic state*.

Life, on the other hand, is said to be *imperfect* when the functions are performed with less vigour; although their perfection may be the most consummate, when the situation of the subject, and its mode of existence, are taken into consideration: thus life is imperfect in a *fœtus in utero*, and that in proportion as the fœtus is tender and young. Finally, life is less perfect in the *sleeping* than in the *waking* state; less perfect also in a subject advanced in years, than in one basking in the meridian blaze of manhood.

§ 58.

The varieties in point of *health* are no less numerous and considerable: there is indeed a certain state of health which may be said to be peculiar to each individual. Such persons as we suppose

pose

pose to be in the enjoyment of the most complete health, differ, notwithstanding surprisingly from each other, as well in consequence of a difference in the constitution of the blood, as of a diversity of tone, and of the other vital energies; hence different individuals are so differently affected by the same stimuli acting on their bodies. Perhaps each individual may possess peculiar idiosyncrasies, though so very inconsiderable as to be scarcely observable: the influence of custom is so powerful, as to create, in different subjects, an intolerance of different impressions, though in themselves quite innocent; it also produces a facility of bearing, and finally creates a desire for, such things as appeared at first both unnatural and disagreeable.

§ 59.

This appears to be the very hinge on which revolves the nature and variety of *temperaments*, so frequently the subjects of physiological discussion. The constitution of the temperaments depends, not only on the proportion and mixture of the constituent parts of the blood (§ 22.), but also on the peculiar vigour of the vital energies already treated of; and likewise on the consequent variety in the mode of the reciprocal action and re-action of the body and mind on each other. From this combination and concurrence arises that peculiarity

rity of sensation to the impressions of stimuli ; and also that singular power of performing motions with greater or less facility.

§ 60.

Hence the varieties of temperaments are literally infinite, and can never be reduced to any certain and definite classes. But as it has been the pleasure of physiologists to arrange them under certain heads, for the sake of regularity, we may with sufficient propriety give our assent to the common mode of arrangement, by which they have been reduced to four *orders*, namely, the phlegmatic, the sanguineous, the choleric, and the melancholic.

§ 61.

For although Galen erected this division on an absurd foundation, falsely supposed to be derived from the nature and constituent parts of the blood, yet if this erroneous foundation be kept entirely out of view, the division appears in other respects so consonant to nature, that the different temperaments of all men generally, and of every individual in the different periods of life, may be with propriety referred to one or other of these four leading classes. Thus, in the tender age of infancy the *phlegmatic* temperament chiefly prevails. This in youth is exchanged for the *sanguineous*,

guineous. The *choleric* marks the period of manhood. And the *melancholic* is the temperament of old age.

But, as has been already observed, the variety in the existing degrees of the same, and in the mixtures of different temperaments, is so unbounded, as to afford an open and a very extensive field of speculation to such as would wish to amuse themselves with tracing out, and establishing, on this subject, more minute combinations, or divisions and orders.

§ 62.

This whole collective assemblage of all the faculties and laws hitherto mentioned, by which the functions of the human body are performed and regulated from the opening, to the closing pulse of life, are called *human nature*, or the *nature of man*; from whence arose the name of *physiology*, the *science* now under our immediate consideration.

§ 63.

Those functions of the body may be themselves properly enough divided into four classes; which division, although not entirely free from exception, nor perfectly conformable to nature, may nevertheless be aptly enough retained as a useful assistant to the memory.

I. The

I. The first class of this division embraces the *vital functions*, so called because their incessant and unmolested action, is more especially and essentially necessary to the continuance of life. To this class belong the *circulation* of the blood, and after birth the process of *respiration*.

II. The second class embraces the *animal functions*; these serve to distinguish *animals* from organised bodies belonging to the vegetable kingdom *. This class in man includes the connection

* I lament it as a serious misfortune to the science of *natural history*, that his final object did not call on the very learned and ingenious professor to be more explicit and minute on that class of functions denominated *the animal*. He has told us in terms very general and definite, that they are such as serve to constitute the great barrier of distinction between animal and vegetable bodies. I am sorry that neither the object nor extent of an elementary work permitted him to descend to a more minute specification of those characteristics, in which the difference between animals and vegetables more immediately consists. Few points of investigation can be proposed which have given rise to a greater diversity of opinion, than that which respects the difference between these two classes of natural bodies; and fewer still perhaps can be advanced, with regard to which philosophers, even in the present imperfect state of physical science, should more unanimously agree. Be this later position, however, true or false, I have always been led to consider the strangely diversified, and even contradictory opinions, entertained by naturalists respecting the difference between animals and vegetables, as

so

of the mind with the body, but it regards more especially sensation, and muscular motion.

so many unanswerable testimonies of the equivocality of the whole. The discovery therefore of an exclusive line of distinction between the animal and vegetable kingdoms, (if indeed the supreme author and arbiter of nature permits such a line to exist) must still be considered as a peculiar *desideratum* in the science of natural history.

From all my speculations on this interesting subject (and it is with me a favourite object of pursuit) I am firmly of opinion, that there exists no incommunicable characteristic, and I will venture to add, no congregation of characteristics, which serve to constitute a complete partition-veil between the animal and vegetable kingdoms. The numerous and highly diversified subjects of these two important kingdoms of life, appear to be nothing else than different individuals of one extensive family, descended from a common parent, and exhibiting the most unequivocal testimonies of their kindred nature. Like the delicate tints of light and shade in a well finished picture, they so gradually intermingle, and run into each other so insensibly, that it is literally impossible to say with definitude, where the one terminates and the other begins.

All researches therefore after an exclusively distinctive characteristic between vegetables and animals, appear to me equally irrational and visionary with the late enthusiastic pursuits of the deluded alchemists, after the philosopher's stone, or their more chimerical researches after their flattering *panacea*. Why then should man, presumptuous man! attempt the establishment of an essential distinction between physical bodies, where wiser nature acknowledges none!

III. The *natural functions* constitute the third class. These are subservient to the nourishment of the body.

IV. The fourth and last class consists of the *genital functions*, which are destined for, and employed in the propagation of the species.

Let us now consider each class of functions in order, beginning with the *vital*.

SECT. VI.

OF THE MOTION OF THE BLOOD IN GENERAL.

§ 64.

THE blood as we have already seen, affords the primary origin to the principal parts of the body, and continues afterwards to convey to them uniform and perpetual supplies of nourishment, and ought therefore, with a very few exceptions (§ 5.) to be distributed far and wide, through even the most subtle and distant recesses of the whole body. That such a minute distribution actually takes place, we learn not only from a fine injection of the vessels, but also from every day's experience, from which it appears that very

few parts of the body can be punctured with the point of the smallest pin without the occurrence of a greater or less hemorrhagy.

§ 65.

This vital liquid does not, as was the opinion of the ancients, flow and ebb like the waves of Euripus *, through channels of the same nature and order, but is so moved onward in an orbit, or *circulates*, as they express it, in such a manner, as to be carried from the heart, by means of the arteries, to every part of the body; and being there taken up by the veins, conveyed back again by them to the same original fountain, *the heart*.

§ 66.

After a few, and those very indefinite, expressions † of his predecessors, William Harvey esta-

* A narrow arm of the sea, extending between Bœotia and Eubœa, said to ebb and flow seven times during each diurnal revolution of the earth, or each term of 24 hours. In this extraordinary portion of sea, Aristotle, that celebrated ancient philosopher, is falsely reported to have drowned himself, because he was not able to develop the cause of the constant flux and reflux of its waters.

C. C.

† The unfortunate *Servetus*, and that truly illustrious character *Andr. Casalpini*, appear to have advanced nearer to a true knowledge of the genuine circulation of the blood, than any of the other physiological writers who are commonly enumerated in the same class.

blished, in a manner tolerably conclusive, the circulation of the blood, in a small but immortal work published in the year 1628.

In process of time, however, every shadow of doubt on this subject was removed. This was effected *chiefly* by frequent recourse to actual and simple observations with the microscope; but *in part* also by injections of wax and other substances into the arteries, which were seen passing again to the heart by the route of the veins; and, further, by the elegant and sublime experiment of

It may not be improper on the present occasion to advert to a remarkable clause in the writings of Servetus, contained in a physiological dissertation, which he included in his celebrated and very scarce work, that occasioned the death of its illustrious author. The work is entitled "*Restitutio Christianismi*," &c. (Viennæ Allobrog.) 1553-8. The dissertation particularly alluded to, is contained in the fifth book of the abovementioned work, "*de trinitate divina, in quo agitur de spiritu sancto*," in which we are presented with the following words, "*Vitalis est spiritus qui per anastomoses ab arteriis communicatur venis, in quibus dicitur naturalis.*"

But from the memorable problem of Cœsalpinus, "*de venis ultra vinculum tumescentibus, non citra*," it appears obvious as the blaze of day, that that truly illustrious physiologist trod on the very confines of a complete knowledge of the circulation of the blood. See his "*Quæstionum medicarum*," L. II. quæst. 17. page 234.

transfusing

transfusing the blood of one living animal into another, or into a human subject; as also by various other experiments which may be performed on animals in a living state.

§ 67.

What should be esteemed the definite standard of the celerity of this motion, in a healthy human subject, we are not well able to determine. In this respect there is not only a difference between one subject and another, but there also occurs a great variety relating to this point, arising from the difference of ages: there indeed exists a difference in the celerity of the blood's motion, even in the different parts of the same body.

Finally, the venous blood appears to glide on more slowly than the arterial; and when flowing through the *trunks* of vessels, its motion is more rapid than when passing their smaller ramifications. Former physiologists, however, have notwithstanding exaggerated these several diversities, in the celerity of the blood's motion, beyond their natural magnitude.

The common conclusion, however, on this subject is, that the blood, flowing through the aorta with its mean velocity, passes over a distance of about eight inches during the space of one pulsa-

tion ; at which rate it would travel about fifty feet in the first minute of time.

§ 68.

The globules of the cruor appear to revolve on their axes or centres of motion ; and it is said that the same are propelled forward with greater velocity than the other constituent parts of the blood. I know not whether this conclusion be drawn from actual experiment, or whether it be only an inference from an absurd application of the common laws of hydraulics to the circulation of the blood : I call the application absurd, because it is certainly the very summit of folly, to attempt to account for that motion of a vital fluid, by which it is carried through the living canals of an animated system, on the purely mechanical principles by which water is forced through hydraulic machines.—As to myself, I must acknowledge I have never been so fortunate as to be favoured with a view of this *prerogative* or precession of the globules.

§ 69.

I am fully persuaded, that those globules only glide forward, suspended or swimming in the fluid formed by the other constituent parts of the blood, but that they do not at the same time rotate on their own axes at all. To conclude, it is not
fully

fully and clearly ascertained, that the blood, besides its *progressive* motion, of which we are now speaking, is also subjected to one of a different kind, called an *intestine* motion; although there can be no doubt, but that the elementary parts of the blood may be occasionally affected in their arrangement and combination, when they are tumultuously agitated in consequence of the immensely varied directions, the minute divisions and numerous anastomoses of the vessels through which they pass.

§ 70.

Thus much we thought proper to advance on the motion of the blood in general. Previously to our entering on a more close and minute consideration of this subject, we think it best to treat of the vessels in which the blood is contained, and also to consider with attention the energies, by which these vessels are animated, and fitted both to receive and again propel the blood.

SECT. VII.

OF THE ARTERIES.

§ 71.

THE vessels which receive the blood immediately from the heart, and convey it to all the different and minute parts of the body, are called *arteries*.

In their collective or aggregate dimensions, they are less capacious than the *veins*; but their texture is far more solid, more compact, very elastic, and, as appears, from the experiments of Wintringham, remarkably strong.

§ 72.

They are composed of three membranous strata, or coats.

I. Of an *external*, which Haller called a true *cellular* coat, Albinus a *nervous*, Vesalius a *cartilaginous*, others a *tendinous*, &c. It consists of condensed cellular membrane, externally more lax, but becoming by degrees more compact, as you advance nearer to its internal surface, where it is overspread with numerous small blood vessels.

To

To this coat the artery appears to be chiefly indebted for its tone and elasticity.

II. The second or middle stratum, is composed of transverse fibres, assuming a lunated or falciform figure and direction; its substance has a fleshy appearance, from whence it has been called the muscular coat, and in it the vital energy of the arteries appears in a very particular manner, to reside.

III. The last and most internal coat, is a membrane of an extremely smooth and polished surface, which serves as a lining to the cavity of the artery.

In the trunks and larger branches of the arteries, these coats may be distinctly observed; but they are less evident in the more minute ramifications.

§ 73.

All the arterial branches in the human body take their origin from either one or the other of two leading trunks.

The *first* of these trunks is the *pulmonary* artery, which, rising from the anterior ventricle of the heart, passes into the lungs.

The *second* is the *aorta*, which rises from the posterior ventricle of the heart, and shoots its ramifications into every part of the system.

These trunks are divided into branches, which again undergo farther and more minute subdivisions.

§ 74.

An opinion has been conceived and propagated as an established truth, that, throughout the whole sanguiferous system, the *aggregate capacity* of all the branches, taken together, is superior to that of the trunk from which such branches directly originate. I fear, however, that the authors of this opinion have expressed themselves on this subject in terms by far too general, and have sometimes even confounded the measure of the diameter of vessels, with that of their area. In my investigations and inquiries on this subject, I did not trust to the result of a single experiment, nor did I confine my experiments to vessels filled with wax, which, however improper, were the only kind used by some celebrated physiologists, in their attempts to ascertain the matter now under consideration; but, as the nature and importance of the subject evidently demanded, I made my experiments and observations on the sound and unaltered vessels of subjects recently dead. I took,
for

for example, that nameless trunk from which the right carotid and subclavian arteries diverge as branches, and also the brachial trunk, together with its branches, the radial and cubital arteries, and having formed a rectangular triangle, from the diameter of the trunk and the diameters of its appended ramifications, I found, from the well known theorem of Pythagoras, that the square of the hypotenuse was equal to the sum of the squares of the base and perpendicular.

Indeed, in arteries of the smallest orders, Haller himself acknowledged that the capacity of the trunks is greater than that of their ramifications; so that, at least, the common calculation does not apply universally, but, (if it be indeed ever admissible), must be restricted to a very few orders of vessels.

§ 75.

Each trunk and ramification, separately considered, have been commonly believed to possess a conical figure, the base, or that part next to the heart, being supposed more capacious than the opposite extremity. This opinion appears however to be hypothetical: for, whoever will take the trouble of examining the arteries with accuracy and attention, will find their figure to be perfectly cylindrical: indeed, on the other hand,
there

there are not wanting instances of some arteries which in their progress rather widen and expand, such, for example, are the *mammariæ internæ*, or internal mammaries, and even the arch of the aorta itself is more contracted at its base than at its apex or top. All arteries, especially those of the larger orders, appear to be a little dilated and enlarged, just before their division into branches.

§ 76.

The number of orders, formed by the divisions of the main arterial trunk into the progressive series of uniformly decreasing ramifications, from its first origin at the heart, to its final termination in the extreme capillaries, cannot possibly be universally ascertained and established as a general and unvarying result. The truth of this position will be obvious to any one who considers, that in the different parts of the body, especially in the viscera, the arteries are subject to great variety with respect to their divisions; and that, on this account, they sometimes form more, sometimes fewer orders of vessels, previously to their separation into evanescent capillaries.

Hence the disagreement of authors who have attempted to amuse themselves with calculations of this kind. Thus, for example, Keil estimated the number of the orders of arteries at fifty, while

Haller

Haller contended that they amount to no more than twenty.

§ 77.

After numerous divisions of this kind, and various anastomoses, by which the neighbouring branches of arteries communicate with each other, they at length arrive at their final terminations, which are completely continuous with, or which fairly open into, the origins of *veins*; so that, their route being uninterrupted, they are reflected from extremities that can scarcely be discerned, and thus converted into those returning vessels, by which the blood, lately arterial, but now become venous, is conveyed back again to the heart.

§ 78.

But although this complete continuity of the arteries and veins be so extremely evident in numerous parts of the body, as to be obvious even to the naked eye, yet it still remains a matter of doubt, whether this be the only and exclusive mode, in which arteries communicate with veins, or whether there may not be, at least in certain parts of the system, an intermediate and parenchymatous substance, which receives the blood from the terminations of the arteries, and again deposits it in the incipient mouths of the veins?

There

There occur certain phenomena, such for example, as erections of the penis, and the common phenomenon of blushing, which render the existence of such a connecting medium between those two kinds of vessels, at least not improbable.

§ 79.

There are, again, vessels of a nature evidently different from those already spoken of, which appear to arise every where from the smaller arterial branches; these vessels consist chiefly of two kinds, namely, *the serous*, which are so narrow as not to be able in a healthy subject to admit the globules of the cruor, but only to receive the thinner fluid or vehicle in which those globules swim (§ 69.); and the *secretory*, which do not appear to attract any thing from the mass of arterial blood, but such specific fluids as are destined for secretion (§ 4.)

§ 80.

With regard to the former kind of vessels, which we denominated *serous*, it is necessary to observe, that we do not mean by them the imaginary orders of yellow and of white vessels, spoken of by Boerhaave, which appear to have been fancifully conceived, in conformity to the account given by Leeuwenhoek of his equally imaginary sixfold conformation of the globules of the blood:

neither

neither do we mean the neuro-lymphatic vessels of Vieussien and Ferrein, of which those gentlemen supposed the viscera to be in a great measure composed; but which do not indeed appear to be any better founded than the preceding conjectures of Boerhaave and Leeuwenhoek.

By the *serous* we mean those colourless vessels which are never visible, unless in certain cases of violent inflammation, where the impetus of the blood is very powerful; and indeed in some parts of the body, even this energetic process of nature is not of itself sufficiently powerful to bring them into view, unless they be still farther dilated by means of an anatomical syphon or injector: of this latter description are, for example, the vessels of the cornea, which can scarcely ever be filled with wax, unless in the dead bodies of such subjects as have died while labouring under a violent inflammation of the eyes.

§ 81.

The *secretory* vessels, on the other hand, appear to be different from those, and belong chiefly to the secreting viscera and conglomerate glands; they can also be traced by means of a very subtle injection, which, for instance, when thrown with force into the artery of the parotid gland, flows out and escapes through the duct of Stenonius.

But

But on these vessels we will have a stated opportunity of being more pointed and particular in a subsequent section.

SECT. VIII.

OF THE VEINS WHICH CARRY BLOOD.

§ 82.

THAT blood, which, by means of the arteries has been distributed throughout every part of the system, must be conveyed back again to the heart through the medium of the veins.

These vessels differ very widely from the arteries, both in their functions and structure : to this, however, veins of the smallest orders form an exception, as their structure does not differ from that of arteries of the same magnitude in so wide and obvious a degree.

§ 83.

The veins (if we except the pulmonary system) are more capacious in their collective or aggregate dimensions than the arteries ; their ramifications are also more numerous ; they are much more irregular in their courses and modes of ramifying ;

their

their texture is also much softer than that of the arteries; they are far less elastic, but nevertheless extremely tenacious, and capable of wonderful expansion.

§ 85.

Their *coats* are considerably thinner than those of the arteries; whence the blood which they contain appears in some measure through them; they are also less numerous, being no more than a certain *cellular covering*, somewhat resembling what has been called the nervous coat of the arteries, and an *internal membrane* of a very exquisite polish, similar to that with which the arteries are lined.

No part of the venous system is furnished with muscular fibres, except the larger trunks near the heart.

§ 86.

In by far the greater number of the larger veins, such, for example, as exceed in their diameter the twelfth part of an inch, this internal membrane forms, by its foldings, an immense number of valves of the most beautiful structure, exceedingly pliant or moveable, and exhibiting the appearance of small sacks: they are, for the most part, simple and alone, frequently however, ar-

ranged in pairs, and sometimes in triplets; and are so situated and disposed, that the bottom of the little sack points to the origin of the vein, while its mouth or orifice opens, and is directed towards the heart.

Those small valves are, nevertheless, wanting in the veins of certain parts, as in those of the encephalon, the lungs, &c. and in the whole system of the *vena portarum*.

§ 87.

The small ramifications of the veins (which would, indeed, with more propriety be called their radicles or little roots) form, by their junctions, larger branches, and these unite finally into six leading trunks; viz. the two *venæ cavæ*, one called the *superior*, the other the *inferior*, and the four trunks of the pulmonary vein.

The *vena portarum* alone exhibits one phenomenon peculiar to itself. The trunk of that vein, on entering the liver is, after the manner of an artery, immediately divided into branches, the extreme ramifications of which become, at length, radicles to the inferior cava, and finally lose themselves in the bosom of that trunk.

OF THE VEINS.

§ 88.

We need not, on the present occasion, again advert to the common, and by far too general, opinion, that the areas of the branches are more capacious than the area of the trunk from which they rise, nor yet to that respecting the conical figure of single vessels, as what was said on those subjects, when treating of the arteries (§ 74, 75.), will apply with sufficient precision to the veins.

There are also among the veins, a few examples of vessels being more capacious at a more remote distance from the heart; such, for instance, is the *vena poplitea*, where it passes between the condyls of the os femoris.

What has been already said, with regard to the final terminations of the arteries (§ 77, 78, 80.), may, by making such obvious and necessary changes, as are adapted to the different nature and circumstances of our subject, be fitly applied to the origins of the veins.

OF THE HEART.

SECT. IX.

OF THE HEART.

§ 89.

THERE exists, as we have already had occasion to observe (§ 65), a two-fold communication between the *arteries* and *veins*: one, for instance, at the minute extremities of each kind of vessels (§ 77); and the other at the heart, their common fountain, in which the leading trunks of the whole sanguiferous system meet.

§ 90.

The heart is, as it were, the first active organ and moving spring of the whole human machine, as it is by the perpetual and truly astonishing energy of this body, that the most important vital function, namely, the circulation of the blood, is performed, from so early a date of our existence, as the fourth week after conception, down to the closing period of transient life.

§ 91.

This active organ, by its alternate dilatation and contraction, first receives and again ejects the blood in the following manner. Into the anterior venous sinus, and its appendage, the anterior auricle

cle of the heart, the blood is conveyed from the whole body, by means of the two *venæ cavæ*, viz. the superior and inferior, and likewise from the substance of the heart itself, by means of the coronary veins, the common orifice of which is furnished with a valve of a peculiar structure; and from this auricle, it is again conducted into the corresponding ventricle of the same side.

§ 92.

From this anterior ventricle (formerly called the *right* ventricle, in conformity to the situation of the heart in brutes) the blood is thrown into the lungs through the pulmonary artery, which was called by the ancients *vena arteriosa*; from thence, by the four pulmonary veins, called in former times *arteriæ venosæ*, it is conducted into a common sinus, formed by their conflux, and thence again into the corresponding auricle; these were once called the *left*, but are now more properly named the *posterior*, sinus and auricle.

§ 93.

From the posterior auricle it passes on to the ventricle of the same side, from whence it is distributed, by means of the aorta, through the whole arterial system appropriated to the other parts of the body, and by the coronary arteries, through the substance of the heart itself.

§ 94.

The blood having passed from the extreme and ultimate branches of the *arterial*, into the incipient radicles of the *venous system*, re-enters the two *venæ cavæ*, (while that from the coronary arteries is also returned by veins of the same name), and thus the whole collective volume resumes again, and incessantly continues, the same circuitous route already described.

§ 95.

This circular and regularly progressive motion of the blood through the cavities of the heart, is powerfully directed, and the regurgitations of that fluid are completely prevented, by means of small valves, which surround and serve as portals to the principal avenues which lead to the heart. These valves are situated on the margins, or extreme lips, of the ventricles which are adjacent to, and look towards, their corresponding sinuses, and also at the mouths of the two great arterial canals leading out of those ventricles.

§ 96.

Thus a small venous ring or tendon, which forms a partition between the anterior sinus and ventricle, descending into the cavity of the latter, separates into three small valves of a tendinous appearance, each one of which was formerly believed to divide again into three apices or points,
from

from whence they received the name of *valvulae triglochines* or *tricuspides*. These valves are connected at their points to fleshy columns, commonly called *musculi papillares*.

§ 97.

In like manner another small ring of the same kind, which constitutes a partition between the posterior sinus and ventricle, is also divided into two small valves, which, from a certain supposed resemblance to a *sacerdotal mitre*, have been called *valvulae mitrales*.

§ 98.

At the entrance into the pulmonary artery, as also at the mouth of the aorta, are situated, in an annular or circular position, three valves much smaller indeed than those already described, but of a very elegant and beautiful figure and appearance, and furnished with fleshy fibres; these have been called *valvulae semilunares* or *sigmoides*.

§ 99.

Now it evidently appears, that by means of these different kinds of small valves, sufficient provision is made against the irregular, confused and retrograde movement of the blood. They easily yield, and afford a passage to the blood when advancing regularly forward in the established course

of its circulation. But they prevent the regurgitation of this fluid, by becoming, in consequence of its reflux effort, fully expanded like the swelling of a well-filled sail, and thus completely closing the orifices round which they are arranged.

§ 100.

The valve of Eustachius which, in the foetal state, is stretched like a curtain across the mouth of the ascending cava, becomes after birth (sooner or later in different subjects) so gradually obliterated for the most part, as to be rendered wholly unfit for the execution of its former functions; neither indeed does the system stand any longer in need of it, as a passage is now opened and prepared for the blood through the lungs, and its return from those viscera prevented by the semilunar valves already spoken of, and as each subsequent column of blood, pressing from behind, must pursue the same route with that immediately preceding it. But as it does sometimes notwithstanding happen, that the passage of the blood from the right side of the heart into the lungs is by some means obstructed, we then learn from the preternatural pulsation observable in the superior cava, that the blood is repelled in a retrograde direction from the right sinus into the two adjoining great venous trunks.

§ 101.

It is a point of controversy, whether or not the semilunar valves suffer the ventricles to be perfectly and completely evacuated, or whether they do not rather by means of their expansion intercept a part of the blood in its escape from those cavities, and thus force it to take in some measure a retrograde course.

Observations made on frogs, and even on the minute heart of the nascent chick, prove that in those animals the heart is indeed completely evacuated; but whether or not the same thing takes place in man himself, when in a sound state of health, is not yet clearly ascertained; if, however, it be admissible, in physiological discussions to speculate and draw conclusions from the structure and mechanism of those valves themselves, as they appear on the dissection of the heart, the contrary opinion appears the most probable.

§ 102.

The *texture* of the heart is altogether singular, and peculiar to that organ. It is indeed fleshy, but remarkably close and compact, and widely different from the common constitution and appearance of muscles.

It is composed of small bundles of fibres, more or less oblique, frequently ramifying in a singular manner, contorted and wound spirally in diversified and truly strange directions; these fibres lie over, and rest on, each other in certain orders of strata, they are intermingled and closely knit together in the septum which separates the two ventricles, and are fastened and firmly connected at the basis of those ventricles by four cartilaginous rings or bands, which (according to the accurate unravelling and developement of the whole fibrous texture of the heart, lately executed by the indefatigable and illustrious Wolff), appear to serve as a stay and support to the *fleshy structure* of the ventricles, and also to separate and distinguish it from the fibres of the sinuses.

§ 103.

Those fleshy fibres are every where overspread with an infinitude of small nervous ramifications of extreme softness, but they are more particularly supplied with such an immense apparatus of blood vessels, arising from, and belonging to, the coronary arteries and veins, that Ruysch has declared in his writings, that the whole fabric of the heart appears to be composed solely of sanguiferous tubes.

§ 104.

§ 104.

By means of the foregoing *structure* (§ 90. seq.) and texture (§ 101. seq.) the heart is fitted for the performance of those perpetual and uniformly equable movements, which return in such general order, that the preliminary appendices and ventricles themselves, are alternately *contracted* and *relaxed*, or perform, in alternate times, those motions, called in physiological language, *systole* and *diastole*.

§ 105.

With such definitude do they preserve this harmonious order in their routine of contraction and dilatation, that as soon as the appendices contract themselves, to propel the blood, returning from the lungs and *venæ cavæ*, into the ventricles, these latter are at the same instant relaxed and fitted to receive the same advancing wave of blood; but in the subsequent and next moment, when it is the point of time for the ventricles, now recently filled, to contract and force the blood into the two arterial trunks, the appendices are again relaxed, and their mouths rendered patulous for the purpose of drinking in a fresh tide of venous blood as it rolls on in its usual course.

§ 106.

§ 106.

This systole of the ventricles, which is supposed to consume about one third part of the whole time of the heart's pulsation, is performed in such a manner, that the exterior sides of those cavities are approximated and contracted towards the intermediate septum which separates the right ventricle from the left; which contraction, especially if we attend to the conical figure of those cavities, appears fully sufficient to evacuate them of their contents.

But besides this approximation of the lateral parts of the heart towards each other, the apex of that organ is, during its systolic motion, contracted towards, and brought nearer to its basis; as has been frequently observed not only in the inferior animals both of *cold**, and *warm* blood, but even in man himself, while in a living state†.

* I have not in the live-dissection of any animal discovered the heart more evidently shortened, during its systolic motion, than in that of *coluber nativus* or water serpent. Throughout the forests in the neighbourhood of our city, this species of serpent may be sometimes found four feet in length. Having taken one of these animals and subjected it in a living state to the anatomic knife, I observed that the length of its heart during the *diastolic*, exceeded its length during the *systolic* motion, at least the space of two lines.

† It does not, however, appear that this diminution of the longitude of the heart during its systolic motion is an ab-

An argument seemingly in favour of a contrary opinion has been derived from, and founded in, vulgar experience, from which it appears that the apex of the heart strikes, during its systolic motion, against the left mamma or breast, and seems therefore to be rather elongated than contracted and shortened; this apparently conclusive argument will however have no weight with one who considers, that those sensible percussions or strokes of the heart are to be attributed as well to the *impetus* of the venous blood rushing into the appendices of that organ, as to that of the arterial blood forcibly ejected from its ventricles; by both which sources of propulsion the whole heart is carried towards and impinged against that region of the ribs.

§ 107.

The impetus, which is by this systolic contraction of the heart imparted to the blood, is complete condition of life. I am led to the adoption of this opinion from a variety of observations made on the heart of a duck, in a great portion of which a complete ossification had taken place. This heart was deposited in my anatomical collection by my very liberal and worthy friend C. F. Michaelis, and is marked by completely ossified striæ running from its base to its apex. On its sides, however, it was still furnished with fleshy substance sufficient to continue the lateral motion of its ventricles, and thus preserve the circulation of the blood.

municated

municated to the arterial system, receiving the blood, in such a manner, that every systole of the heart may be plainly perceived in such arteries of the other parts of the body as can be felt by the touch, (of which description are all those that exceed in their diameters the sixth part of a line), and likewise in such other arteries as can by any means whatever have their pulsations rendered obvious to the senses: this can be easily effected, for example, in the internal ear or eye, in either of which a singular kind of motion can be excited and rendered sensible, which (as well as the same kind of throbbing or pulsatory motion so perceptible in the other parts of the arterial system) is called the *diastole* of the arteries: of this diastolic motion we shall have an opportunity to speak on a future occasion, at which time we will take up the inquiry, whether or not it is to be attributed solely to the action of the arteries themselves, or derives its existence from some other source.

§ 108.

In whatever manner this point may be determined, one thing we learn from experience, the surest guide to truth, viz. that in a healthy subject, what is called the pulse of the arteries, is precisely synchronous with, and perfectly correspondent to, the motions of the heart; and likewise in a morbid intermission of the pulse, the heart

heart and arteries still harmonize in their action, by ceasing from, and again commencing, motion at precisely the same moments.

§ 109.

The frequency of the pulsations of the human heart in a healthy state, is extremely different in different subjects. This diversity arises principally from diversity in point of age, but partially also from other conditions of the system, which at any and every period of life constitute the health proper to each individual; so that it is not possible to ascertain and establish, on this subject, any certain and definite rule. It may nevertheless be proper to mention the general result of my observations (made in our own climate) on the frequency of the pulse in the different periods of human life.

In the first days after birth I have generally found the pulsations of the heart of the tender infant, while sound asleep, amount to about 140 in the space of a minute.

At the expiration of the first year, they amount to 124 in a minute.

At the end of the second year to about 110.

At the end of the third year to about 96, &c.

At

At that period in which the first set of teeth, usually called the milk-teeth, drop out, the pulsations of the heart amount to 86 in a minute.

At the age of puberty to about 80.

In the prime of life, or at the period of manhood, to about 75.

And to about 60 at the sixtieth year of human life.

In subjects still farther advanced in years, I have scarcely found two in whom the number of pulsations were the same, at the same period of old age.

§ 110.

All other circumstances being alike, the pulsations of the heart are more frequent in females than in males.

If proper and necessary allowance be made for the habit of body, they are less frequent in men uncommonly tall, than in such as are rather low. This circumstance I have ascertained to be a truth by comparative observations made on the pulses of *dwarfs*, and *giants* or men remarkably large.

§ 111.

§ III.

On the subject of those varieties in the pulse, occasioned by *extraneous circumstances*, vulgarly called *non-naturals*, it is necessary to observe, that a cold climate produces a slow pulse; thus, for instance, the heart of a Greenlander when in perfect health, does not pulsate oftner than from thirty to forty times in a minute.

But it is an observation as common as it is true, that the pulse becomes more frequent after the taking in of aliment, and after an emission of semen. The same effect is also produced on the pulse by a want of sleep, by bodily exercise, or by passions of the mind.

§ III 2.

The foregoing observations relate to the natural or healthy pulse, in the consideration of which it seems more consistent, and agreeable to nature, to direct our views to the *heart*, as its exclusive source, than to the arteries, on which physiologists have usually fixed their attention when engaged in the investigation of this subject.

In this incessant routine, the heart continues its pulsations, down to the extreme glimmerings of life's perishable flame; and even *then*, all its parts do not cease from action at the same moment,
but

but it is the prerogative of the right ventricle with its appendices, the right auricle and sinous, survive the left ventricle, and its appendices.

This may be sufficiently illustrated in the following manner: After the last act of expiration, the lungs now in a collapsed state, can no longer admit the blood to flow through them in its customary channel, while at the same time that wave of blood which they have just returned to the left side of the heart, is from thence forceably expelled through the aorta, and thus urges forward by a *vis a tergo* the advancing column of venous blood: from this combination and concurrence of circumstances, the blood returning with precipitation and impetuosity, rushes violently into the appendices and ventricle on the right side of the heart, in consequence of which the parietes of those cavities are thrown into convulsive efforts, and thus continue to be agitated, for some time, after the left side of that organ is completely deprived of all vital motion.

§ 113.

From a knowledge of this *fact*, viz. that during the last vital efforts of declining nature, the blood is propelled into the cavities on the right side of the heart, we deduce, with the utmost ease, the *cause* of that state of depletion in
I which

which the larger arteries are found after death. To the same cause also Weifs, and after him the illustrious Sabatier, were desirous of attributing the superior size of the cavities on the right, to that of those on the left, side of the heart, especially in the corpse of an adult subject.

§ 114.

The whole of this motion of the heart, which has been the subject of the preceding observations, is to a very considerable degree limited and directed by the *pericardium*, in which the heart loosely hangs, and by which it is completely enclosed as in the walls of a prison.

The pericardium is a membranous sac, considerably capacious, and accommodated to the figure of the heart which it encloses. It takes its origin from the membranes constituting the mediastinum, and although, from its fineness, it may appear somewhat tender, yet we learn from the experiments of Wintringham, that it is so very tenacious and firm, as far to exceed in strength all other membranes of a similar nature in the human body.

That the pericardium is a part of the first importance in the animal economy, we safely infer from this single circumstance, namely, that throughout all classes of animals possessing red

VOL. I. F blood,

blood, it is found as constantly and uniformly existing as the heart itself; and records do not furnish more than one or two examples of the human heart having been found completely destitute of a pericardium. These singular examples of such an unnatural state of the heart are recorded in the writings of Dinkler.

§ 115.

The internal surface of the pericardium is kept constantly humid by a dew-like serous effusion, which appears to exhale from the small arteries of the heart itself.

In like manner a fluid, of a similar nature, appears to transude into the very cavities of the heart, and to moisten and lubricate their surrounding *parietes* or walls.

In either case the effusion during the healthy state of the part is of a serous nature, and not accompanied by any real *lymph*, unless the heart be labouring under inflammation; but when this organ becomes the seat of an inflammatory affection, then genuine lymph transudes, giving rise, on the external superficies of the heart, to fine filaments of a hair-like appearance, together with those preternatural portions of cellular membrane, which in such cases connect the heart to the pericardium,

pericardium, but on the interior surfaces of the cavities themselves producing excrescences of a truly polypous nature. (§ 19.)

SECT. X.

OF THE POWERS BY WHICH THE BLOOD IS
KEPT IN MOTION.

§ 116.

HAVING thus completed the consideration of the organs in which the blood is contained, we now pass on to take a view of the powers, by which those organs are qualified and fully prepared to keep that vital fluid in motion.

Let us, in the first place, take an attentive and accurate survey of those powers which reside in the heart itself, and which ought, without doubt, to be considered as by far the most active and essential in the great business of circulation: we will then proceed to consider what may be called the secondary and assistant powers, which we will also find of high importance in the animal economy, from the concurrent and effective aid which they afford to the action of the heart.

§ 117.

It will at first view appear obvious to even the most superficial observer, that it is a matter of Herculean difficulty indeed, either to ascertain by accurate calculation the force of action exerted by the heart, or to determine with precision the quantity of blood thrown into the aorta by that organ at each pulsation; neither will the speculative physiologist find himself beset with difficulties of less moment, when he attempts to ascertain and establish with definitude, either the distance to which each projected wave of blood is carried by the impetus it receives from the heart alone, or yet the celerity with which such wave rolls forward; but he will be surrounded with difficulties, still encreasing at each advancing step, in his attempts to render a just statement and accurate account of all such obstacles as oppose, and thus greatly diminish the effects of the force exerted by the heart, in its action on the circulating mass of fluids.

§ 118.

A certain estimation may nevertheless be formed of the power of the heart, by collecting and comparing the most probable conjectures which have appeared on the above points of physiological speculation. Thus for instance, if we suppose the whole mass of blood to amount at a mean rate to

33 pounds, *i. e.* 396 ounces (§ 23), and estimate the number of pulsations at 75 in a minute, *i. e.* 4500 every hour (§ 109); and further, if we adopt the opinion that at each systole the left ventricle ejects two ounces of blood, it will then follow, that during the course of every hour the weight of the whole volume of blood makes $22\frac{1}{2}$ complete transitions through the heart. We may also form a tolerable conception and estimation of the impetus with which the circulating blood is propelled from the left ventricle of the heart, by observing with what astonishing violence, and to what a considerable height, the blood spouts from one of the larger arteries when wounded in the neighbourhood of the heart. Thus, from the wounded carotid of an adult subject, I have seen the blood, during a few of the first contractions of the heart after the accident, mount in jets to the height of at least five feet.

§ 119.

But when we institute an enquiry for the discovery of those unfailing fountains or springs, which supply the heart with a force so powerful, and at the same time so uninterrupted and lasting, that which first attracts our attention, as being foremost both in point of time and importance is its *irritability*, (§ 44). This vital energy, as has been already evinced (§ 90), is much longer pos-

fed by the heart, than by any other muscular part in the whole human body.

That the parietes, or walls themselves of the cavities, are irritated and excited to contract by reiterated impressions from the circulating waves of blood, is manifest from a well known experiment of the illustrious Haller. From this celebrated experiment, of that indefatigable physiologist and acute philosopher, it appears, that he could at pleasure grant, either to the right or left side of the heart, the prerogative of a more protracted vital motion, (*i. e.* of longer life) accordingly as he first deprived the one side or the other of its peculiar stimulus, the blood*.

§ 120.

When the proportional quantity of the blood is well adjusted to the size of the containing vessels, and its quality uncontaminated by any morbid change, its action on the heart, and the re-action of that organ again on the blood, proceed with such an equable, regular and happy facility, that, when in a state of rest, we are scarcely sensible of the circulation of this vital fluid, which is the kind and constant dispenser of life and vigour to every part of our bodies.

* See Haller "De motu cordis a stimulo nato," in Commentar. Soc. Scient. Goettingens, tom. i.

But

But if the circulating volume of blood be either too abundant, or preternaturally scanty, but especially if this vital fluid be contaminated by the admixture of any foreign substance, as noxious miasmata, air in an elastic state, or poisons injected into the veins, &c. the heart, either roused immediately into excessive action, or depressed to the opposite extreme of prostration and debility, continues no longer fit for the salutary discharge of its important function, but falls into motions convulsive, irregular, and very widely different from the equable tenor of its healthy action. Foreign substances of the same kind, as air blown into the veins, &c. are also sometimes able to rouse again, and excite to motion, the heart of an animal recently dead.

§ 121.

It has been a point of controversy, even in very modern times, whether this extreme irritability of the heart be essentially inherent in its own substance, or if it be not rather adventitious, and derived, as some celebrated characters would induce the world to believe, from the mysterious influence of the nerves? We will hereafter have a fit opportunity of declaring our sentiments respecting the whole of this controversy, when we come to consider the doctrine of *muscular irritability*, under which head, this subject of inquiry most naturally

falls. On the present occasion it may suffice to observe, that I am daily more and more convinced, that irritability is a species of vital energy altogether peculiar in its nature, belonging exclusively to muscular fibres, and completely distinct from the *vis nervea* (§ 34, 45.) But, on the other hand, it is no less evident and incontrovertible, that the nerves do also possess a very powerful influence and command over the action of the heart: this we learn, as well from the peculiar habit and appearance of the cardiac nerves, from their softness, their defect of covering, and their singular disposition and arrangement, as from the astonishing consent of the heart with by far the greater number of the functions of the human body, even with those of the most opposite nature. In testimony of the reality of this consent, it may be sufficient barely to mention, the sudden and transient sympathy which, even in a healthy subject, exists between all the passions of the mind and the heart, together with that, which, in a great many species of disease, manifests itself between this organ and the *primæ viæ*.

§ 122.

But, besides those vital energies of the heart, it possesses also another power, arising out of its mechanical structure, which appears to contribute not a little towards carrying on the circulation of the

the blood. The cavities of this organ being closely contracted, in the time of its systole, and the blood by this means completely expelled, a vacuum is thus produced, into which, on the principles of the well known law of *derivation*, the neighbouring blood must of necessity flow; for, as the valves prevent the regurgitation of the wave just ejected, it follows of course, that the cavities of the heart must then drink in, and swallow down, with rapidity, the blood advancing in the trunks of the veins.

§ 123.

We proceed now to enquire, whether or not, any of the other organs through which the blood passes, besides the heart itself, are furnished with powers contributory to the continuance of the circulation of that fluid. Judging from first principles, or *a priori*, as it is termed, we are led to suspect that such powers do exist; for it appears hardly probable, that the wisdom of nature has entrusted so important a function, on which the life of sanguiferous animals immediately depends, to one organ only, the faults and defects of which might, in such case, with too much facility, be attended with fatal consequences. But, reasoning *a posteriori*, as they term it, *i. e.* from actual observations, made on the animal economy, we are furnished with numerous facts sufficient to establish,
beyond

beyond a doubt, the existence of such powers, which we may therefore term *secondary powers*, and which are able, not only to aid the action of the heart, but, in some cases, to compensate for almost the complete absence of the influence of that important organ. A striking instance of this nature, is the continued *motion* of the *blood*, in certain parts of the body, on which the power of the heart can have but very little effect, if indeed it can extend to them at all: this phenomenon is observable, as well in the venous system of the liver, as in the placenta of the uterus; not to mention numerous instances of fœtuses having been born, without the smallest vestige of a heart.

§ 124.

Of these *secondary powers*, the first to be mentioned is, the *functions of the arteries*, the influence of which, in promoting and continuing the circulation of the blood, appears to be, indeed, very considerable; although the true principles and mode of their action, on this fluid, have not yet been fully developed and established.

Speaking in general terms, there exists a very considerable resemblance between the arteries and the heart itself: that the arteries, for example, have a *muscular coat*, is a fact of the utmost publicity (§ 72.)

That

That they also possess irritability, has been very generally known, since the famous experiments of the illustrious Verschuir.

And, further, as the aspect or disposition of the cardiac nerves on the heart itself is truly singular, thus also the larger branches of the arteries are, here and there, surrounded with astonishing reticular intertextures of soft nerves.

§ 125.

Finally, It is well known to every one that the arteries pulsate, and that indeed with such vehemence and force, that if we suffer one of our legs to lie over the other knee, the pulsations of the popliteal artery are sufficient to elevate in a subfultory manner, the superincumbent leg not only alone, but even with a very considerable weight appended to it. Indeed for a long time past, both a systolic contraction and diastolic relaxation have been attributed to the arteries, which motions have been said to correspond and harmonize with the alternate contractions and dilatations of the ventricles of the heart.

Though the truth of this last proposition is generally believed to be established and confirmed by the simple testimony of the senses themselves, the subject is nevertheless still embarrassed with various

various doubts and difficulties: these difficulties immediately rise to view, when it is asked, whether this vibrating or pulsatory motion, which is felt on examination by the finger, is to be attributed to the inherent energy of the arteries, or to the impulse of the heart; and whether the whole motion of the arteries does not depend solely on the impetus with which the blood is projected into the aorta, and thus impinges against the sides of that tube, and its ramifications?

Dissections of living animals have not been sufficient to decide this controversy. For it sometimes happens that during the live-dissections of warm blooded animals you may discover the larger arteries pulsating, while at other times again they appear in a state of complete rest. In man himself, while in the enjoyment of vitality, I had once an occasional opportunity of observing the neighbouring trunks of the aorta and pulmonary artery, to be perfectly destitute of all motion; but it should not be forgotten, that this phenomenon appeared in a case of monstrous or preternatural formation of the parts. There are also arteries which we sometimes feel in a state of violent pulsation, and which we nevertheless know, from anatomy, are, in consequence of their situation, almost immoveable; of this we have an example
in

in the cerebral carotid, where it passes through the canal of the *os petrosum*.

§ 126.

When all circumstances relative to this subject are impartially weighed and dispassionately considered, this appears to be the result, viz. that the *diastole* of the larger arteries takes place in consequence of their peculiar nature, and is to be attributed to the impetus of the blood rushing forcibly into them, and expanding their coats or tunics, which, by means of their elasticity, immediately return again to their natural dimensions. To the same impulse also should be attributed that lateral or curving motion of their axes, which may frequently be observed in the larger arteries when they run in a serpentine direction, and lie embedded in soft cellular membrane.

But in a sound state of the system, we contend that the arteries scarcely exhibit any unequivocal proofs of a *true systole*, i. e. they do not by a genuine contraction recede from their *natural*, to *smaller* dimensions, as long as the heart is adequate to the due performance of its momentous function; but although it be certain, that the arteries do not always, yet we acknowledge that they do sometimes, exhibit and exercise a power of real contraction: thus for instance, when the heart is
deficient

deficient in its action in consequence of labouring under either a morbid ossification, or some other species of disease, it is probable that then the duties of this important organ devolve on, and are discharged by, the arteries, and that the blood is thus kept in motion by the vital energy of those animated tubes.

§ 127.

As it has been the decided opinion of several celebrated physiologists, especially the famous Whytt, that the powers of the heart cannot possibly extend their influence to blood-vessels of the smallest order, as, for example, to the extreme terminations of the arteries, and to the incipient radicles of the veins; they have therefore attributed the motion of the blood, in that part of the system, to a certain oscillatory action of those minute vessels themselves, by the help of which their contents are propelled forward: and this same vibratory motion they have also applied, with a great deal of ingenuity, to explain and demonstrate the nature of inflammation, &c.

There are indeed a variety of phenomena, as well *physiological*, which shall be mentioned when on the subject of animal heat, as *pathological*, particularly observable in spasmodic affections, accompanied with fever, which seem to favour the

existence

existence of such a power of oscillatory motion, although no such motion has ever been actually observed, even with the assistance of glasses, in the dissections of living animals.

§ 128.

It yet remains to enquire also after those assistant powers, by which the other parts of the veins, besides their radicles or incipient roots, are fitted to complete finally the return of the blood to the heart. It appears, indeed, at the first view of the subject, that the veins possess and exert a much smaller portion of the active vital energies than the other parts of the sanguiferous system, because the return of the vital fluid, contained in those vessels, towards the heart, seems to be owing to the impetus of the arterial blood urging it on by a *vis a tergo*, as well as to the valvular structure of the veins themselves, which effectually prevents the blood from regurgitating. That these minute valves are of the utmost importance in promoting and continuing the regular and free circulation of the blood, is satisfactorily demonstrated by the frequent congestions and infarctions, which happen in those veins that originate in the inferior parts of the abdominal cavity, and which are entirely destitute of such valves.

But

But there are nevertheless a variety of arguments which render it probable, that the trunks of the veins do possess, and actually exert, certain degrees of the vital energies; as is well exemplified in the veins of the liver, and of the uterine placenta (§ 123.), &c.

It is also well known to every one, that the experiments first instituted by the illustrious Verschuur, are highly in favour of the existence of a vital energy in the veins.

And, that the two leading and extreme venous trunks have a stratum of a true muscular nature, we have briefly hinted on a former occasion (§ 84).

§ 129.

These are indeed the leading powers which are active in promoting the circulation of the blood, and which derive their origin from the very structure of the vessels in which this fluid is contained. I say nothing of the manner or degree in which the motion of this vital liquid is influenced by *weight*, *attraction*, or such other properties as are possessed by all bodies in common.

I also pass over in silence the more remote and inconsiderable aids, which, in a human subject after birth

birth, are afforded to the circulation of the blood, by the exercise of the other functions of the system, such as respiration, muscular motion, &c.

SECT. XI.

OF RESPIRATION, AND ITS PRIMARY USE.

§ 130.

THE *lungs*, which are very intimately connected with the heart, as well from the vicinity of their situation, as from their uniform intercourse in the performance of their important function, are two viscera, large in the human subject after birth, but of such specific lightness, as to float on the surface of water. They consist of a parenchymatous substance, of a spongy texture, and even exhibiting somewhat the appearance of foam, yet still considerably tenacious and strong.

§ 131.

The lungs fill up the two cavities of the thorax, and thus lie in perfect contact with the sacs of the pleura, to which, as well as to the other parts contained in the thorax, they apply and accommodate themselves with the utmost definitude and exactness.

§ 132.

These viscera are appended to an air tube commonly called the *aspera arteria*, which, (besides an internal membrane, lined with mucus, under which is expanded a nervous intertexture of extreme sensibility), consists also of a muscular coat, which surrounds the nervous expansion, and on the posterior side is easily distinguished at the terminations of certain cartilaginous arches, which assist in the formation of the tube, but are not uniform in their number.

§ 133.

After the *aspera arteria* has entered the thorax it first forms, by bifurcation, the two trunks of the *bronchiæ*, which as they shoot still deeper and deeper into the *lobes* and *lobules* of the lungs, pass again, by reiterated divisions and subdivisions, into branches and ramifications, uniformly decreasing in size. During these progressive and multiplex divisions into inferior orders, both the small cartilaginous rings, and their muscular coat gradually disappear, till the evanescent extremities of the tubes finally terminate in those minute cells, which constitute by far the greater and more important part of the substance of the lungs, as their office is to receive, and again discharge the vivifying aerial element, in the process of respiration.

§ 134.

Those small air cells do not appear to possess uniformly, either the same *figure* or *dimensions*. With respect to the former of these, (viz. their figure), it is in general that of a polyhedron. The latter, (*i. e.* their dimensions), as far as their superficial extent is embraced in the consideration, cannot without the utmost difficulty, be ascertained; but, if we consider only their *aggregate capacity*, this, in the lungs of an adult subject, whose inspirations are full and strong, is sufficient to admit and contain about 60 cubic inches of air. We do not here speak of the immense size, to which the lungs may be expanded by inflation, after the thorax is opened, but only of the quantity and volume of air which they do actually admit in the living subject, when the process of respiration is performed with ease and vigour.

§ 135.

These vesicles or cells, destined for the reception of air, are every where surrounded and bound together by that common, but extremely tender, cellular membrane, which, as we have already learned, constitutes a general *vinculum* or bond of union to the whole body. But it is necessary to distinguish clearly and accurately between the two kinds of cells which exist in the pulmonic system. I have seen the air cells so separate and distinct,

in the lungs of a healthy human subject, that a person's breath, gently and cautiously blown through a very minute and tender ramification of the bronchiæ, would elevate only a single circumscribed cluster of vessels or cells, and would neither pass into the neighbouring cells of the same kind, nor yet into the common cellular membrane, which is every where interposed between those cells intended for the reception of air. But, if the breath be urged with considerable force, the air cells will be lacerated, and such a communication formed with the surrounding cellular membrane, as to give free passage to the subtle elastic fluid, and thus the whole and every part, of the pulmonary lobe, will appear to be inflated.

§ 136.

This exceedingly tender cellular membrane, which encloses and lies between the air vesicles of the lungs, is every where interspersed with innumerable small ramifications of both kinds of pulmonary vessels, viz. of the pulmonary artery, and of the four pulmonary veins, the branches of which accompany the branches of the bronchiæ, and afterwards, form in their course, by an immense number of divisions and subsequent anastomoses, reticular intertextures, and expansions of extreme fineness and subtilty. This truly astonishing reticular tissue, running in all directions through
the

the cellular membrane, so completely surrounds, and closely embraces, the cells destined for the reception of air, that the whole volume of blood, which passes in an incessant round through the pulmonic system, is separated from the air taken in at each inspiration, by nothing else than membranes so amazingly fine and subtle, as scarcely to be equal in thickness, (according to the observations and calculations of Hales), to the one thousandth part of an inch.

§ 137.

As we have already observed, that each individual ramification of the bronchiæ has appended to it its own peculiar cluster of air vesicles (§ 135), so likewise it appears, that to every individual vesicle of each cluster is peculiarly appropriated its own system of small blood vessels, the minute ramifications of which communicate very frequently with one another, forming those surprising reticular tissues already spoken of, but scarcely appear to anastomose, in any degree, with the small blood-vessels of the adjacent clusters. That this is a truth we are taught, if I am not deceived, as well from microscopical observations made on the lungs of living frogs and serpents, as from more minute and successful injections of the lungs of human subjects: the same thing is also further evidenced by certain pathological phenomena which may be

observed in *vomica*, and other similar topical affections of the pulmonic system.

§ 138.

It is necessary to mention also, in the last place, that singular and striking apparatus of lymphatic vessels, which spreads and appears, in a more particular manner, on the external membrane by which the lungs are invested. To this apparatus of vessels belongs that numerous assemblage of lymphatic or conglobate glands, which, though of a quite different and distinct order, are nevertheless commonly confounded, through mistake, with those glands in their neighbourhood, which are called *bronchiales*.

§ 139.

The *thorax*, in which the lungs are securely enclosed, has for its foundation or skeleton, bones and cartilages, arranged and disposed somewhat like the walls or sides of a cave. Though this bony cavity, taken together as an entire whole, be to a considerable degree firm and steady, yet most of its parts are so pliant and moveable, as to be well adapted for the performance of those motions which the business of respiration requires.

This pliability, or facility of motion is particularly observable in six pairs of the true ribs, which
being

being placed beneath the superior and first pair, are more moveable in proportion as their situation is lower; or their aptitude for motion is commensurate with the superior length of their bodies, and cartilaginous appendices, which connect them to the margins on each side of the sternum, by a species of articulation called *amphiarthrosis*.

§ 140.

Between the edges of those ribs lie two strata of intercostal muscles, the fibres of which assume indeed and pursue different directions, but which, nevertheless, co-operate in their action in producing the same motion in the parts to which they are attached.

Across the basis or inferior part of the whole of this cavity the *diaphragm* is stretched, somewhat in the form and direction of an arch. This is a muscle worthy of particular attention, and, to use the words of Haller, next in importance to the heart itself; its parts appear to depend chiefly on the phrenic nerve for their fitness to co-operate in the function of respiration, as was long since demonstrated by the celebrated live-dissections of the immortal Galen.

The

The diaphragm alternates for the most part, by an antagonizing motion, with the muscles of the abdomen, especially with the *external* and *internal oblique*, and the *transverse* muscles.

§ 141.

The thorax thus formed and finished is, in the living human subject after birth, alternately dilated at the time of each inspiration, and contracted again to its former dimensions in every subsequent act of expiration.

In inspiration, the enlargement of the thoracic cavity extends, in a more especial manner, *laterally* and *downwards*, so that the bodies of those ribs of which we have particularly spoken (§. 139) are elevated, and their inferior margins or edges turned in some degree outwards; while, at the same time, the arch of the diaphragm is somewhat depressed, and brought nearer to the position of a *plain*, or level surface.

But as to what is boldly asserted of the sternum, viz. that its inferior end is at the same time protruded forward, this is a phenomenon which I must confess, I have never been able to observe in the tranquil and unmolested respiration of a healthy person.

§ 142.

This alternate motion of the thorax, which in a healthy subject is indeed performed spontaneously and without effort, is uniformly continued from the moment of birth to the extinction of life, for the following necessary and important purposes, namely, that the lungs themselves may, by a similar vicissitude of motion, be expanded for the free admission and convenient reception of the air we inspire, and again contracted in order that the same may be forthwith expelled.

§ 143.

For man, together with all other warm blooded animals, is prevented, by absolute necessity, from a lengthy retention of the air which he inspires; he is obliged, after a very short period to discharge it again, and exchange it for a fresh supply of this *vital pabulum* or food, as the air has been termed, even from the most remote ages. It appears indeed from the most common observation, that the air which is inspired and retained any time in the lungs, however great may have been its original purity, suffers, in a very short time, such remarkable changes as affect it with the most obvious contamination, and, unless it be speedily renewed, render it wholly unfit to be any farther employed in the important process of respiration.

§ 144.

§ 144.

Enquiries have been instituted for the purpose of ascertaining the nature of those changes which the air we inspire undergoes in our lungs. Such changes certainly do not arise, as was formerly believed, from the loss of any mysterious principle of elasticity, which resides in the air, but are evidently produced by a decomposition of its elementary parts. For the atmospheric air which we breathe is truly an astonishing mixture of elementary substances, very widely different from each other in their natures. Not to mention the various heterogenous matters which this necessary fluid contains; such, for example, as the aerial feeds of the smallest and most simple plants, the odorous effluvia arising from numerous bodies, volumes of dust, and a thousand other similar substances, which for the most part float in the atmosphere. Not to mention, I say, these heterogenous bodies at all, the air which we breathe always contains aqueous exhalations in larger or smaller quantities, and is also more or less charged with the matters of electricity and magnetism. But finally, though the whole of the foregoing substances be left entirely out of view, yet even then the air of our atmosphere does not consist of one simple aeriform fluid, but is composed of dephlogisticated, phlogisticated, and fixed airs.

The

The proportion of those elementary matters, especially of such as are organic, is varied extremely from diversity of places, and by the nature of the bodies which exist in these places. It is in the mean time, however, the common estimation, that the air of our atmosphere consists of about $\frac{1}{4}$ th part of dephlogisticated, $\frac{1}{12}$ ths of phlogisticated, and $\frac{1}{6}$ th of fixed air.

§ 145.

It appears, that at each inspiration, (in which an adult subject, breathing in a quiet and tranquil manner, draws in about 30 cubic inches of air,) a fourth part of the dephlogisticated air is decomposed, and, in a great measure, exchanged for phlogisticated and fixed airs; so that the expired fluid, being received into a proper vessel, extinguishes flame or coals when immersed into it, precipitates lime from the water which suspends it, and far exceeds atmospheric air in its specific gravity, &c.

§ 146.

It is probable that the igneous parts of the dephlogisticated air, *i. e.* those parts suited to favour the process of combustion, being set at liberty by the decomposition which takes place in the lungs, enters the arterial blood, and is thus distributed throughout the whole body; while, on the other hand,

hand, the basis of fixed air is carried back, along with the phlogisticated and venous blood, to the right side of the heart, and thence (as the ancients were pleased to express themselves) excreted through the lungs like foot.

The more florid dye of the arterial blood, the more obscure colour of the venous, and the similitude of colours imparted to both kinds of blood, when exposed to the action of those species of air now under our consideration (§ 16), are circumstances very much in favour of the preceding opinions.

§ 147.

In a foetus which has never yet received vital air into its own pulmonic system, there is in general less difference between the arterial and venous blood, than in an adult subject, in whom the process of respiration has already taken place.

After the infant is born, the new sensation, excited by the contact of an unusual element, in an animal which had hitherto led an aquatic life, and the application of various other stimuli altogether new, appear to afford us a happy clue for explaining the new motions which at that period take place in the body, more especially the dilatation of the thorax and the first act of inspiration.

When

When the lungs are dilated by this first complete act of inspiration, a new passage is thus opened through them for the blood, so that this fluid is ever after diverted from the umbilical vessels to the thorax.

But when this inspired air is, by that decomposition of its elementary parts, of which we have already spoken, rendered both noxious and troublesome to the lungs, I ascribe to the most simple preservative efforts of nature, the immediately subsequent motion, by which this poisonous mephitic is expired, and profitably exchanged for a fresh supply of the fostering pabulum of life.

From all the foregoing circumstances, taken collectively, (especially if we attend to the great influence of respiration on the circulation of the blood, as demonstrated by the well known experiment of Hooke), we are furnished with a much better explanation of the celebrated problem of Harvey, than has yet been given by most of the other reiterated labours of physiologists, who have attempted to solve that difficulty.

SECT.

SECT. XII.

OF VOICE AND SPEECH.

§ 148.

THE leading function of respiration has been already the subject of our consideration. We will speak, in another place, of the part which this sublime process acts, in blending and intimately uniting the chyle with the blood, and also of the services which it renders, in a variety of ways, to almost the whole class of *natural functions*, (§ 63. 112.) We now proceed to consider its other uses in the animal economy.

The first object or phenomenon which attracts our attention, in this investigation, is the Voice, which belongs to the human subject after birth, and evidently proceeds from the lungs, as was long since very justly observed by Aristotle, who said, that no animals are vocal, *i. e.* possess the power of emitting sound, but such as breathe through lungs. For, by the denomination of *voice*, we properly designate that sound formed, by means of the expired air, in the *larynx*, which is a small apparatus or machine of the most exquisite structure, placed on the top of the wind-pipe or *aspera*
arteria,

arteria, somewhat like a capital on the summit of a column.

§ 149.

This small machine is composed of various cartilages joined together somewhat after the form of a capula or casket. These cartilages are furnished with a great and truly admirable apparatus of muscles, in consequence of which, not only the whole are rendered fit for motion collectively, but some of them are also enabled to move individually and alone, according to the different variations about to be produced in the voice.

§ 150.

That part which is more particularly engaged in the immediate generation of the voice is the *glottis*, a very narrow passage leading into the wind-pipe from above, to which is prefixed, or applied as a lid, a minute cartilage called the *epiglottis*. That sound is produced by the air expelled from the lungs, striking, in a proper direction and with due force, against the edges of this strait passage, is a matter too plain to admit of a doubt.

§ 151.

Controversies have existed on the subject of those changes that take place in the glottis, by which the modulations of the voice are produced, namely,

namely, Whether this cartilaginous part be alternately expanded and contracted, as was the opinion of Galen, and afterwards of Dodart? or, Whether the variations of the voice do not rather depend on the tension and relaxation of its ligaments, as was held by Ferrein?

The latter of those, therefore, compared the primary organ of the voice to a *violin*, the former to a *flute*—i. e. the one set of disputants conceived it to emit sound on the principles of a *corded*, the other on those of a *wind, instrument* of music.

From a faithful collection, and impartial consideration, of all the arguments which have been advanced on this contested point, we are of opinion, that both kinds of changes do actually take place in the glottis when employed in the emission of sound; but we, nevertheless, believe, that the principal and most important of those changes depend on and arise from the tension of the ligaments, more especially of the *thyreo-arytonoidei inferiores* (which appear to have been the vocal cords of Ferrein.

§ 152.

That all this mobility of the glottis, of whatever kind it may be, is influenced and wholly directed by the numerous muscles which belong, and are
I attached,

attached, to the larynx, may be fully established by the following beautiful experiment, viz. If the recurrent or wandering nerves (as they are termed) be either secured in light ligatures, or completely cut afunder, the voice of the animals subjected to such experiments, will be in the former case, rendered extremely weak and low, and in the latter, entirely destroyed.

§ 153.

The faculty of *whistling* belongs in common both to the human species, and to small birds of note. To qualify them for this, singing birds are furnished with a bifurcated *larynx* at each extremity of the *aspera arteria*. But though human subjects be supplied with only one plain and simple larynx, yet they learn to imitate those small animals, as appears to me, by a co-actiō or puckering up of their lips.

§ 154.

But *song*, which is composed of speech and a harmonious modulation of the voice, I would consider as peculiar to man alone, and as constituting the leading prerogative of his vocal organs. The faculty of whistling is, as already observed, a part of the birth-right of birds: a numerous train of the feathered race, and sometimes even dogs themselves, have also been taught to pronounce a va-

riety of words. But I doubt extremely indeed, whether any brute animals have ever yet possessed a faculty of true and genuine song; whereas, on the other hand, I believe there scarcely exists a nation so barbarous, where song does not very generally prevail.

§ 155.

Speech itself is a peculiar modification of the voice, chiefly by the aid of the tongue, but partially also by that of the lips, the teeth, the palate, and by the further assistance of the nose, combined into the formation of words.

Hence the difference between *voice* and *speech* appears very obvious and plain: the first is evidently formed in the larynx itself; whereas the latter is effected by the singular mechanism of the other organs already mentioned. It is but just and proper, however, to observe, that this last position is not capable of universal application, as there are a few nations (of which the Sinensians may serve as an example), among whom their almost *homonymous** words are distinguished only by a varied modulation of the *voice* itself.

* A word is said to be homonymous, when it is highly equivocal, or used indiscriminately to represent a discordant variety of objects or things.

But.

But further, voice belongs in common to brutes as well as to man; it is possessed also by the new-born babe, nor is it wholly denied to such unhappy infants as have passed their lives amidst the haunts, and in the gloomy society, of wild beasts, nor even to those that have been born without the sense of hearing. But speech is not acquired till after the cultivation and exercise of *reason*; it constitutes, therefore, no less than that operation of the mind itself, a characteristic privilege, and distinctive prerogative between man and the rest of the animal kingdom. To serve all the purposes, and answer all the demands of brutes, that instinct with which nature has beneficently supplied them, is completely adequate; of this instinct, however, man is destitute, as also of such other aids and individual powers as might enable him to preserve and sustain life by his own solitary exertions; he is therefore kindly furnished with the prerogatives of *reason* and *speech*, by means of which, embracing the advantages, and discharging the duties, annexed to a social state, he is able both to disclose his own wants, and relieve those of his fellow creatures.

§ 156.

That truly admirable mechanism, by means of which speech and the pronunciation of letters are

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effected,

effected, has, since the celebrated researches of that paradoxical character, Franc. Mercur. Helmont, been very much illustrated and explained by further and later enquiries, especially those of Jo. Wallis and Conr. Ammanus.

That *division* of the letters by Ammanus into I. Vowels, II. Semivowels, and III. Consonants, is, of all others, by far the most simple and natural.

I. Vowels he again divides into *simple*, as *a, e, i, y, o, u*, and *mixed*, as, *ä, ö, ü*.

II. Semivowels are themselves either *nasals*, such as, *m, n, ng*, (i. e. *n* placed before *g* in the German language); or *Orals* (otherwise called *Linguals*) such as, *r, l*.

III. Finally, Consonants he divides, 1st, into the *Sibilantes* or *hissing* (i. e. into those consonants the pronunciation of which can be continued for an indefinite length of time). These are *h, g, ch, s, fch, f, v, ph*.

2dly, *Explosive*, as, *k, q, d, t, b, p*, and

3dly, *Double* (or *Compound*), such as, *x, z*.

OF VOICE AND SPEECH.

117

§ 157.

Finally, It yet remains to mention certain other modifications of the human voice, which usually occur as symptoms, or signs of either particular passions of the mind, or more violent affections of the organs of respiration. The greater part of these modifications of the voice, such for example, as laughing and crying, appear to belong exclusively to the human race.

§ 158.

Most of the modifications which immediately follow, are connected together by such a powerful kindred alliance, that one of them is not unfrequently observed to pass into another. It must be also further observed, that the greater part of them do not always assume and exhibit the same uniform appearance, &c.

To speak, however, in general terms, in the act of *laughing*, expirations short, interrupted, and in some measure broken, follow each other in quick succession.

Crying produces deep inspirations, which suddenly alternate with lengthy expirations frequently interrupted and broken.

Sighing consists in a lengthy, full, and strong inspiration, and a subsequent slow expiration, which is not unfrequently accompanied with somewhat of a groan.

Coughing is produced by quick and sonorous expirations succeeding a deep inspiration.

Sneezing is a more violent and somewhat convulsive expiration, which had been preceded by a short and forcible inspiration.

The *Hickup* on the other hand consists entirely of a single inspiration, *sonorous*, extremely *sudden*, and at the same time of a *convulsive* nature.

The present seems a very suitable occasion to speak of the phenomenon of yawning, which consists in a full, slow, and lengthy inspiration, succeeded again by a similar expiration, while, at the same time, the jaws are drawn so very widely asunder, that the air which is received into the expanded fauces can enter with ease the *Eustachean tubes*. One thing peculiar to this phenomenon is, its being extremely contagious, i. e. it very readily excites to imitation: the cause of this is, without doubt, to be sought for in the remembrance of the agreeable sensation produced at a former time, by the languid operation of yawning.

SECT.

SECT. XIII.

OF ANIMAL HEAT.

§ 159.

IT is worthy of observation, that man in a living state, together with the other subjects belonging to the class Mammalia, as well as the whole feathered race, are distinguished from the rest of the animal kingdom by this peculiarity, that the native heat of their bodies far exceeds, in degrees of temperature, the usual heat of the medium or element in which they live. With respect to man himself, it is however to be remembered, that he appears to be inferior, in the heat of his system, to those other kinds of animals we have just mentioned. Thus, in our climate, the heat of the human body generally stands at about the 96th degree of Fahrenheit's scale, whereas, in other animals belonging to the class Mammalia, the vital temperature very considerably exceeds this point, while it ascends still higher in individuals of the feathered tribes.

§ 160.

Indeed, the degree of native heat possessed by a healthy person is so constant and uniform, that in

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general,

general, (provided we make allowance for the state of health peculiar to each individual), its range will include but a very few degrees of the thermometer, whether the subject be exposed to the inclemencies of the most rigorous climate, or placed beneath the fervors of a tropical sky. For the opinion formerly delivered by Boerhaave, that man has not a power of existing in a medium of such a nature as exceeds in temperature the native heat of his own body, has, since the famous observations of that illustrious traveller and former governor of Georgia, H. Ellis, been refuted by a great number of characters learned in the science of physiology, and the reverse completely demonstrated and established by experiments well adapted to the nature of the subject. In this particular, indeed, appears to consist one of the great prerogatives of man, that imprisoned and confined to no one climate or zone of the earth, he is able to pass his life in any section of the immense globe we inhabit, and is free to fix his habitation either beneath the rigors of Hudson's stormy channel, where the quicksilver passes spontaneously to a state of complete congelation, amidst the tempests of Nova Zembla, or in the bosom of those glaring solar fires, which scorch the glowing shores of the Senegal.

§ 161.

We proceed now to enquire into the origin and source of that astonishing fire, which minutely pervades our bodies, and uniformly supplies them with their necessary degrees of warmth. To pass in silence over the visionary conjectures of the ancients on this subject, some of the moderns have attempted to derive animal heat, with all its phenomena, from the matter of electricity and the nerves, others from the attrition generated by the circulation of the blood, others from the reciprocal friction between the solid elementary parts of living animals, while others, again, have embraced and defended different opinions.

§ 162.

But all those hypotheses are embarrassed with insurmountable difficulties, whereas, on the other hand, the utmost simplicity, and an entire correspondence to the phenomena of nature, combine in recommending and confirming that doctrine, in which the lungs are considered as the *focus* or *fire-place* where animal heat is generated, and the dephlogisticated part of the air which we breathe, as the *fuel* that supports the vital flame. That justly celebrated character, Jo. Mayow, sketched out, formerly, the leading traces and first great outlines of this doctrine, which, in our times, has been greatly improved, extended, and farther elucidated,

elucidated, by the labours of the illustrious Crawford.

§ 163.

The whole drift and tenor of Crawford's theory obviously results in this, that *respiration*, no less than *combustion*, belongs to such processes as are called phlogistic; in which the phlogiston residing in, and constituting a part of, our bodies, is expelled by the accession of *free* or *sensible* heat, (which ought to be carefully distinguished from heat existing in a *fixed* or *latent* state.)

For phlogiston and the matter of heat are elements of such contrary and opposite natures, that the greater quantity of the one our bodies at any time contain, the less, at the same time, is their proportion of the other; thus, fixed air, for example, is not supposed to contain more than $\frac{1}{8}$ th part of the quantity of the matter of heat, which belongs to an equal weight of atmospheric air, &c.

But it appears, from experiments, that atmospheric air has a stronger affinity to phlogiston than to the matter of heat, so that it unites itself with the greatest readiness to the former, while, at the same time, it sets at liberty the latter, which had been hitherto held in a fixed and latent state.

§ 164.

When we come to apply the foregoing positions and principles to the phenomena of respiration, it appears highly probable, that animal heat is generated by a process of a similar nature.

For, as we have already had occasion to observe, the air which we expire differs, in a very remarkable degree, from what we had immediately before inspired; being deprived of its igneous portion, or of that part fit for contributing to the support of flame, it is returned highly impregnated, on the contrary, with phlogiston and the base of fixed air. (§ 146.)

§ 165.

It appears, therefore, extremely probable, that the igneous portion of the air we breathe enters those minute blood-vessels, which are every where dispersed throughout the substance of the lungs, and separated from the air-vesicles themselves by nothing more than subtle partitions of the most filmy texture (§ 136); that from the lungs it is conveyed through the pulmonary veins to the aorta, from whence it is again, by means of the arterial system, distributed throughout every part of the body.

During

During the whole course of this minute distribution, more especially while in the extreme ramifications of the vessels, it appears to be exchanged for phlogiston, which it every where meets with in considerable quantities. This phlogistic principle, being thus mixed with the blood, and occupying the place just evacuated by the matter of heat, is conveyed back, by means of the venous system to the right side of the heart, and from thence by the pulmonary artery, into the lungs, where, agreeably to those laws of affinity which we just now hinted at, it is immediately received and taken up by the volume of air recently inspired. In consequence of the accession of this quantity of phlogiston, and its union with the air contained in the lungs, a fresh portion of the element of fire or heat is set at liberty, which instantly enters the blood and is thus incessantly distributed throughout the system in the manner already described.

§ 166.

The truth of this theory is evidenced by those diversities between arterial and venous blood, to which we have every where adverted. It is also farther evidenced by the difference between the specific heat of arterial, and that of venous blood; thus the specific heat of the blood contained in the arteries is to that of the blood contained

tained in the veins, as $11\frac{1}{2}$ to 10. Finally, as an additional evidence of the same thing, we might mention, in the last place, that oscillatory action exerted by the smallest order of blood vessels, which was the subject of our attention on a former occasion.

§ 167.

For it seems altogether probable, that those extremely minute ramifications of the sanguiferous system, are parts of such utility and importance, that in proportion as their action is stronger or weaker, a correspondent increase or diminution takes place in that exchange of the element of fire for the matter of phlogiston, which goes constantly forward in the body, and also in the heat of the animal uniformly generated by such exchange.

Those memorable and striking phenomena, from which it appears, that animal heat (if indeed the matter be determined by a thermometer, and not trusted to the fallacious test of sensation), remains in general at very nearly the same precise point of temperature, little augmented by the summer's blaze, little diminished by the winter's blast; and further, that on certain occasions the heat of our bodies is even increased in consequence of an immersion in cold water—Those phenomena, I say, seem to demonstrate, and reduce it to a certainty,

that according to the variations that take place in the *temperature* of the medium in which we live, corresponding diversities immediately follow in the *action* of the smallest vascular ramifications of our bodies. From this singularly accommodating power, resident in the minute extremities of our vascular system, it follows, that on being exposed to cold (which appears to act by increasing their tone), they are immediately enabled to exchange a *larger quantity* of the principle of phlogiston for the igneous pabulum, and thus generate a higher degree of heat; whereas, on the other hand, they are obliged to exchange a much *smaller quantity*, as often as they are rendered inactive by being subjected to the influence of a relaxing and debilitating medium.

SECT. XIV.

OF CUTANEOUS PERSPIRATION.

§ 168.

SO various, and extremely diversified, are the functions of the *cutis*, with which the human body is invested, that an enumeration and complete account of the whole of them can scarcely be comprehended with propriety under
one

one and the same head; they would appear to be more fitly arranged for consideration, each one under that *class* of *actions* to which, from its nature it belongs.

For, in the first place, the cutis is the organ of touch, of which we will speak when treating of the *animal functions*.

It is again the medium or instrument of *inhalation*, by which office it makes a part of the absorbing system of lymphatics; this shall be a subject of further consideration, when we come to take a view of the *natural functions*.

Finally, It is the laboratory or organ of *perspiration* also. This function agrees in a great variety of respects with the process of *respiration*, and appears therefore to be introduced with sufficient propriety as the subject of the present section.

§ 169.

The cutis is said to consist of a threefold membrane, or of a membrane composed of three laminæ. These laminæ or layers are the *corium* or true skin, lying on the interior side, the *cuticula* or cuticle making the exterior covering, and the *reticulum* (i. e. the *rete mucosum*), which is spread between

between the two laminæ just mentioned. Of each of these we will treat severally and in order.

§ 170.

The *cuticle*, or epidermis, forms, as just observed, the external covering to the whole body : It is thus, from its situation, exposed to a free accession of the air, the immediate contact of which element, scarcely any other part of the body can bear with impunity, even in a sound state, except the enamel of the teeth, the tubes of respiration, and the alimentary canal.

§ 171.

The texture of the epidermis is simple to the utmost degree, being entirely destitute of vessels, of nerves and of pores. This texture, though on the whole scarcely organic, is nevertheless highly singular and striking ; notwithstanding its semipelucid and tender appearance, its tenacity is yet so very considerable as to resist effectually, for a great length of time, not only maceration, but various other modes of generating putrefaction.

§ 172.

The origin of this filmy expansion is as yet involved in doubts and difficulties. It is in the mean time, however, probable that it springs, along with the small bulbs surrounding the roots

of the hairs, from the *corium* or true skin expanded beneath it : that this is the case, we are led to infer, from the myriads of minute and extremely tender fibrils, by which it and the skin are connected together.

When by any means destroyed, it is re-produced again with greater facility, than any of the other solid parts of the human body.

§ 173.

That this membranous lamina is of the utmost importance in the economy of organized bodies, is incontestibly evinced by its universal prevalence throughout both the animal and vegetable kingdoms. It may be observed already formed even in the tender embryo itself, at so early a period as the third month after the time of conception.

§ 174.

Underneath the cuticle is expanded a thin mucous membrane, which, from an opinion entertained respecting it, by its celebrated discoverer, is called *reticulum Malpighianum*.

This reticulum or subtle net-like expansion, exhibits the habit and appearance of mucus, extremely easy of solution : it can scarcely in any part, except in the scrotum of *Æthiopians*, be separated

rated entire from both the cuticle and true skin, and thus be procured in the form of a genuine and complete membrane.

§ 175.

The part now under consideration, constitutes the primary and principal seat of colour in the human race. In all men the true skin is fair and shining; the cuticle also is semipellucid and whitish in all nations, except the inhabitants of Æthiopia, in whom it is more dusky and obscure. But in the human subject after birth, the colour of the *reticulum mucosum* is varied, in correspondence to the diversities of age, mode of life, climate, and also in proportion as the constitution is more or less sound.

Thus, for example, of the five varieties, into which the human race appears to me, to be with much propriety divided, the *first* has the *reticulum* more or less whitish. This description includes, besides Europeans, those who inhabit the west of Asia, and the north of Africa, together with the natives of Greenland and Esquimaux.

2dly, In the second variety, which includes the inhabitants of all the other parts of Asia, the *reticulum* somewhat tawny, inclining to an olive cast.

3dly.

3dly, In the third, which embraces the inhabitants of Æthiopia, it is blackish.

4thly, In the fourth, which consists of the aborigines of America, it is to a certain degree copper-coloured.

5thly, Finally, in the fifth, which comprehends the inhabitants of all the South Sea islands, it is more or less tawny or brown.

But all, and each one of those varieties of colour, as well as all other varieties, by which man differs from man, and nation from nation, appear to be so intimately blended together, and are disposed to run into each other with so much facility, that it seems scarcely possible to establish any divisions or classes of them, but such as are plainly arbitrary.

§ 176.

The *Corium* or *true skin* itself, to which the *reticulum* and epidermis serve as a covering, is a membrane of a peculiar nature; it is porous, tenacious, capable of vast dilatation, varied in its degrees of thickness, consisting chiefly of condensed cellular membrane, and extremely close and compact on its external superficies; it is more lax on the internal surface, which, (if you except a few

regions or parts of the body) (§ 36.) contains, for the most part, a certain quantity of common fat.

§ 177.

Besides *nerves* and *absorbents*, of which we will speak particularly on a future occasion, the *corium* or true skin is also plentifully supplied with innumerable *small blood-vessels*, which run on its exterior surface, and, as we learn from a successful injection, invest the same with reticular expansions of the most close and subtile texture.

§ 178.

Over the same exterior surface is also interspersed an immense assemblage of small *sebaceous follicles*, which thoroughly anoint the whole cutis with a very subtile and limpid oil, of such a nature as not to be easily evaporated and dried up. This fine fluid should neither be confounded with the *common sweat*, nor yet with that fetid substance which infests only some particular parts of the body.

§ 179.

Finally, almost the whole of the true skin is planted with *hairs* of various kinds. The most numerous and abundant of these are very short and tender, inclining more or less to the nature of down; of hairs which fall under this description, scarcely

scarcely any part of the body is destitute, except the eye-lids, the male penis, the palms of the hands, and the soles of the feet. But, on certain parts of the body, the hairs, being destined for particular uses, grow to much greater lengths; examples of this we have in the hair of the head, in the eye-brows, in the eye-lashes, the hairs in the nostrils, the whiskers, the beard, together with such hairs as grow in the arm-pits, and about the anus and parts of generation.

§ 180.

In general, man is indeed less hairy than most other animals belonging to the class *mammalia*. A difference exists, however, in this respect, between the inhabitants of different countries. For, to pass in silence over those nations who are in the daily practice of plucking out, as well the beard, as the hairs which appear on other parts of the body, there are not wanting certain tribes, who are naturally destitute of hair; of this description appear to be the Tungusæ and the Buratæ. On the other hand, we are informed by travellers of the highest reputation in point of veracity, that the inhabitants of Nadigda, one of the northern Kurilikian islands, are remarkable for the unusual quantities of hair with which their bodies are protected.

§ 181.

Neither are the varieties fewer, which are exhibited by the hair, in regard to length, flexibility, curliness, and, more especially, in point of colour: this last property depends, in general, on the power of climate, on age, and other causes, which exert their influence in perfect conformity to the established laws of nature; but it sometimes also depends on a morbid and misplaced temperament, as appears to be the case in the white natives of Æthiopia. The colour of the hair corresponds, for the most part, to that of the eyes.

§ 182.

There is also a further peculiarity in the *direction* of the hairs, on certain parts of the body; thus, for example, on the *vertex* or crown of the head, they pursue a spiral direction; on the pubes, they diverge and point upwards; on the posterior side of the arm, they look, (as on the ape, and contrary to their direction on the satyr), towards the elbow, (that is, they point from the shoulder downwards, and from the wrist upwards): of the directions pursued by the eye-brows and eye-lashes, it seems unnecessary to say any thing on the present occasion.

§ 183.

§ 183.

The hairs originate from the interior surface of the true skin, which contains a quantity of fat: they are fixed with considerable firmness in each of the small bulbs, which are composed of *two involucra*; the external involucrum is vascular, and oval; the internal is cylindrical, appears continuous with the epidermis, and serves as an immediate covering to those elastic filaments of which each individual hair is itself composed, and which are from five to ten in number.

§ 184.

The hairs are always completely besmeared with an oily halitus, and are almost incorruptible. They appear to possess more of the nature of original electrics (or of *electra per se*, as they are called), than any of the other parts of the body. Their nutrition is extremely simple and easy, as is also their re-production after having fallen off, unless the cutis itself be labouring under some morbid affection.

§ 185.

Besides other important purposes which these common integuments of the body serve, they are, in a particular manner, to be reckoned among the number of the *excretory organs* of the system; by

their assistance, in this point of view, certain foreign matters, which would from retention prove highly noxious, are hourly eliminated and totally removed from the general volume of our fluids.

The truth of the above position is fully demonstrated and established, by the well-known circumstance of miasmata being completely removed from the system, under the appearance of *exanthemata* or *eruptions*; it is also proved by the odours of garlic, musk, and other substances taken into the body, passing by the skin; it is still further demonstrated and confirmed by the process of sweating, and by other phenomena of a similar nature.

§ 186.

But above all, those excretory passages convey off a certain fluid, which is called the *perspirable matter* of *Sanctorius*, in honour of that most acute and ingenious philosopher, who instituted the first series of rational inquiries for the express purpose of ascertaining its utility and importance.

It is necessary, however, to observe, that under this appellation, physiologists commonly designate excrementitious matters, which, if not *opposite*, are at least exceedingly *different*, in their natures, and which ought, therefore, to be distinguished from each other with the utmost accuracy and care; as
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the excretion of *sweat*, for instance, from the genuine matter of *perspiration*.

The former (*i. e.* the sweaty excretion) is a liquid of an aqueous nature, saltish to the taste, and which scarcely ever issues spontaneously from the healthy body when in a state of tranquillity and rest.

But the latter, (*viz.* the genuine matter of perspiration), of which alone we intend to treat on the present occasion, is an aeriform fluid, permanently elastic, and bearing a very striking resemblance to that which we expire by the lungs.

§ 187.

Like that elastic fluid, it is highly charged with the principle of phlogiston, like that, it precipitates quick-lime from the water in which it was suspended, and, like that, it is also unfit both for contributing to the nourishment of flame, and also for supporting the process of respiration, &c.

§ 188.

The quantity of this fluid that exhales from the whole *superficies* of the body (which, in an adult human subject of the middle size, amounts by measurement to about fifteen square feet) can scarcely be reduced to accurate calculation.

For,

For, that the scales, which from the time of Sanctorius have been made use of for ascertaining the exact weight of the body, are not well calculated for determining the precise quantity of this elastic fluid, may be easily understood from what we have just now said respecting the different substances which are eliminated from the system by the skin, besides the true matter of perspiration.

It was long since discovered, that the nature and quantity of perspiration vary extremely, not only in different persons, but even in the same persons, at different times. It seems at present, however, to be a point too well ascertained to admit of a doubt, that there does really exist, with respect to the matter perspired, a national variety and peculiarity; the truth of this we confidently rest on what has been said, by authors of the highest veracity, with regard to the singular and specific odours which are transpired through the skins of the Caribbeans, of the Greenlanders, of the Æthiopians, and also of the individuals belonging to other barbarous tribes.

§ 189.

On considering what has been said with respect to the vascularity observable in the texture of the skin (§ 177), and also with respect to the analogy that exists between the matter of perspiration and

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the air we expire (§ 187); and further, on considering what has been advanced respecting the power and influence of the smallest vascular ramifications, in the generation of animal heat—to him, I say, who carefully weighs and attentively considers all these circumstances, it will appear extremely probable, that there exists a striking similitude indeed between the action of the lungs in respiration, and that of the skin in the process of perspiration. It will appear that there exists between the cutis and lungs a reciprocal consent; so that the one may be supposed capable of assisting and somewhat relieving the other, and even of supplying its place, at least to a certain degree, in case of any accident or derangement.

§ 190.

In support of this opinion we can adduce the concurrent testimonies of a variety of phenomena, observable not only in a *sound*, but also in a *diseased*, state of the system.

Some of these phenomena are, for example, those leading points, in which the human foetus, as well as that of the other animals belonging to the class mammalia, differ from the incubated chick, or the young of the feathered tribes, while yet enclosed in the *parietes* of the egg.

A further

A further evidence in favour of the same opinion, is that singular coldness of certain parts of the body, even in warm blooded animals, (as in the noses of dogs, &c.) which appears to be referred with sufficient propriety, to a less phlogistic action of the small vessels, with which those parts abound.

On the contrary, from an encreased action of the minute vessels in certain parts of the body, we explain, with the utmost fairness and facility, a variety of morbid symptoms, such, for instance, as that singular heat and flushing in the palms of the hands, which occur so frequently, and are so strikingly observable in patients labouring under a hectic fever.

With regard to that *vicarious action* of which we formerly spoke, and by which we said it appeared probable, that the functions of the lungs and cutis lend mutual aid and assistance to each other; that such an action does unequivocally exist, we derive some force of testimony from those phenomena in pathology, where human subjects, after birth, and even after advancing to an adult age, having their lungs almost totally destroyed by a consumption, or highly vitiated by some other contamination, have nevertheless survived such melancholy misfortunes, for a long time, and in
some

some cases have even passed several years, during the whole of which period they appeared to be almost entirely deprived of the use and advantages of respiration.

§ 191.

Finally, It does not appear improbable, but that the interior surface of the *alimentary canal*, may also, besides its other primary functions, be perpetually engaged in the performance of a phlogistic process, not unlike that conducted by the *skin* and *pulmonary system*.

This canal or tube appears, indeed, to be the only interior part of the body, except the lungs themselves, to which the atmospheric air has free access; but that the air has really free access to the *primæ viæ*, or *first passages*, as they are called, and that we swallow that elastic fluid in considerable quantities, are matters, much too plain, to stand in need of any proof.

Further, That the air which we swallow undergoes a change very similar to the change suffered by that taken by inspiration into the lungs, is satisfactorily demonstrated by the nature of the air contained in the whole alimentary canal.

Finally,

Finally, To all those concurring circumstances we may further add, that truly astonishing congeries of small blood vessels, spread in profusion over the interior surface of the intestines, which is commonly believed to be equal in extent to the external superficies of the whole body.

SECT. XV.

OF THE SENSORIUM AND NERVES.

§ 192.

WE come now to treat of another class of the functions of the human body, which embraces what we denominated the *animal functions* (§ 63): by means of these, an uninterrupted commerce and intercourse are kept up between the body and the various faculties of the mind. They belong therefore exclusively, (as indeed the name itself plainly imports,) to organised and animated bodies; but as they pervade the whole animal kingdom more universally than the vital functions, they appear to have an exceedingly just and well founded claim to the epithet, *animal*.

§ 193.

§ 193.

The organs which are principally subservient to the exercise of these functions are, the *cerebrum*, the *cerebellum*, and their appendage the *medulla spinalis*, together with the nerves that originate from these three sources. The whole of these organs may, with sufficient propriety, be arranged under two leading classes, namely, the *Sensorium* and *Nerves*. The former of these embraces (if we except the nerves themselves, and those parts which constitute their more immediate origins) all the remainder of that whole system, which forms, more particularly, the *vinculum* or medium of connection, that exists between the offices or functions of the nerves and our nobler part, the faculties of the mind.

§ 194.

On this division is founded that beautiful observation of the illustrious Sommering, in which he alledges, that the relative magnitude which the two preceding classes of organs bear to one another, corresponds so accurately with the faculties of the mind, that the smaller and less bulky the nerves of animals are, when compared to the size of the other organs or parts which we have comprehended under the denomination of *Sensorium*, the more vigorous and active are the faculties or their minds. In this respect he observes,
that

that man may be said to possess the largest cerebrum or brain, if its bulk be compared to the small size of the nerves that originate and proceed from it, but not if its weight be compared with the relative weight of the whole body.

§ 195.

Besides the bony cranium or skull, in which the cerebrum itself is enclosed, it is still farther invested with three involucra or coverings; these are the *dura* and *pia matres*, between which is expanded the third, viz. the *tunica arachnoidea*.

§ 196.

The *dura mater*, which lines, as a periosteum, the cavity of the encephalon, is lengthened out into a variety of partitions or processes. By its falciform process, which is the most prominent and remarkable, it separates from each other, the two hemispheres of the brain; while, by means of that process called the *tentorium*, it forms a partition between the *cerebellum* and the parts situated above it, and thus, by giving support to the posterior lobes of the brain, prevents them from making an undue pressure on the subjacent *cerebellum*.

Further, the *dura mater*, by various duplicatures or doublings of its own membrane, forms what are called the *venous sinuses*, while it gives them at
the

the same time firmness and support, and prevents them from being unduly compressed. Through these sinuses the blood of the encephalon, or parts contained within the cranium, glides back towards the heart: this blood is said, by physiologists, to possess properties peculiar to itself, and appears, from actual calculation, to be so considerable in quantity as to amount, at least, to one tenth part of the whole mass of blood contained in the human body.

§ 197.

Next to the dura mater lies the *tunica arachnoidea*, so called from its extreme tenderness and filmy texture. It is destitute of blood-vessels, (§ 5.), and does not, any more than the dura mater, enter the various *fulci* or furrows, and receive the different eminences or ridges, which mark the surface of the cerebrum, but only expands, with uniformity, over the whole volume of that important viscus.

§ 198.

Very different from this is the state and situation of the internal *involucrum* or covering of the brain, on which the ancients bestowed the name of *pia mater*. This membrane every where accompanies the cortical part of the cerebrum so closely, that the innumerable small blood-vessels,

with which it is profusely supplied, enter, and even perforate the cortex itself, with their infinitude of minute ramifications; hence, when the *pia mater* is separated by force from the cerebrum, its external surface presents a smooth and exquisitely beautiful polish, while its internal surface, on the contrary, is considerably villous, and resembles, not a little, those delicate radicles by which the mosses adhere to their native soil, or places of growth.

§ 199.

Both the cerebrum and cerebellum are composed of a variety of parts, different from each other both in texture and figure, the uses of which have been hitherto generally unknown: these parts are particularly distinguished by the four *ventricles*, as they are called, the communication between which has been of late traced and developed, with the utmost accuracy, by the illustrious *Monro*: of these ventricles, the two anterior and the fourth contain what are denominated the *plexus choroidei*, the uses and functions of which are also involved, as yet, in intricacy and doubt.

§ 200.

In all parts, of both the cerebrum and cerebellum, there exist two kinds of substance, one of a cineritious or ash-colour, which is called the *cortical* part, although it does not always form the exterior

exterior stratum, the other white and shining, and therefore called the *medullary* portion. Agreeably to the observations of the illustrious Sommering, there is interposed between the two foregoing substances, still a third, of a colour bordering on white; this body is most conspicuously observable in the *arbor vitæ* of the cerebellum, and in the posterior lobes of the cerebrum.

§ 201.

The proportion, which the cineritious substance bears to the medullary, decreases as life advances; thus, in infants it is greater, in adults less. Almost the whole of this cineritious substance, is composed of an immense assemblage and contexture of the smallest sized blood-vessels, together with vessels of an order still inferior, even so minute as to be incapable of admitting any thing except a white or colourless fluid of the most exquisite tenuity, (§ 79.): a small number of these vessels passes into the medullary portion, which appears to contain in its own composition, (besides these minute vessels and a quantity of very tender cellular membrane), a soft pultaceous parenchyma, in which physiologists, even when armed and aided by the most powerful glasses, have not yet been able to discover any uniform and definite texture.

§ 202.

In the cerebrum is observable a perpetual but very gentle motion, bearing such a relation and exact correspondence to the process of respiration, that while the lungs are collapsed, and their volume diminished in the act of expiration, the cerebrum is slightly elevated, but immediately subsides again, when the thorax is dilated by means of a subsequent act of inspiration.

§ 203.

What has been called by physiologists the *medulla oblongata*, terminates in the *medulla spinalis*, which is contained in that flexible tube, formed by the vertebræ of the spine or back, and is still clothed in the same membranes which we have already seen investing the cerebrum or brain itself: further, as the brain, so likewise the spinal marrow, is found to consist of two kinds of substance, with this striking circumstantial difference, however, that, in the latter, the cineritious or ash-coloured substance forms the internal, whilst the shining or medullary composes the external, part.

§ 204.

From each of the foregoing sources, namely, the cerebrum and cerebellum, together with the medulla spinalis, the *nerves* primarily derive their origins. These are small ropes or cords, of a colour

colour more or less whitish, differing likewise in their degree of firmness), which are minutely distributed throughout almost all the other soft parts of the human body. This opinion of the minute, and *universal*, distribution of the nerves through every part of the human system, though admissible as a general rule, is, however, subject to certain well founded exceptions.

§ 204.

For it appears from an infinitude of experiments made by the illustrious Haller, and other able observers, that there are several of the *partes similes* (or similar parts § 46) of our bodies, in which, the knife, and powerfully armed eye of the anatomist, have not been able to detect the smallest vestige of nerves, and where neither surgical observations nor live dissections, often repeated by the most dextrous hand, have succeeded in discovering even the faintest phenomena of sensibility.

In an enumeration of such parts, as appear to be destitute of sensation and nerves, we must embrace, besides the naked cellular membrane, the epidermis, the *reticulum mucosum*, the hairs, and the nails.

We include further, the cartilages, and bones, with their perioftia and marrow.

To these must be added, the tendons, the aponeuroses, and ligaments; as also most of the broader and more extensive membranes, such, for example, as the dura mater and tunica arachnoidea; the pleura, with the mediastinæ and pericardium; the peritoneum; the cornea, &c.

Under the same head we arrange most parts of the absorbent system, but more especially the thoracic duct.

Finally, This catalogue of such parts as neither possess nerves, nor are endued with sensibility, shall be closed, by the addition of the *secundines*, and *umbilical cord*.

§ 206.

The primary or nascent origins of the nerves, emerging from the sensorium itself, have, as yet, eluded the most zealous researches of the subtle knife and prying eye of the anatomist: it therefore still remains a matter of controversy and doubt, whether the nerves on each side of the body derive their origins from the *corresponding*, or from the *opposite* side of the sensorium? Certain pathological phenomena appear indeed to favour
your

vour the latter of these opinions. It has been also lately established by the illustrious Sommering that a true decussation or crossing of the optic nerves does actually exist.

§ 207.

A certain continuation of the pia mater accompanies the medullary part of the nerves in their course, in such a manner, as to form for them a vascular cortex, or covering, of extreme tenderness. No sooner, however, do these cords emerge from the cerebrum, or the spinal marrow, than they assume a very singular habit and appearance, by which they may be readily distinguished from almost all the other similar parts of the body. This peculiarity of appearance is produced by small plicæ or folds, which they exhibit, running in angular directions, more or less oblique. These folds were formerly described by P. P. Molinel, who compared them, not inconsistently with propriety and fitness, to the rugæ of the *lumbricus*, or round worm, or to the small rings of the aspera arteria.

§ 208.

The nerves, especially those of the single or unpaired orders, such, for instance, as the intercostal and vagantes or wandering nerves, are every where furnished with *ganglia*, *i. e.* small

bulbs, of a texture considerably compact, and of a cineritious colour, somewhat inclining to a pale red : the functions and uses of these bodies in the animal economy have not yet been satisfactorily ascertained and demonstrated. We are, however, in the mean time, most inclined to adopt the opinion formerly entertained respecting these substances by the ingenious Zinn. That acute physiologist believed the ganglia to consist entirely of mazy complications and intertextures of minute nervous filaments originating from different sources. In consequence of this intricate and uninvestigated texture of these bodies, he conjectured, that each nervous filament, or thread proceeding from them, participates, or contains in its composition, a part of every filament that enters into their structure, however numerous those filaments may be, or however different the sources from which they originate.

§ 209.

Neither does there appear to exist any very material difference between the nature of ganglia, as just described, and of what are called *plexus nervosi*. These latter are also indebted, for their existence and form, to a similar concurrence and anastomosing intertexture of nerves that originate from different sources. The composition of such nervous filaments as ramify and proceed from these

plexus

plexus nervosi, appears to be also perfectly analogous to the composition of those, that originate from the ganglia, of which we have already spoken.

§ 210.

But as the *nascent origins* of the nerves, so likewise (with a few exceptions), the *final terminations* of their *extreme ramuli*, or remote filamentary branches, are as yet involved in the depth of obscurity. For if we except those few nerves that terminate in a kind of medullary expansion, as the optic nerve in the *retina*, and the soft portion of the seventh pair, in that pulpy zone, contained between the spiral laminæ of the cochlea of the ear — If, I say, we except these two nerves, the evanescent filaments of such of the others as enter the viscera, the muscles, the skin, &c. become so minutely blended with the real parenchyma of the parts on which they are distributed, and gradually assume such a pulpy consistence, that the eye of the anatomist can no longer trace them through their mazy courses.

SECT.

SECT. XVI.

OF THE FUNCTIONS OF THE NERVOUS SYSTEM
IN GENERAL.

§ 211.

WE have thus seen, that of the sensorium, and nerves so generally and minutely distributed throughout most parts of the body, a complete system is beautifully constituted, which, during the continuance of life, serves as a medium of communication and mutual intercourse between the body and the mind.

§ 212.

Various circumstances and phenomena combine in rendering it probable, that the mind is indeed attached and closely connected to the brain itself. That the brain is thus honoured and dignified in its alliance is very powerfully and strikingly evidenced, by most of the instruments of sensation being situated in the very vicinity of that organ; by the astonishing conformation of its various parts, considered with regard to their figure and structure; but more especially by the phenomena attendant on its morbid affections.

§ 213.

§ 213.

With respect to that connection of which we have just hinted, I would further observe, that certain physiologists, wantonly sporting in the delusive fields of imagination, have suffered themselves to be so far influenced by the form and situation of particular parts of the encephalon, that they have considered, and even endeavoured to prove, sometimes one, sometimes another of these parts, to be indeed the very seat, and royal court, (as it were) of the mind. This honorary and sublime privilege, of affording a sacred seat to our nobler and *immortal part*, some metaphysical physiologists have been solicitous to bestow on the pineal gland*, others on the cerebellum, others on the corpus callosum†, and

* In favour of the Cartesian hypothesis, some degree of testimony appeared to be derived from the dissections of certain *maniacs*, in whom the pineal gland was found invested with calculous concretions. On more accurate observation, however, it was discovered, that not only in maniacs, but also in numerous other subjects possessing the most complete degree of mental sanity, this same glandular body was surrounded, from about the 12th year of life, by minute sandy concretions of a pearl-like appearance.—Cl. Sommering *de lapillis vel prope vel intra glandulam pinealem sitis, s. de acernulo cerebri* Mogunt. 1785. 8.

† Those fictitious prerogatives both of the cerebellum and corpus callosum are refuted in a very masterly manner by

Zinn

others, again, on that part which has been denominated pons Varolii.

§ 214.

We are not by any means to suppose, that the whole energy of the nervous system depends on the encephalon alone; it is also derived in part from the spinal marrow, and even the nerves themselves possess such a degree of inherent or native energy, as is sufficient of itself to throw the muscles into a state of convulsion. This native or exclusive energy of the nerves, appears to be principally supported and preserved by that vascular cortex or covering of those organs, of which we briefly spoke on a former occasion (§ 205). It is, however, a truth which ought not to be forgotten, that this inherent power of the nerves themselves is *less*, and that energy, on the contrary, which is derived immediately from the encephalon, *greater*, in man, than in other animals, especially such as are supplied with cold blood.

§ 215.

The office of the nervous system appears, in a particular manner, to be two-fold. *First*, by means

Zinn in his "Experim. circa corpus callosum, cerebellum, dæram meningem, in vivis animalibus institut. Goetting. 1749. 4.

of

of this system, other parts of the body, especially such muscles as are subjected to the influence of the will, are excited to motion; of this function, however, we will treat more fully in another place. But, secondly, the nerves are peculiarly subservient to sensation; whatever sensible impressions are made on the body, they, like active heralds, convey and announce immediately to the sensorium, and there give rise to perception.

§ 216.

Finally, the sensorium is evidently possessed of the following very singular faculty or power, viz. that, having received sensible impressions through the medium and agency of certain nerves, it is able to re-act again in its turn, not only on the same nerves, but also on such as are completely different. In testimony of the truth and authenticity of this position, it will be sufficient to mention the action of the retina, when affected by light, on the sensorium, and the re-action of this latter, again, in either constricting or dilating the iris.

§ 217.

It is principally from this last source, that we are to derive and explain most of the effects of the imagination, and passions of the mind, on the human body: of these effects we will speak
more

more fully on a future occasion. To the same source, also, must we refer that extensive and diversified consent of the *nervous system*, which prevails throughout almost the whole body (§ 14.), and the astonishing power and influence of the same, over most of the other functions of the animal economy.

§ 218.

That the phenomena which we have just mentioned, proceed from certain properties essential to the nervous system, is a position, that appears, from observation and experiment, to be founded on the most indubitable evidence. But, to elucidate and explain the manner in which this system acts, in the production of such phenomena, is, indeed, a difficulty of the utmost magnitude.

§ 219.

When we view the subject in a general light, the various opinions, which have at different times been advanced on this contested point, may be all referred to two leading classes: one of these alleges the action of the nervous system, to depend on a certain oscillatory motion; while the other supposes it to be produced by the motion of a peculiar fluid, respecting the nature of which physiologists, again, hold different opinions. Thus, while some believe this fluid to be animal spirits, contained

contained in, and passing through, vessels, others contend, that it is a certain modification of matter, similar to fire, electricity, or the magnetic effluvia.

§ 220.

Although I am disposed to adopt neither of the above opinions as my own, yet it is proper to observe, that most of the arguments, by which the advocates of either *hypothesis* have endeavoured to invalidate the other, appear to me to be as crude and inconclusive, as they ought to be subtle, ingenious and forcible. This observation applies, as well to the arguments made use of to prove the oscillations of the nerves, as to those advanced for the purpose of establishing the existence of a nervous fluid.

§ 221.

If, indeed, our views of the subject be not erroneous, the two foregoing opinions may, without impropriety, be united, and thus a third one formed, more plausible, at least, than either of the originals, namely, that a certain nervous fluid does actually exist, and that this fluid is also capable of motion, and of being thrown into oscillatory vibrations, when subjected to the action and influence of stimuli.

§ 222.

§ 222.

Not to mention various other evidences, which might be obviously deduced, from the different phenomena of the nervous system, the *structure* of the brain itself, which bears a striking resemblance to *that* of certain secreting viscera, appears indeed to be highly in favour of the existence of a nervous fluid. It is surely a matter too obvious to admit of controversy, that there is no more need of any direct tubes and canals, for the distribution of such a fluid through the nerves, than there is, for the conveyance of a liquid through brown paper, or any other filtre.

The nugatory calculations, respecting the astonishing rapidity, with which the animal spirits have been supposed to hurry through their nervous canals, in all parts of the system, are subjects too hypothetical and visionary to merit our time, or command our attention.

§ 223.

That an oscillation of the nerves does indeed exist, is a position, powerfully supported by a great variety of very striking and pointed physiological phenomena. This oscillation must not, however, be supposed to bear any resemblance to the rude vibrations of tense chords, but is such a subtle, tremulous motion, as may be readily conceived to

take place in the tender, pulpy substance of the brain. That hearing is excited by an oscillation of a liquid, has been reduced to satisfactory demonstration. That an oscillatory motion somewhat similar takes place also, in the act of vision, is (though we should not be willing to repose implicit confidence in the opinions of Leon. Euler) a position founded, at least, on strong probabilities. That the action of the other senses depends also on an oscillatory motion of a similar nature, is an opinion, which was not only embraced by the illustrious Newton *, but has been since ably and successfully defended in the writings of the sagacious Hartley. It is on the principle of the existence of such a motion, that this last mentioned author, has first happily accounted for the association of ideas, and then, by the aid of this, proceeded to explain, with the utmost ingenuity, most of the functions performed by the different faculties of the mind †.

* Vide ejus Quæstiones ad calcem optices. Qu. 23. p. 355. edit. Lond. 1719-8.

† David Hartley's Observations on man, his frame, his duty, and his expectations. Lond. 1749, vol. ii. 8.

SECT. XVII.

OF THE EXTERNAL SENSES IN GENERAL, BUT
PARTICULARLY OF THE TOUCH.

§ 224.

ONE office of the nerves, as we have already had occasion to observe, consists in communicating to the sensorium, impressions made by external objects. This they do through the medium of the *external senses*, which officiate as watchful centinels to the body, and diligent instructors to the mind.

These, therefore, shall constitute, at present, the *sole object* of our consideration. For to arrange among the senses, the stimulus or propensity which animals feel to evacuate their fæces, the sensation of hunger to which they are subjected, or other internal calls of nature of a similar kind, would be, as Haller formerly observed, an unnecessary species of subtilty and refinement.

225.

It ought to be remembered, that no other class of functions belonging to the animal economy, is subjected to such an astonishing variety in different individuals, as that of the external senses, which
constitutes

constitutes the subject of our present consideration. This infinite diversity, which exists between these senses in different individuals, is either natural or acquired, and relates to their greater or less acumen or sharpness, their subtlety, or to the manner in which they are affected by similar applications of the same stimuli.

§ 226.

In giving an entire and complete account of the external senses, it appears most proper to begin with *the touch*, this being the one which manifests itself at the earliest period in the human subject after birth. The organ of the sense of touch is expanded over the whole superficies of the body, and is so constituted and formed as to be affected by much the greatest number of the properties of external objects.

§ 227.

For we are not only made sensible of certain qualities of substances by means of the touch alone, as of heat, hardness, weight, &c. but there also exist other qualities, such, for instance, as figure, distance, &c. of which we acquire, a much more certain and accurate knowledge by the aid of the touch, though it must be acknowledged that these qualities are at the same time subject to the cognizance of some of the rest of our senses.

§ 228.

The touch is less liable to deception than the other senses; and is capable of becoming, by cultivation and attention, so exquisitely perfect and refined, as to be able to compensate, in a certain degree, for any deficiency in its sister senses, more especially in that of vision.

§ 229.

The organ of this sense is indeed the skin in general, concerning the fabric and texture of which we spoke formerly; but those parts that are more immediately subservient to the touch, are the papillæ of the *corium* or *cutis vera*; these papillæ exhibit various figures in different parts of the body; they are indeed, for the most part, *verruose*, in other places they are *fungous*, in others *filamentous* or thread-like, &c. under all which appearances, the extremities of the cutaneous nerves terminate after the manner of small pulpy pencils.

§ 230.

But by far the most important and distinguished instruments of the touch are, in particular, *the hands*, the skin of which is impressed with a great number of striking peculiarities. Thus, for example, the skin on the palms of the hands, and on each side of the joints of the fingers, is *fulcated* and completely destitute of hair, for the purpose of facilitating

facilitating the folding or doubling up of those parts. The extremities of the fingers, on their *internal*, and of the toes, on their *inferior*, surfaces, are furrowed with slight and very elegant grooves running in directions more or less spiral: but the former, on the exterior, and the latter on the superior, sides, of their terminations, are protected from injury by nails.

§ 231.

These scutiform *nails* are possessed only by man, and a few other animals, (belonging to the class *mammalia*), which are also furnished with hands, and excel in the acuteness of their sense of touch. These nails appear to be designed for the purpose of making a gentle resistance to the pressure of the fingers when examining substances, and thus aiding their action.

The nails, though of a horny nature, must nevertheless be considered, on the whole, as productions or continuations of the epidermis: for immediately under them lies the reticulum mucosum, which in *Æthiopians* is black; and finally, beneath this again is expanded the corium or true skin, which is firmly attached to the periostium of the extreme phalanx of the fingers. Also these constituent parts of the nails are striated in a longitudinal direction. At their posterior margins

L 3 (which

(which are distinguished by small semilunar segments, of a shining or somewhat brilliant appearance) they are securely fixed in a groove formed by a reflection of the cutis, from whence by a daily, but very moderate, increase, they are gradually protruded forward, in such a manner, as to be completely renovated in every term of about six months.

SECT. XVIII.

OF THE TASTE.

§ 232.

TASTES are certain impressions made on, and perceived by, the tongue, and also, in some measure, by the adjoining cutaneous parts of the *os internum* (*i. e.* the inside of the mouth); these parts are, in particular, the *medium palati*, the fauces, the cheeks, and even the lips themselves; with respect, however, to the whole of these auxiliary parts, it is proper to observe, that they have no perception of any tastes except such as are acrid or intensely bitter.

§ 233.

§ 233.

The principal instrument of taste is *the tongue*, an organ capable of the utmost agility in motion, very pliable, and exceedingly changeable in point of form: it consists of a fleshy texture, which exhibits a striking appearance, somewhat resembling the texture of the heart.

§ 234.

It is invested with involucra or coverings, which bear a similitude to the different strata of the cutis: these are, the epithelion, which corresponds to the cuticle, the reticulum Malpighianum, and lastly, a papillary membrane, that differs but little in its structure from the corium or true skin.

§ 235.

The principal difference consists in this, that the epithelion, instead of a fine cutaneous oil, is lubricated and moistened by mucus, which exudes from that imperceptible orifice, named after Meibomius, and also from the rest of that glandular expansion, discovered by Morgagni: another point of difference is, the conformation of the papillæ, which are divided into the *petiolated*, the *obtuse*, and the *conical*; of these, the former, being very few in number, are placed in a lunated arrangement, at the root of the tongue, while the others, being of various sizes, are crowded promiscuously

and without order, on the back of the tongue, but more especially on its edges and tip, where the sense of taste is most acute and exquisite.

§ 236.

To these papillæ pass the extreme filaments of the lingual branch of the fifth pair of nerves, by the offices and aid of which it appears probable, that the sense of taste is proximately generated and preserved.

For the ninth pair of nerves, and also that branch of the eighth, which is distributed throughout the tongue, appear to be subservient to the various motions performed by that organ in chewing, swallowing, speaking, &c. rather than to its function as the immediate instrument of taste.

§ 237.

That the tongue may exercise the sense of taste in perfection, it is necessary for it to be kept in a state of complete humidity; the substance to be tasted should also be a liquid, and ought to abound with salts in a state of solution: for if either the tongue itself, or the substances applied to it be dry, it may then indeed examine them by the touch, which it generally possesses in an exquisite degree, but cannot with strictness and propriety be said to taste them.

When

When the tongue discharges the office of tasting with most perfection and acuteness, the papillæ, situated on its apex and edges, appear to be brought into a state of genuine, though slight, erection.

SECT. XIX.

OF SMELLING.

§ 238.

BY means of the sense of smelling we perceive impressions made by the odorous effluvia of substances, which being inhaled in inspiration, come in contact with that part, in particular, of the Schneiderian membrane, which invests each side of the septum narium, and lines the convex surfaces of the concha.

§ 239.

For although the whole of the internal nares, together with the adjoining sinuses, which open into them, be lined with a humid membrane, similar in appearance to the Schneiderian, it nevertheless appears to be diversified in its nature in different places.

That part of the membrane, which is situated near the opening of the external nares themselves, bearing

bearing a stronger resemblance to the other parts of the real cutis, is overspread with sebaceous follicles, which are completely mantled in clusters of hair.

But that part which lines the *septum narium*, and *conchæ*, is of a fungous nature, and abounds with small muciferous cryptæ or cells.

Finally, Those portions which invest the *parietes* of the frontal, the sphenoidal, the ethmoidal, and the maxillary sinuses, are by far the most tender and delicate of all, and are completely overspread with an infinitude of minute blood-vessels, which constantly exhale from their extremities a subtle dew-like fluid of an aqueous nature.

§ 240.

The principal, if not, indeed, the only use of those *sinuses* appears, therefore, to be, to furnish a watery liquid, of such a nature, as has been just described, which being first conveyed into the three passages or avenues of the nares, may be from thence communicated to those adjacent parts, which, we have already said, constitute the immediate instruments of the sense of smelling. By thus supplying, with a due degree of humidity, the parts which proximately form the olfactory organs,

organs, those sinuses contribute, not a little, to preserve the acuteness and perfection of this interesting sense.

For the attainment of this end, such a wise provision is made by the very situation of those several sinuses, that in whatever position the head be suffered to rest, one or other of them may still discharge and deposit a quantity of this subtle dew, on the immediate seat of the sense of smelling.

§ 241.

The fungous part of the nasal membrane, of which we have already spoken, and which constitutes the proximate organ of smelling, besides, the immense number of minute blood-vessels with which it is overspread (and which are rendered in a particular manner remarkable, by this circumstance, that there are no other vessels in the whole body equally liable to spontaneous hemorrhages); besides these small blood-vessels, I say, this part of the membrane is also furnished with nerves, especially from the first pair, and also from both branches of the fifth pair: of these, the first pair appears to be of itself solely subservient to the sense of smelling; while the others supply the parts, to which they are distributed, with branches for the purposes of *common sensation*, such, for example, as that which gives rise to sneezing, &c.

§ 242.

§ 242.

The extreme filaments of this first pair of nerves are not, (as is the case in the organs of touch and taste), lengthened out and rounded into papillary elongations, but appear to deliquate, or melt down, as it were, into the spongy and uniform parenchyma of the membrane in which they terminate.

§ 243.

In new-born infants, the chamber destined for the immediate reception of odours is narrow, and as yet extremely imperfect. The sinuses, of which we have already spoken, have at this time scarcely made their appearance: hence, infants do not acquire the sense of smelling till a late period, as the expansion and complete formation of their *internal nares* are but gradually and very slowly accomplished. The larger those instruments become, and the more accurately they are formed and finished, the more exquisite will be the acuteness and perfection of this sense.

§ 244.

Finally, it is a truth well worthy of being remembered, that there is scarcely another external sense, which possesses such a powerful connection with, and influence over, both the sensorium itself, and the internal senses, as that of *smelling*.

There

There is none subject to such striking diosyncrasies ; none better calculated either to produce, to prevent, or to remove, paroxysms of fainting.

Neither is there any one susceptible of more delicate and pleasing impressions ; the *smell* is, therefore, happily termed by Rousseau *the sense of the imagination*.

Nor are there, lastly, any other species of sensations that appear to excite so clear and vivid a remembrance, as that which specific odours recal to the memory.

SECT. XX.

OF HEARING.

§ 244.

SOUND, which is excited by a tremulous collision of elastic substances, and propagated from sonorous bodies, through the medium of the air, is at length perceived by the sense of *hearing*, after having proceeded onward in the following order : viz. it is first received by a shell-formed cartilage denominated the *external ear*, over which
a few

a few of the human species possess a power of voluntary motion: being collected and concentrated, as it were, by means of this *concha* or *shell*, it passes immediately into the *meatus auditorius*, which is thoroughly anointed and defended by a very bitter and somewhat yellowish cerumen, or wax-like substance: at the internal extremity of this *meatus auditorius* it strikes against the *membrana tympani*, which is situated in an oblique position, is firmly attached to an annular groove in the *os temporis*, and forms a complete partition between this *meatus auditorius*, or passage for sound, and the middle portion of the ear.

§ 246.

Behind this membrane, the middle portion of the ear, denominated the *cavity of the tympanum*, is so situated as to have its fundus or bottom pointing upwards and inwards.

It contains three *small bones*, belonging to the organ of *hearing*, the external of which, called the *malleus*, is connected by its handle to the membrane of the tympanum; from its *spinous process*, which runs in a forward direction, a bulb or globe is formed, (especially in an adult subject), with an annular groove surrounding its base; this small globular head rests on the body of the *incus*.

The

The incus itself is attached to the minute knob or head of the *stapes*, by its longer process, which extends nearly to the middle of the cavity of the tympanum.

Finally, the *stapes*, resting its basis on the *fenestra ovalis*, looks towards the *vestibulum* of the labyrinth, into which, sound, having percussed against the membrane of the tympanum, is propagated by means of the connections of those three *ossicula* or small bones.

§ 247.

The Eustachean tube, running from the interior parts of the fauces, opens also into the cavity of the tympanum; the inferior winding passage of the *cochlea* enters likewise into the same cavity; over the mouth or orifice of this passage, called the *fenestra rotunda*, a fine membrane of a peculiar nature is expanded. Physiologists have not yet ascertained and demonstrated, in a clear and satisfactory manner, the uses of either of those two last mentioned parts.

§ 248.

Lastly, in the deep and hidden recesses of the *os petrosum* lies the *labyrinth*, or *internal portion of the ear*, which embraces again three several parts,

These

These are the *vestibulum*, which is situated in the middle between the other two, and into which open, besides the fenestra ovalis, both the five mouths of the *femicircular canals* that run in a backward direction, and also the superior winding passage of the *cochlea*, which extends and lies anteriorly.

§ 249.

The labyrinth itself contains a very subtle, limpid water, which has been named after the illustrious Cotunnus, and which that celebrated physiologist discovered to be absorbed by two very minute canals: these small canals, called by Cotunnus, aqueducts, (and by Meckel *diverticula*), arise, the one from the vestibulum itself, the other from the inferior winding passage of the cochlea.

§ 250.

The soft portion of the seventh pair of nerves, together with the hard, (which afterwards passes through the *aqueduct* of Fallopius), having entered the internal chamber of hearing, transmits its medullary filaments through the perforated bottom of that cavity. These filaments pass, in part, to the vestibulum and semicircular canals, but are distributed more especially over the base of the cochlea, where their extremities are arranged in such a manner as to run between the

laminæ

laminæ or plates of the septum of the cochlea, exhibiting the appearance of a fine medullary zone, beautifully ornamented with plexiform striæ or streaks.

§ 251.

The oscillatory tremor which we formerly traced and followed up, even to the fenestra ovalis, (§ 246.), is from thence propagated to the vestibulum, where, finally, through the medium of the subtle aqueous liquid already described (§ 249.), it strikes and impresses the auditory nerves themselves, which are distributed with infinite art and ingenuity throughout the mazy circumvolutions of the labyrinth.

§ 252.

The impetus of sound, striking against the *membrane*, and being propagated through the *cavity* of the tympanum, is thought to be modified and regulated, not only by the muscles of the *malleus* and *stapes*, which appear, in their contraction and relaxation to be subject to the influence of the will, but also by the *chorda tympani*, which is situated in the middle, between the handle of the malleus and the longer leg of the *incus*.

SECT. XXI.

OF VISION.

§ 253.

THOSE rolling or versatile globes, denominated eyes, are to be considered as the immediate instruments of the sublime sense of *vision*. They are fixed as if on footstalks, by their optic nerves (respecting the decussation of which we have already spoken, § 205.), in such a manner, that their insertions are not directly opposite to the centres of the cornea and iris, but are placed behind the imaginary axes of the eyes, in situations somewhat nearer to the nose.

§ 254.

Each orb is composed of various tunics or coats, which inclose humours of different densities, and so extremely pellucid, that the rays of light, having entered the pupil or window in the anterior segment of the orb, can pass through, without the least interruption, to its bottom or opposite side.

§ 255.

The external involucrum of the globe of the eye is called *sclerotica*, the anterior *hiatus* or chasm of which

which is closed up by the transparent *cornea*, which is a lamellated membrane, more or less convex, and projects in a slight degree forward, like a segment of a smaller globe protruding out of a larger.

§ 256.

Next to the sclerotica lies the *tunica choroidea*, which abounds in blood-vessels, more especially in verticose or circuitous veins: this coat is stained on each side by a black pigment, which loosely adheres to its concave surface after the manner, and with the appearance, of mucus.

§ 257.

The choroides encloses, finally, the *retina*, which is the most internal of the common tunics embracing the visual orb. This coat consists entirely of the medullary substance of the optic nerve, which having perforated the sclerotica and and choroidea, is expanded on the concave surface of this last involucrum, and there arranged with the utmost beauty and elegance of structure.

§ 258.

The anterior border of the tunica choroidea terminates in a cellular ring, which is denominated *orbiculus ciliaris*, and by means of which the choroides is more firmly attached to a corresponding

groove or depression in the sclerotica. From this cellular girdle or attachment, two other membranes of different kinds, (namely, the *iris* and *ciliary processes*), originate and diverge from each other, like two expanded circles.

§ 259.

The *iris* (the posterior surface of which, being overspread with a dark pigment, is denominated *uvea*) is situated anteriorly, is gently convex on the surface next the cornea, and is surrounded on all sides by a humour of an aqueous nature. That segment of the iris, which lies next the nose is narrower, while that which looks towards the temples is possessed of greater expansion. Its texture consists entirely of condensed cellular membrane, without the smallest vestige of muscular fibres; upon the whole, it appears to be in reality a membrane *sui generis*, as was formerly well observed by Zinn, and not by any means an appendage to the choroides. On its anterior surface it is differently coloured in different individuals, and while distended and animated with a plenitude of life, it exhibits somewhat of a floccose appearance.

§ 260.

The blood-vessels of the iris run principally on its anterior surface, and, in the foetus, are continued

tinued into what is called the *membrana pupillaris*: respecting the nature and use of this membrane, I have spoken more fully in another place *. It appears to be intended for the purpose of preserving the iris, (during the rapid growth of the ball of the eye), in a state of expansion, and thus rendering it more fit for future motion.

About the seventh or eighth month of pregnancy, when the ball of the eye has now acquired a considerable magnitude, this membrane begins to open and give way in its centre; the elliptical arches of its vessels are retracted in a very gradual manner, and thus form, in my opinion, the *small interior ring of the iris*; it is, at least, certain, that not a single trait of this ring can be discovered in the eyes of a foetus previously to the above-mentioned period.

§ 261.

The *posterior* of those two orbicular membranes, of which we have already spoken, (§ 258) is called the *ciliary body* or *band*; it runs in a backward direction, and therefore, in its progress, diverges still farther from the iris; by its *external border*, which is gross and firm, it is attached to the *orbiculis ciliaris* (§ 258), but by its *internal*,

* Commentat. societ. scient. Goettingens. T. VII.

which is more fine and delicate, it embraces the margin of the capsule of the lens: it is also shaded with that same dusky pigment, of which we have twice already spoken.

Its anterior surface, lying opposed to the uvea, is somewhat striated.

Its posterior surface, resting on the vitreous substance, is distinguished by about seventy plicæ or folds, which exhibit an extremely elegant floccose appearance; these are called *ciliary processes*, and are remarkable for a vascular apparatus of inexpressible subtlety and beauty.

§ 262.

In the eye-ball itself, the membranes of which we have been hitherto describing, there are enclosed, in particular, three different *humours*.

The *vitreous* humour occupies and fills the posterior, and by far, the greatest, portion of the visual orb. It is distributed, in a countless number of minute drops, throughout as many minute cells of the *membrana hyaloidea*, in such a manner, that the whole mass, consisting, in part, of membrane, and in part, of lymph, exhibits the appearance of a peculiar, tremulous jelly.

§ 263.

263.

The anterior part of this vitreous substance, has appended to itself, and embraces, in the *ciliary girdle*, a capsule, in which is contained the *crystalline lens*, surrounded on all sides by a very subtle water, first discovered and described by Morgagni.

This lens itself, is also composed of extremely pellucid cellular membrane; it is by far more dense than the vitreous substance, and is furnished with so minute a quantity of genuine humour, that, when pressed between the fingers, it resembles glue of the most tenacious consistence, but at the same time of astonishing transparency.

§ 264.

The remaining portion of the internal cavity of the eye, is filled up by an exceedingly limpid *aqueous humour*, and, by the expanded orbicular curtain of the iris, is divided into two *chambers*: these are, the anterior, or more capacious chamber, which separates the cornea from the iris, and the posterior one, of smaller dimensions, extending from the uvea to the *corpus ciliare*.

§ 265.

These most precious and inestimable parts of the body, as Pliny, the elder, has emphatically

called the eyes, are securely protected from external injuries, as well by their recluse situations in their orbits, as by their valviform coverings, the *palpebræ*.

Between the folds of the *palpebræ* are planted, in immense profusion, the crouded sebaceous follicles of Meibomius; their *extreme* or *lower* edges, fringed with three or four phalanges of *cilia* or lashes, are kept in an expanded state by certain cartilages called *tarfi*, which are also of further service in facilitating the motion of the *palpebræ* on the eye-balls.

But (to adopt the language of the eloquent Cicero) the parts situated immediately above the *palpebræ*, being closely mantled in the *supercilia* or *eye-brows* intercept and turn aside the sweat flowing down in streamlets from the head and face, and also serve to moderate, in a certain degree, the excessive effulgence of light.

§ 266.

For the purposes of lubricating the eyes, of preserving their splendor, and of washing out heterogeneous substances, *the tears* are provided: the principal source of this fluid is a small conglomerate gland, deeply situated in a depression towards the external part of the circumference of the

the

the orbit. The excretory ducts belonging to this gland are numerous, but extremely tender; they are supposed to convey, from both eyes, in the course of twenty-four hours, about two ounces of tears; After having been excreted, the tears are again absorbed by the *puncta lacrymalia*, from whence they are conducted through what are called the *cornua limacum*, or *snail's horns*, to the lachrymal sac, and from thence finally discharged into the lowermost passage of the nares.

§ 267.

Thus much it was necessary to premise respecting the admirable structure of the visual organ. We come now to treat of the functions of this organ, or, in other words, to consider the *doctrine* of vision.

All the rays of light which fall on the convex surface of the cornea pass through it, provided their angle of incidence be less than that of 48 degrees. In consequence, not only of the density, but also the figure of the aqueous humour, the rays are refracted in that medium, and turned a little nearer to the real axis.

As many of the rays as, having passed through the pupil, enter the crystalline lens, must necessarily

farily, in this more dense medium, be subjected to a still higher degree of refraction.

But by means of the more attenuated and less refractive vitreous medium, wise provision is made to prevent these rays from uniting in a focal point at too short a distance: this point, being thus farther removed from the convex surface of the cornea, falls on the *retina*, and there exhibits, in an inverted position, the images of all objects presented, and that in perfect correspondence to the nature of surrounding and attendant circumstances.

§ 268.

This difference in the density of the refracting media of the eye, exhibits a very striking instance of the exquisite and inimitable workmanship of the divine creator. By means of this diversity, such a complete remedy is provided against the two-fold separation or divergency of the rays of light, (the one arising from the different refrangibility of the different coloured rays, the other from the very figure of the lenses), that they are all finally collected and united in the same focal point.

§ 269.

The celebrated problem, in which the cause is demanded, wherefore we see those objects erect,

the

the images of which are nevertheless exhibited in an inverted position on the retina? appears to admit of an easy solution, when we consider, that objects are said to be inverted, only from the relation they bear to others, which are exhibited in an erect position.

In as much then as the images, not of a few, but of all objects, even of our own bodies, are received by the retina in the same relative position, the situations and relations of the whole of them harmonize and correspond to one another, equally as well, as they could possibly have done, had their positions been truly erect: in consequence of this, the mind, (which does not attend to the image itself, but to the sensation excited by its impression), is sufficiently guarded against embarrassment and mistake.

§ 270.

In as much as the conditions, essentially necessary for the purposes of acute and distinct vision, are extremely numerous and varied, the creator of man has made the wisest provision for these, by endowing the part, subservient to this sublime sense, with a great variety of functions.

As a certain *adequate*, but yet *definite*, quantity, and not too potent a *glare*, of light, is essential

to the existence of clear and perfect vision, a two-fold caution is thus taken; first, to admit, (according as the light is stronger or weaker), a greater or less column of rays to fall on the lens; and secondly, that all superfluous rays which enter the eye, and tend only to dazzle by the intensity of their splendour, be absorbed and rendered inactive.

The former of these purposes is effectually accomplished by the motion of the iris; the latter, by means of the black pigment.

§ 271.

The iris possesses an astonishing mobility, by which it accommodates itself so perfectly to the quantity of light acting on it, that when exposed to a more intense glare, it is immediately expanded, and thus diminishes the size of the pupil, but when subjected to the action of a weaker light, it is again retracted, and the pupil consequently enlarged.

Physiologists have attempted a satisfactory explanation of this motion, in a variety of modes, founded on different principles; by some it has been derived from diversified impulses of the blood on the tender vessels of the moving part, while others have figured to themselves the existence of
certain

certain imaginary muscles in the *iris*, and have committed to them the whole of the phenomenon in question, &c. But I have lately made it appear in a separate paper, that neither of these modes of explanation is well founded, but that it is much more agreeable to evidence, and correspondent to the phenomena of nature, to derive the immediate cause of the motion of the iris from its *vita propria*, or *specific life*. (§ 47.) The more remote cause of this motion, as we observed on a former occasion (§ 256), cannot be referred to any other source, than the re-action of the sensorium itself.

§ 272.

The function of this dusky pigment, of which we have already so repeatedly spoken (§ 256, 259, 261,) to wit, that it is destined to absorb the superfluous rays of light, and is hence of the utmost importance in the business of perfect vision, may, besides other arguments, be safely inferred from dissections of the eyes of various animals; but is more completely demonstrated and established, by the morbid constitution of the white *Æthiopians*, or *Albinos*, as they are called, in whom, from a deficiency of this pigment, the organs of vision are painfully tender, and the impulse of light consequently too powerful to be borne.

§ 273.

§ 273.

It is further requisite, that the focus of refracted rays be perfectly formed on the retina, so that it may strike the very *point* of vision, and be neither so far extended as to fall behind it, nor so much contracted as to terminate before it, in the vitreous substance.

The latter of these deviations from perfect vision is what takes place in those individuals called *myopes*, in whom the lucid cornea is rather too convex and gibbous.

But the former deviation is that under which the *presbytæ* labour, as the conformation of the anterior parts of the eyes is directly the reverse.

§ 274.

But as an eye perfectly sound is able to discern, with equal distinctness, bodies, whether at a greater or less distance, it must, without doubt, be furnished with peculiar faculties or powers of accommodating itself to the various distances of objects. That these internal and accommodating changes of the eye, are in a great measure produced by the pressure of the *recti* muscles on the ball which they embrace, is a position so clear, and apparently well founded, as scarcely to admit of a doubt. Besides other arguments which might
be

be advanced in favour of this opinion, I am induced to adopt it in consideration of the very singular structure, and extreme flexibility, of the *sclerotica*, in the eye of the Greenland phoca, or sea-calf. By this peculiarity of fabrication and arrangement, nature has made the most exquisite provision to enable this amphibious animal to enjoy at all times, the advantages of vision, though passing its life alternately in media of very different densities.

§ 275.

By means of these same muscles, our eyes, whilst we are awake, are perpetually agitated, although with an almost insensible motion, and so directed as to have their visual axes arranged in right lines with the objects viewed. For although the whole of the retina be possessed of sensibility, yet it is not in every part equally well adapted to receive the images of objects.

For at the genuine axis of the eye-ball, in the place, for example, where the optic nerve enters, it appears, from the well-known and celebrated experiment of Mariotte, that the human eye is destitute of the power of vision.

But the *principal focus* of the retina, and that which ought to be considered as the leading and
4 immediate

immediate instrument of distinct vision, is situated in an imaginary axis of the eye-ball, which is supposed to pass through the centre of the cornea, and to be thus continued through the centre of the whole orb. It is not, however, (as was lately observed by the celebrated Kæstner in his comments on certain works of Boerhaave), to be from hence understood, that we are unable to see clearly and distinctly, more than one single point of an object while the eye remains perfectly at rest, and that we are obliged to shift or alter its axis in order to distinguish any other point. The case is quite otherwise, because the sensation produced by one entire object, is also itself, like its original, or exciting cause, one and entire.

§ 276.

The habit of directing the axis of the eye with dispatch and facility towards the object of vision, is finally acquired only by use and daily exercise. That this is a position founded in truth, is demonstrated not only by the example of such individuals as, having been born blind, acquired afterwards the power of vision in adult age, but also by that of tender infants, who seldom attain to this happy facility of moving their eyes previously to the third month after birth.

§ 277.

To the same power of custom and habit, must we also attribute the remarkable circumstance of our seeing objects only single, though our eyes be two in number. New-born infants appear to see objects double, and double vision, which frequently continues sometime after certain diseases of the eyes, may be at length overcome and removed by use and exercise.

§ 278.

The *joint power* of both eyes, with regard to the *acumen* and strength of vision, does not, according to the calculation of Jurin, exceed that of one eye, more than a thirteenth part.

And, agreeably to an observation, long since made by that celebrated painter Leon. da Vinci, it is much best in judging of the distances of objects to make use of one eye only.

§ 279.

Finally, In treating of the strength and perfection of the eye, our former illustrious countryman, Tob. Mayer, demonstrated, by a series of very elegant and ingenious experiments, that the angle of vision ought to exceed, in dimensions, at least 34 *seconds* of a degree. From hence he at the same time illustrated and proved the extreme

perfection of the human eye, because this extent of the angle of vision may continue nearly the same, under any light whatever, whether that of the meridian sun, or that of a weak lamp, so that though the window or pupil of the eye be greatly contracted and diminished, yet the clearness of vision can, from that source, be scarcely in any degree affected.

§ 280.

From hence we may infer, the inconceivable smallness of the images of objects which are thrown and delineated on the retina, and which are nevertheless impressed with so much force, that, under certain circumstances, vestiges of them remain a considerable time, even after the objects themselves have been entirely removed from the eye.

SECT.

SECT. XXII.

OF THE INTERNAL SENSES, AND OTHER FACULTIES
OF THE MIND.

§ 281

THROUGH the medium of those external senses, of which we have hitherto treated, ideas are conveyed to our nobler part, *the mind*; for, agreeably to the tenor and spirit of a well-known theorem, nothing can enter the understanding save by the route or avenue of the senses.

§ 282.

For the purposes of receiving and preserving the ideas thus acquired, by the aid of the senses, and also for making the best use and improvement of the intellectual stock received, various faculties of the mind contribute their united exertions. Though these faculties be, (as we have already had occasion to observe, § 42.), widely different from the vital energies which reside in the body, nevertheless, by means of the nervous system, they are so closely connected with those corporeal energies, that an astonishing intercourse is thus established and supported between the body and mind, (§ 211.)

§ 283.

The first of those powers, possessing indeed, apparently, the lowest grade, is the faculty of *perception*, by means of which the mind is rendered conscious of impressions made on the different organs of sense.

§ 284.

This faculty is aided by another, of better rank and higher dignity, namely, *attention*, which so directs and determines the mind towards any idea when once excited, as to rivet its thoughts to that object alone.

§ 285.

For the important purposes of preserving ideas, which have been already perceived, of re-exciting them, and associating them into more lively and picturesque species of imagery, two other faculties, called *internal senses*, are brought into action: these are *memory* and *imagination*, two powers, which, though nearly allied to each other, may, notwithstanding, be readily distinguished by the following characters: *memory* appears to be more subservient to, and engaged in, the reception and retention of *arbitrary signs* of things; whereas, *imagination*, on the contrary, wakes up rather the *very images* of things, bestows on them form and colouring, and marshals them under the view of
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the mind, as if the objects themselves were again actually present: this faculty is more particularly and powerfully exercised on such objects as are calculated to excite sensations of pleasure or disgust.

§ 286.

Upon the whole, the *faculty* of *choosing* and *refusing*, and, (when we consider the matter a little more minutely), even the foundation of the whole *will* itself, appear to rest and depend entirely on certain agreeable and disagreeable varieties of sensation.

§ 287.

From the same prolific source, namely, the *imagination*, are also to be derived the *affections* or *commotions* of the mind, to which we see different individuals variously subjected, in conformity to the countless diversities of existing temperaments (§ 59.) The very intimate and instantaneous consent of these affections with certain functions of the body, appears strikingly evident in an infinitude of examples; thus, for instance, there is scarcely a single passion of the mind, which does not possess considerable influence over the *motion* of the heart, the *appetite* for food, and the powers of *digestion*,—not to descend to a minute specification of particular effects, such, for example, as the action of shame in giving rise to

blushing, the action of love or hatred on the *organs* which serve to distinguish the sexes, the action of anger on the *secretion* of bile, &c. &c.

While speaking of the effects produced in the economy of the human body, by the commotions of the mind, it is proper to observe, that they may be divided into *stimulant* and *sedative*, or into those which *excite*, and those which *depress*.

Of the former description are joy, love, hope, anger, &c.

Of the latter, fear, sorrow, nostalgia, and other species of permanent desire or longing, terror, envy, &c.

§ 288.

Those faculties of the mind hitherto enumerated, are observed to exist in brutes as well as man, though the latter undoubtedly possesses them in by far the highest degrees of strength and perfection: thus, for example, in none of the interior animals do we discover a memory so extensive in its range, and so powerful in its tenacity; in none do we discover such a splendid brilliancy, and glowing warmth of imagination; in none do we discover such an unbounded, and sometimes fatal, vehemence of mental passions, &c.

§ 289.

§ 289.

The leading prerogative of the human mind, consists in this, that it alone possesses the exclusive power of *reason*, by means of which it is able to judge, to form abstract ideas, &c. and which exerts also the greatest influence over most of the other faculties of the mind. In place of this divine power, other animals are endowed with various *instincts*, or blind and involuntary *impulses*, which lead them to the performance of such actions, as are suitable to their several economies and modes of life. Of these instinctive impulses man, on the other hand, is furnished with scarcely any, save that which prompts him to participate in venereal gratifications.

§ 290.

The immense and striking difference between *animal instinct* and *human reason*, will appear glaring as the noon-day light to him who considers:

That instincts are faculties co-eval with birth, whereas, on the other hand, the use of reason is acquired only by culture and education:

That instincts remain stationary, and admit of no improvement, whereas the expansive improvement and exercise of reason, are literally free from circumscription:

That instincts are suited only to the destined mode of life, to the climate, &c. of each species of animals, and, on this account, are not adequate to the exigencies of man, who, confined to no climate, exclusively restricted to no mode of life, is destined to be an inhabitant of the world at large: from which boundless and splendid prerogative, an inconceivable diversity of wants arise, which simple instinct is too weak!—far too weak to supply! but which, the powers of reason, from resources equally diversified as the emergencies themselves, are able to satisfy, in the most ample and complete manner.

Lastly, another high prerogative of man, depending on the powers and exercise of his reason, is the use of speech, of which we have briefly spoken on a former occasion (§ 154.) This invaluable privilege is the exclusive boast of man alone, brutes being only furnished with voice, or a power of emitting sound.

SECT.

SECT. XXIII.

OF THOSE ACTIONS OF THE BODY WHICH ARE
SUBJECT TO THE POWER OF THE WILL.

§ 291.

THE nerves, as we have already seen, are so constituted as to perform two different functions (§ 215), namely, *sensation* and *motion*. The doctrine of the former we have already considered. It yet remains to add a few observations on the subject of the latter.

§ 292.

The motions in general of the several parts of the human body, are usually divided into two classes, one of which is excited and governed by the *power* of the *will*, while the other is not in any measure subject to its *influence*, or controul.

For examples of the latter class, physiologists commonly refer to the harmonious action of the heart, and likewise to the peristaltic motion of the intestines and certain other viscera, &c.

Instances

Instances of the former class we have in the motions of by far the greater part of the other muscles of the body.

Doubts are still entertained, with respect to the real nature of certain motions which take place in the human system; such as the motions in respiration, in sneezing, in the tension of the *membrana tympani*, &c. These are by some classed with the voluntary, by others with the involuntary, while others again refer them to a third class, called *mixed motions*.

§ 293.

When this division, however, is considered with a little more steadiness and attention, it is easily perceived to be embarrassed with such momentous difficulties, that it is scarcely possible to ascertain, and mark, with definitude, the precise limits between the classes.

For, on the one hand, a few of the functions of our bodies, over which the will, unassisted by other powers, may be said to possess no command at all, may notwithstanding be excited and brought into action, when the imagination and passions of the mind act in concert with the will.

On

On the other hand there are not wanting instances of muscular functions, which, though naturally subject to the immediate command of the will, have, notwithstanding, been rendered in a great measure *involuntary*, by the plastic power of *custom*, (the influence and energetic agency of which, on animal motions, are indeed of the utmost moment and importance.)

§ 294.

Of this latter description are those kinds of muscular motion, which, although at other times subject to the controul of the will, yet, under certain circumstances, take place not only without the consciousness, but even contrary to the inclination of the mind.

Thus, for example, we wink *contrary* to our determination, when the finger of a friend is hastily approached towards our eye, although it does not touch it; and in most persons, the flexion of the little finger is usually attended with a synchronous flexion of the ring finger, though a determination had been formed to preserve the latter entirely unbent.

Without the *consciousness* of the mind we frequently move our limbs, even when wrapt in the most profound sleep.

There

There are, on the other hand, examples of muscles, which, although for the most part perfectly obedient to the will, yet in certain cases refuse to obey its commands. To this head we may refer the difficulty of describing, by synchronous movements, circles in contrary directions, with the hand and foot of the same side, together with other motions of a similar nature, which, although truly voluntary, and extremely easy when practised alone, are, notwithstanding, performed with the utmost difficulty, if an attempt be made to associate them with certain other motions.

§ 295.

With respect to those motions, which physiologists suppose to be perfectly exempt from the influence of the will, I know of none which can be clearly and unexceptionably referred to this head, save the spasms of the uterus in the labour of parturition.

With respect to the pulsation of the heart, a very remarkable account stands on record of a British colonel, who possessed a power of suspending, at pleasure, the motion of both the heart and arteries. In confirmation of the truth of this, we have the public testimony of Baynard and Cheyne, two physicians of the highest reputation
and

and veracity, who were themselves witnesses to the astonishing phenomenon.

That the motion of the stomach may be voluntary, (as indeed the process of rumination in general seems to evince), I had once an opportunity of ascertaining, to my entire satisfaction, in a ruminating human subject, in whom this retrograde or reverted motion of the stomach, was under the most perfect subjection to the command of the will.

Although the motion of the iris be involuntary, in by far the greater part of the human race, I have, notwithstanding, been favoured with an account, sufficiently authenticated, of a man, who possessed a power of voluntary command over this membrane, in such a manner, as to be able, by a very singular effort, to contract the pupil of the eye even in a weak and dull light.

There are indeed a great variety of motions, which, though generally performed without the influence of the mind, are nevertheless voluntary in certain individuals, especially if a high degree of attention, and a vigorous effort of imagination be excited. Thus, I have known men, who were able at any moment, to produce and exhibit on themselves a spasmodic horripilation of the skin,
and

and also to renew and completely revive in themselves the ideas or perception of certain disagreeable sensations.

§ 296.

Perhaps those phenomena may be satisfactorily explained from the *re-action* of the *sensorium*, which appears to be indeed as powerfully excited by means of the imagination waking up and exhibiting before it, the *image* of an active stimulus, as by the *stimulus itself*, when impressing it by its actual presence. There are indeed an infinitude of phenomena of the animal economy, which admirably correspond to this explanation; as the various causes, for example, which excite erections of the male penis, &c.

§ 297.

With regard to voluntary motions in general, it may be proper finally to observe, that they are among the primary and leading characteristics which serve to distinguish the animal from the vegetable kingdom; for, as on the one hand, a *power of voluntary motion* is never observed to be possessed by any plant, so on the other, such a power constitutes an essential attribute of even the most simple and imperfect genera of animals.

§ 298.

§ 298.

In our own systems, the voluntary motions furnish the most full and striking evidence, of that intimate and truly astonishing harmony, which subsists between the mind and the body. Of the existence of this harmony every one will be convinced, who considers with attention, the amazing celerity with which such diversified motions succeed each other, in the fingers of an able and skillful performer on the violin, or in our organs of speech, while we are engaged in conversation.

 SECT. XXIV.

OF MUSCULAR MOTION.

§ 299.

THE immediate organs of by far the greater number of the motions of our bodies, are the muscles, which constitute the principal portion and bulk of what are called *partes similes*.

§ 300.

The muscles are, however, distinguished, in a particular manner, from the rest of the similar parts, by a two-fold characteristic; *one* depending

ON

on their texture ; and the *other* of a very singular nature, derived from their vital energy.

§ 301.

Their texture is fleshy, composed of a peculiar set of fibres, of a very pale red colour : they are so joined together, that every muscle consists, in the first place, of fibrous cords, these cords again, of smaller bundles of fibres, which bundles, by a still further progressive division, may be finally separated and resolved into fleshy fibres and fibrils of inconceivable minuteness.

§ 302.

Each muscle is inclosed in a cellular sheath or covering, which, passing into the very substance of the muscle, appears to be interwoven throughout the whole of its volume, and thus forms partitions, first between the larger *lacerti*, then between the smaller fasciculi or bundles, and lastly, between the fibres and more minute fibrils themselves.

§ 303.

Besides this cellular expansion, the whole texture of the muscles is also interspersed with an infinitude of blood-vessels and nervous filaments ; of these, the *latter* appear to deliquate into an inscrutable pulp, and to be thus very intimately blended

blended along with the muscular fibres ; but the *former* are so extensively and minutely interwoven among those very tender fibres, as to paint the whole of the fleshy parts with that beautiful crimson dye, by which they are uniformly characterised. When these are thoroughly washed, they are again restored to their native colour, which, as already observed (§ 301.), is somewhat pale.

§ 304.

Finally, a circumstance common to most of the muscles is, that they terminate in *tendons*—parts, which, though likewise of a fibrous texture, are notwithstanding so extremely different, with respect to colour, structure, elasticity, &c. that their entire disagreement from both the preceding kinds of fibres, is very easily ascertained and demonstrated. Hence, therefore, we are enabled successfully to refute the opinion of those physiologists, who have erroneously supposed, that the *tendinous*, are nothing more than mere continuations of the *muscular* fibres. To the adoption of this opinion, they have been inadvertently led by attending to the following phenomenon, observable in the muscles of infants ; namely, if we compare the *muscular parts*, of these tender subjects, with *those* of adults, we will find the proportion of flesh, to that of tendon, greater in the former than in the latter.

§ 305.

The other exclusive characteristic of muscles, which we have mentioned (§ 300.) is, the *irritability* of Haller. Although we endeavoured, on a former occasion, to give a general view of this vital energy, and to ascertain the difference between it and *contractility*, (§ 44.), yet it may not be improper, at present, to pursue the inquiry a little further.

§ 306.

This irritability, otherwise called *vis muscularis*, *vis insita*, or *vis propria*, is indeed common to all the muscular parts of our bodies, but does not reside in all of them in the same degree, some parts being observed to possess a much higher proportion of it than others.

The principal seat of this energy, where it most plentifully abounds, is the hollow muscles, subservient to the vital and natural functions: of these muscles, the heart, as was observed formerly (§ 119.), possesses the highest degree of the *characteristic* now under consideration: of this last mentioned organ, the internal surface, in particular, is endowed with the most exalted degree of life, and is by far the most tenacious of irritability.

Next

Next to the heart, in point of this prerogative, is the intestinal canal, more especially that portion of it which constitutes what are called the *small intestines*: in warm-blooded animals, this part of the tube sometimes contracts on being irritated, even after the heart itself has become incapable of motion.

Next in degree is the stomach,—next, the urinary bladder, &c.

Among the remaining muscles of the system, irritability resides, again, in a very striking degree, in those actively concerned in the function of respiration, as the diaphragm, the intercostals, and the *triangularis sterni*.

Next in order to these are the various other muscles of the body.

The arteries doubtless possess irritability, though in a degree far inferior to what exists in the parts just mentioned (§ 123.)

This vital energy resides also in the trunks of veins contained in the thorax, (§ 84.)

In a degree *still lower*, does it exist, in the other parts of the sanguiferous veins, if, indeed, those

parts can be said to possess any *genuine irritability* at all (§ 128.)

§ 307.

Haller himself, that illustrious defender of the doctrine now under consideration, appears to me to have, without sufficient foundation, attributed irritability to *certain parts* of the body, which are found, indeed, on experiment, to be endowed with *contractility* (§ 50 seq.), but in which I have never been able to discover any indubitable testimonies of *genuine irritability*.

Among these parts may be reckoned the lacteal veins, the small glands, the gall-bladder, the uterus, the *dartos* covering, and the male penis.

On no better foundation, in my opinion, is irritability attributed, by others, to the iris, to the external surface of the lungs, &c. in all which parts (if, indeed, I be capable of judging rightly), there exists no more of this vital energy, than there does in the common cellular membrane, and parts composed of it, such, for instance, as the common integuments, the meninges, the pleura, the peritoneum, the periosteum, the medullary membrane, the tendons, the aponeuroses, &c.; or than there does in those viscera composed of *genuine parenchyma*, (§ 27.), such as the liver,
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the spleen, the kidneys, the secundines, the brain, with the rest of the nervous system, &c. all which parts, as they are throughout, completely destitute of muscular fibres, so are they likewise destitute of irritability, which resides in muscular fibres alone.

§ 308.

As we have, thus, on the one hand, seen muscular *irritability* now and then confounded with cellular *contractility*, so on the other, certain celebrated characters have lately been desirous of ascertaining and establishing an identity between *irritability* and the *vis nervea*.

For although we can neither deny the powerful influence of the nerves on *muscular motion*, (of which we will speak a few words presently), nor exhibit the smallest fibril of muscular flesh, perfectly destitute of the pulp of evanescent nerves, yet these circumstances are not sufficiently momentous to compel us to a dereliction of the opinion, that irritability is, in its own nature, as widely and essentially different from the *vis nervea* as it is from *contractility*. On the one hand, this energy is wanting in all parts not muscular, although they be supplied with the utmost profusion of nerves, as the skin, all the nervous viscera, &c.; whereas, on the other, we are not able to produce any portion of true muscular flesh, where

the genuine and obvious phenomena of irritability do not exhibit themselves. From a close and impartial consideration of the foregoing arguments, besides a great number of others which might be advanced, it appears more consonant to reason and sound induction, to attribute the singular *phenomena* of irritability to the equally singular texture of muscular fibres, than to refer them to the nerves, which, in so many other parts of the body, are as minutely distributed as they are through the muscles, and yet do not generate and exhibit, in those parts, the faintest shadow of real irritability. I say nothing of the weighty arguments which might be drawn from the following well-founded position, viz. that no steady proportional relation is observed to exist, between the degree of irritability in any part of the body, and the quantity of nerves with which it is supplied.

§ 309.

With respect to the extreme terminations of the nerves, which are well known to exert an influence over the muscles, the following appears to be the most rational conclusion, viz. that they may be considered as *remote* or *exciting* causes of muscular motion, but should not be confounded with the *proximate* or *efficient* cause, which is indeed *irritability* alone, and that residing exclusively in the muscular fibres.

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The passions of the mind, for example, act on the sensorium, this again re-acts on the nerves of the heart, in such a manner, as to excite its irritability, and thus produce palpitations and other irregular motions of this organ.

The will acts on the sensorium, this re-acts again on the nerves of the arm, these nerves in like manner operate immediately as remote causes in exciting muscular motion, which, notwithstanding, depends ultimately for its existence on irritability itself.

§ 310.

This distinction, of the two kinds of causes which concur in the production of muscular motion, is indeed fully authorised and sanctioned by actual experiments: from a variety of these it appears, that certain parts of the animal system have been oftentimes rendered paralytic, by cutting, or inclosing in ligatures, the nerves leading to them, while they have, notwithstanding, still continued to retain their *irritability* for a long time afterwards.

§ 311.

In what degree the blood, with which the muscles are very abundantly supplied, contributes to their action, is not yet clearly and satisfactorily ascertained.

It appears, however, from an experiment of Steno, that a paralysis of the lower extremities may be generally produced, by passing a ligature round the aorta in its descent behind the abdominal cavity.

§ 312.

Besides these common inherent energies of the muscles, which have hitherto been the subjects of our consideration, they possess also certain specific and adventitious peculiarities, arising from varieties in their figures, situations, &c. by these peculiarities they are adapted, and rendered completely adequate, to the nice performance of their several functions.

§ 313.

From the contemplation of this circumstance, muscles are usually divided into hollow and solid: the former of these, as we have already seen, not being in immediate subjection to the command of the will, are particularly destined to the performance of the *vital* and *natural functions*, and cannot, therefore, be further treated of in this place, where we are considering what are called *voluntary* muscles, which are more especially subservient to that order denominated the *animal functions*.

§ 314.

§ 314.

Between these last-mentioned muscles themselves, there occur again very striking diversities. For to say nothing of the varieties in their relative magnitudes, they differ extremely from each other in the disposition of their *lacerti* and *fasciculi*, in the direction of their fibres, but more especially in the habit and proportional relation of their fleshy and tendinous parts, and, finally in their courses, their insertions, &c.

§ 315.

Nevertheless, in by far the greater part of the *fusiform* or tapering muscles, their figures are more or less oblong, so that their fleshy bellies terminate at each end in tendinous cords. These cords, which are inert and perfectly destitute of irritability, being attached to, and inserted in, bones, serve the necessary purpose of moving them after the manner of levers.

§ 316.

As there are, however, a few muscles in the body entirely destitute of tendons, such as the *latissimus colli*; so there are, in like manner, a few not attached to bones, namely, the muscle last mentioned, the *cremaster muscle*, as it is generally called, the *azygos uvulæ*, and most of those which move the ball of the eye.

§ 317.

§ 317.

By the co-operation and combined aid of all those energies, (as well the common, § 305, as the proper, § 312), with which the muscles are furnished these instruments of motion are fitted and completely qualified for the performance of their several actions, which may, in like manner, be also divided into *common* and *proper*.

§ 318.

During their common action, which arises immediately from irritability, and occurs in all muscles, their fleshy portions become shorter, more rigid, and, for the most part, unevenly and somewhat angular. It also appears from the celebrated experiment of Glisson, that they suffer at the same time a slight diminution in point of magnitude.

We are indeed prevented from joining Jo. and Dan. Bernouille, and other mathematical physicians, in an attempt to reduce the measure of this diminution to common calculation, *first*, by the immense difference in this respect, which is observable between the hollow and solid muscles, and *secondly*, by the diversity which also occurs, on the same point, between these latter muscles themselves;—not to mention various other difficulties, which obstruct the road to success.

§ 319.

The proper or specific actions of the muscles, (§ 317.), correspond precisely to their specific energies; from whence it naturally and spontaneously follows, that these actions are marked with such an infinitude of varieties, as to render it literally impossible to reduce them to any general laws, or to arrange them under any well-defined orders and genera.

With regard to the general principle, commonly taught and adopted on this subject, viz. that every muscle while in action, draws the more moveable part to which it is attached, towards that which is more permanent, it ought to be considered, (as has been very justly observed by the sagacious Winflow) in a relative point of view, and is indeed subject to a variety of limitations. Thus, for example, the two parts to which a muscle is attached, may be rendered, each more moveable than the other, in alternate vicissitudes, accordingly as the one or the other is fixed and rendered stationary, by the joint action of other co-operating muscles.

As to the action of the flexor muscles, it ought to be estimated on contrary principles, and a different opinion formed respecting it. Although these muscles, for the most part, predominate so much over their antagonists, the *extensors*, that
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when the body is in a state of perfect quietude and rest, the arms, fingers, &c. are under a gentle degree of flexion, yet these parts do not appear to be drawn into this state and position by any actual force, but rather in consequence of a voluntary relaxation of their extensor muscles, by means of which, those muscles, subservient to the flexion of the parts, are left at liberty to act without opposition or resistance.

§ 320.

To all the foregoing considerations, it appears proper to add, in the last place, that each muscle possesses a peculiar and specific mechanism, by means of which it is adapted, in the most complete manner, to the performance of the various motions of its immediate destination.

Besides the peculiar advantages which the muscles severally derive from their determinate figures, their actions are also promoted by a variety of other concomitant aids, such, for instance, as the annular ligaments by which they are surrounded; the fat, in which a great number of them are imbedded; the lymphatic dew with which they all abound; and, what ought to have been mentioned in the very first instance, the conformation of the skeleton itself, especially as far as the same relates to the structure of the apophyses, and the articulation

articulation of the joints : under the same head of auxiliaries to the muscles, may be also arranged certain entire bones, as the *patellæ*, and *os sesamoidea*, of similar structures and uses, which nature appears to have very wisely adapted and destined to facilitate the motions of particular muscles.

321.

By these diversified and numerous aids, has nature made compensation for, or at least very considerably diminished, that inevitable loss of power, which necessarily arises from the conformation and stature of the whole body. The acuteness of the angles formed by the insertions of a great many muscles, and the vicinity of these insertions to the centres of motion, may be brought forward as incontrovertible testimonies in favour of such a loss of power, which would not have been sustained, had the tendinous cords been inserted at greater distances from the centres of motion, or in such directions, as to have formed more obtuse angles.

§ 322.

To our bodies, thus furnished with about four hundred and fifty muscles, together with a few occasional supernumeraries, (arising from sexual and individual varieties), two advantages of the utmost magnitude and importance are very obviously

ously derived. First, in consequence of this beautiful and complicated system of organs, not only our individual members, but also our whole bodies, are rendered capable of the most astonishing agility, in point of motion; and *secondly*, from the same source, we derive such remarkable degrees of strength, as qualify us to bear, without injury, the most arduous species of labour and fatigue. These two momentous advantages depend, indeed, in part, on a perfect state of the muscles, to which, no less than to a perfect state of the bones, we arrive by degrees, as youth advances towards maturity; but they are also, in part acquired by a frequency of use and exercise. The powerful influence which those two latter circumstances possess and exert over the muscles, in strengthening them and rendering them capable of the utmost agility of motion, is strikingly demonstrated by numerous examples of rope-walkers, of dancers, of runners, of wrestlers, of boxers, and of those robust barbarians, who constituted the glory and boast of former ages.

SECT.

SECT. XXV.

OF SLEEP.

§ 323.

THOSE two species of nervous action (the history of which we have now completed) that have for their ultimate ends *sensation* and *motion*, are so reduced and debilitated by their diversified exercises of the day, that repose by night becomes absolutely necessary, for the purpose of refreshing their declining vigour and energy, which *sleep* alone, the image, or *semblance* of gelid death, is able completely to restore.

§ 324.

Sleep is a function perfectly periodical, which suspends, as it were, for a time, all intercourse and communication between the mind and body. The various phenomena of this function, some of which shall be immediately enumerated, appear to declare, with no small force of evidence, in favour of the existence of a nervous fluid.

§ 325.

Besides a variety of other circumstances, we may here enumerate as precursors and harbingers of

of sleep, a sluggishness and gradually increasing dullness of the external senses, together with a relaxation of most of the voluntary muscles, especially such as are of considerable length. To these may be added a congestion of the venous blood in, and near, the heart, and an effort to remove the uneasiness thence arising, by the aid of yawning. Finally, the only additional precursor to be mentioned at present, which appears to constitute the very *isthmus*, as it were, between the waking and sleeping states, and the immediate transition of the former into the latter, is a peculiar species of transient delirium.

§ 326.

The following are what constitute the principal phenomena of sleep, when that state has actually occurred: the *animal* functions are wholly suspended from action, while almost all the *others* are at the same time performed in a more sluggish and torpid manner; thus, in subjects buried in sleep, all other circumstances being alike, the pulse is slower, and the heat of the body somewhat diminished; perspiration is also less plentiful; digestion less powerful; and (if the occasional discharge of the semen masculinum be excepted) all the excretions are suppressed, &c.

§ 327.

The *remote causes* which induce sleep are very plain and obvious. For to say nothing of narcotic substances themselves, we may consider as very energetic causes in the production of this state, all *waste* of the *animal powers* by means of preceding *fatigue*, by *watching*, &c. To these we may subjoin the influence of custom, together with darkness, silence, rest, &c. which appear indeed to derive their somniferous powers from the same source; we may also further add, gentle, uniform, and constant impressions acting on any of the senses, such, for instance, as the soft murmurings of the rill, or the appearance of a harvest field, agitated and thrown into wavy undulations, by the mild fannings of the western breeze, &c. Under the same head of remote causes we may also consider, full meals, and intense cold acting on the body, together with a variety of other circumstances, tending to derive the blood from the encephalon, as pediluvia, clysters, and profuse hemorrhages, &c.

§ 327.

Those remote causes which we have mentioned in the latter part of the preceding paragraph, are, of themselves, sufficient to conduct us to the *proximate cause*, which appears, from the best evidence

that can be collected on the subject, to consist in a diminution of the column of blood that goes to supply the encephalon.

That this is indeed the proximate cause of sleep, is powerfully illustrated and confirmed, by a very singular and striking phenomenon, which I had once an opportunity of observing in a living human subject, whose case has been already mentioned on another occasion. As often, and as long, as this person indulged himself in sleep, his brain subsided and continued in a state of considerable collapse, but during his waking hours throughout the day, this organ became again turgid and distended in consequence of a more copious afflux of blood.

As an additional argument in support of the same cause, we may observe, that *morbid watchfulness*, on the other hand, usually arises from congestions of blood in the region of the brain.

§ 329.

The quantity of sleep necessary, depends in a great measure on varieties in age, habit of body, temperament, &c. The general result, however, of all the existing evidences on this subject, appears to be, that a longer indulgence in sleep is either a concomitant of imbecility (as is the case in

in tender infants. and subjects far advanced in years), or a very exuberant source of fatuity and dullness.

§ 330.

We rise from sleep with renovated powers, and our return into the living, and completely waking state, is accompanied with symptoms and phenomena very similar to those which attended our transition from this state into that of sleep: we are attacked, for instance, by a yawning, accompanied for the most part with more or less of a stretching, we are also affected by a certain dullness and torpidity of the senses, &c.

§ 331.

The causes which rouse into wakefulness, appear to correspond exactly with those productive of sleep.

The proximate cause will be the return of a more copious column of blood into the encephalon.

The remote causes, besides the power of custom, which is confessedly very great, consist of an immense variety of stimuli, that may be divided into *external* and *internal*. The external are calculated to excite the slumbering senses, while

the internal act either immediately on the body itself, as the distension of the urinary bladder; or impress the nervous system through the medium of the imagination, the mode in which *dreams* operate.

§ 332.

Dreams are light sportings of the imagination, in which it recalls the images of things formerly perceived, and appears to exercise and busy itself in arranging and combining them into the most fantastical representations.

I have never been able to discover the slightest vestige of this faculty in new-born infants previously to the third month after birth.

There are also various examples of adults who explicitly declare, that they have no knowledge of dreams, having never been troubled by them.

Those visions of the night are, for the most part, indeed, confused and irregular; but they are, notwithstanding, sometimes marked with astonishing vestiges of reason.

The influence of stimuli acting on the body is truly great in the production of dreams: thus the stimulus of the male semen gives rise to lustful

ideas; the stimulus of an excessive plethora calls up images of a frightful and terrifying nature, &c. We have even received a well confirmed account of a man, to whom, while asleep, his friends could suggest whatever visions they pleased, by communicating to him the subject and matter of the dream in a soft and gentle tone of voice. This appears however, to belong rather to a præternatural state, consisting of somnolency and wakefulness, of which that truly morbid affection of the *somnambulantes*, or those who walk in their sleep, constitutes also another variety.

It is necessary previously to the final conclusion of this subject to observe, that Locke and others have thought proper to consider all dreams as belonging to this mixed or compound state.

END OF THE FIRST VOLUME.

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